

ANNUAL REPORT 2024-2025



AMALA INSTITUTE OF MEDICAL SCIENCES THRISSUR

680555

(Affiliated to Kerala University of Health Sciences)

MOTTO:

Redefining care everyday in everyway

VISION

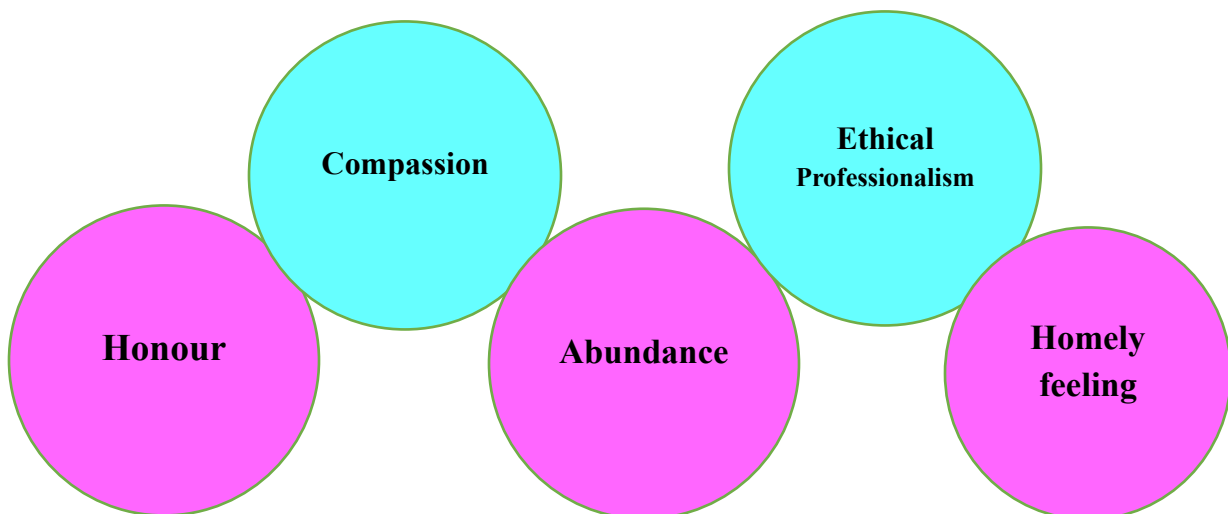
To be a foremost teaching hospital known for its excellence in holistic healthcare, quality education and research

MISSION

We are committed to translating the vision into action by:

- Employing the best possible staff
- Providing state-of-the-art facilities in an eco-friendly ambience
- Imparting affordable, inclusive, quality healthcare to all
- Catering to the physical, emotional and spiritual needs of the patients
- Following merit-based, transparent and non-exploitative admission procedure
- Challenging our students to become forward-looking, dedicated health care personnel, with competence, integrity and compassion as their hallmarks
- Instilling in the staff and students respect for life at every stage of its growth and in all its manifestations
- Inspiring the students to reach out to the poor and the marginalized, especially those in the rural areas
- Promoting innovative research that will benefit the humanity

OUR VALUES....



A guiding light on our path to success.....



St. Chavara Kuriakose Elias

(1805-1871)

Carmelites of Mary Immaculate (CMI)

Message from the Director

It gives me immense pleasure to present the Annual Report of the Internal Quality Assurance Cell (IQAC) of Amala Institute of Medical Sciences, Thrissur. The report reflects our collective commitment towards fostering academic excellence, ensuring quality in patient care, strengthening research, and enhancing community engagement.



IQAC has been instrumental in promoting a culture of continuous improvement across all domains of our institution. Through systematic planning, monitoring, and evaluation, the Cell has ensured that our practices remain aligned with the vision and mission of AIMS, while meeting the benchmarks set by statutory and regulatory bodies.

The dedication of our faculty, staff, and students has been pivotal in implementing innovative teaching and learning strategies, advancing research collaborations, and enhancing institutional infrastructure. I want to place on record my appreciation for the tireless efforts of the IQAC team and the wholehearted support of all stakeholders in sustaining our journey of quality enhancement.

As we move forward, I am confident that the IQAC will continue to serve as a catalyst in driving excellence, innovation, and holistic development at AIMS.

Fr. Julious Arakkal CMI, Director
Amala Institute of Medical Sciences, Thrissur

Message from the Associate Director

It brings me great happiness to observe the significant progress achieved by the Internal Quality Assurance Cell (IQAC) of Amala Institute of Medical Sciences during the academic year 2024-2025. The initiatives launched demonstrate our collective dedication to excellence in medical education, research, and compassionate healthcare.



The IQAC has played a crucial role in ensuring that our academic and administrative processes adhere to the highest standards of quality, integrity, and innovation. The collaborative efforts of faculty, staff, and students have turned challenges into opportunities, leading to meaningful results that benefit not only our institution but also the community we serve. As we look back on the past year, I would like to express my sincere gratitude to the IQAC team for their commitment, vision, and ongoing efforts to cultivate a culture of quality and accountability. Let us continue to collaborate with renewed enthusiasm, keeping our mission to serve with competence, compassion, and commitment at the forefront.

I pray that the Almighty continues to guide and bless all our endeavours.

Fr. Antony Mannumel CMI

Associate Director

Amala Institute of Medical Sciences, Thrissur

Message from the IQAC Chairperson

Internal Quality Assurance Cell (IQAC), within a short span of inception, has made a profound change in the quality outlook of Amala Institute of Medical Sciences. IQAC coordinators, along with the criteria heads, the members, and the staff, hold hands with the management and administrative team in making Amala a better place to study, do research, and conduct clinical work. It is not the accreditation what matters, but a change in the practice in our journey towards quality.

Message from the IQAC Coordinator

I am pleased to present the annual report of our Internal Quality Assurance Cell (IQAC). Over the past year, the IQAC of Amala Institute of Medical Sciences has worked diligently to uphold excellence in education and research. Through systematic monitoring, evaluation, and continuous improvement, we have strengthened services, refined processes, and fostered a culture of quality. These initiatives have enhanced academic outcomes and enriched learning experiences for students and faculty. It has also fostered a culture of collaborative research leading to best practices in patient care, safety and satisfaction.

I extend my sincere gratitude to our Management under the able guidance of rev. fr julious arakkal CMI, Principal, all IQAC members including Our Criteria heads, team members, HODs and faculty of various departments, staff members, and students for their dedication. With our commitment to quality, the IQAC will continue to drive quality initiatives, ensuring the highest standards in health care, education, and research.



Dr. Betsy Thomas
Principal



Dr. Deepti Ramakrishnan
Vice-Principal

INTERNAL QUALITY ASSURANCE CELL (IQAC)

Date of Establishment of IQAC : 07/02/2024

IQAC Chairperson : Dr. Betsy Thomas, Principal, AIMS, Thrissur

IQAC Coordinator : Dr. Deepti Ramakrishnan, Vice-Principal, AIMS, Thrissur

IQAC Co-Coordinator: Dr. Neeraja B, Assistant Professor, AIMS, Thrissur

Composition of the IQAC for the year 2025

No	Name	Status	Designation
1	Dr. Betsy Thomas	Chairperson	Principal
2	Dr. Deepti Ramakrishnan	Convenor	Coordinator - IQAC
3	Fr. Julious Arackal CMI	Management Representative	Director, AIMS
4	Fr. Antony Mannumel CMI	Management Representative	Associate Director, AIMS
5	Dr. Nithin Paul E.	Member	Assistant Professor, Department of Pathology
6	Dr. Divya S.	Member	Professor, Department of Pathology

7	Dr. Jose Vincent	Member	Associate Professor, Department of Community Medicine
8	Dr. Taniya George	Member	Assistant Professor, Department of Pathology
9	Dr. Sruthy M. V.	Member	Associate Professor Department of Community Medicine
10	Dr. Sruthy C. M.	Member	Assistant Professor Department of Community Medicine
11	Dr. Tinju James	Member	Professor, Department of Physiology
12	Dr. Anila Joseph	Member	Senior Resident, Department of Dentistry
13	Dr. Sindhu Vijayakumar	Member	Associate Professor, Department of PMR
14	Dr. Neeraja B.	Member	Assistant Professor, Department of Forensic Medicine

15	Dr. Dijoe Davis	Member	Associate Professor, Department of Orthopedics
16	Dr. Tabitha Merium Sabu	Member	Assistant Professor, Department of Infectious Diseases
17	Dr. S. Monica Diana	Member	Assistant Professor, Department of Anatomy
18	Dr. Joby Thomas K.	Senior Administrative Officer	Chief Administrative Officer
19	Dr. Francis A. T.	Senior Administrative Officer	Librarian
20	Dr. Rakesh L. John	Alumni Representative	Assistant Professor, Department of Physiology
21	Rev. Fr. Deljo Puthoor CMI	Employer	Joint Director, AIMS
22	Rev. Fr. Jinto Chirayath	Local Area Representative	KESS Secretary
23	Mr. Makhlouf Mathew Martin	Council Member	2022 Batch
24	Mr. Edwin Joy	Council Member	2022 Batch

IQAC INITIATIVE PROGRAMMES 2024-2025

INTRODUCTION

The Amala Institute of Medical Sciences (AIMS), Thrissur, a premier healthcare education institution affiliated with the Kerala University of Health Sciences (KUHS), is committed to excellence in medical education, research, and patient care. Guided by a vision to foster academic brilliance and ethical medical practice, AIMS has consistently upheld rigorous quality standards through its Internal Quality Assurance Cell (IQAC).

Since its establishment, the IQAC has played a pivotal role in defining the operational and strategic framework of AIMS, ensuring continuous improvement in institutional processes. By aligning with national and global accreditation benchmarks—such as NAAC, NIRF, and NMC—the IQAC has institutionalized a culture of quality enhancement across curriculum development, teaching-learning methodologies, research innovation, and stakeholder engagement.

This report encapsulates the IQAC's structured activities and achievements, reflecting its unwavering dedication to sustaining Amala's legacy of academic distinction and holistic healthcare education.

CURRICULAR ASPECTS AND TEACHING-LEARNING AND EVALUATION

Workshop on Scientific Mentoring

The Scientific Mentorship Program 2025, held on 2nd May 2025 at AIMS, Thrissur, commenced with an inaugural session featuring addresses by Dr. Tinju James (Mentorship Coordinator & SSGP Nodal Officer), Dr. Betsy Thomas (Principal & IQAC Chairperson), and other dignitaries, highlighting the significance of systematic mentorship and effective documentation. Key sessions by Dr. Prameela Menon and Dr. Tinju James

explored the foundations, guiding principles, and institutional policy for structured mentoring, emphasizing trust, ethics, confidentiality, and mentor-mentee role clarity. A panel discussion on “Scientific Mentorship in Medical Education,” moderated by Dr. Mathew Joseph, brought together faculty and students to deliberate on mentor qualities, challenges, holistic student support, the role of SSGP, and strategies for fostering a culture of mentorship. Speakers stressed the need for formal structures, recognition systems, integration of support programs, feedback mechanisms, and personalized mentor-mentee engagement. The event concluded with closing remarks by Rev. Fr. Antony Mannummel CMI, reaffirming the institution’s commitment to sustained, inclusive, and impactful mentorship that nurtures academic, emotional, and professional growth.

Amala
IQAC

Amala
 PROVIDING CARE every day in every way

Scientific Mentorship Programme 2025

Date : 02/05/2025 | Venue : MEU Hall, AIMS
 Time : 2 pm onwards

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Inauguration Ceremony

Welcome Address : **Dr. Tinju James**
 Mentorship Coordinator & SSSDP Nodal Officer
 Professor, Dept. of Physiology.

Inaugural Address : **Rev. Fr. Antony Mannummel CMI**
 Associate Director, AIMS

Lighting of the Lamp
 Presidential Address : **Dr. Betsy Thomas**
 Professor, Dept. Of Obstetrics & Gynaecology,
 Principal & IQAC Chairman

Felicitation : **Dr. Lola Das**
 Professor & HOD, Vice Principal, Anatomy
Dr. Deepti Ramakrishnan
 Professor, Vice Principal & IQAC Coordinator, AIMS

Vote of Thanks : **Dr. Mathew Joseph**
 SSSDP Nodal Officer
 Assistant Professor, Anatomy

Scientific Mentorship Sessions
Mentoring for Scientific Growth
 Guiding the Next Generation of Doctors
Dr. Prameela Menon,
 Professor,
 Dept. of Obstetrics & Gynaecology

AIMS Mentorship Policy, 2025
Dr. Tinju James,
 Mentorship Coordinator & SSSDP Nodal Officer
 Professor, Dept. of Physiology

Student Support and Guidance Programme (SSGP),
 AIMS, Thrissur
Dr. Mathew Joseph,
 SSGP Nodal Officer,
 Assistant Professor, Anatomy

Panel Discussion:
Perspectives on Mentorship in Medical Education

Moderator:
Dr. Mathew Joseph
 An open dialogue exploring challenges, experiences, and future directions of mentorship at AIMS.

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Event Brochure



Rev.Fr.Antony Mannumel CMI, Associate Director



Dr.Betsy Thomas, Principal & IQAC Chairperson



Dr.Lola Das, Vice Principal & Phase I Curriculum Coordinator



Dr.Tinju James, Professor and SSGP Nodal Officer



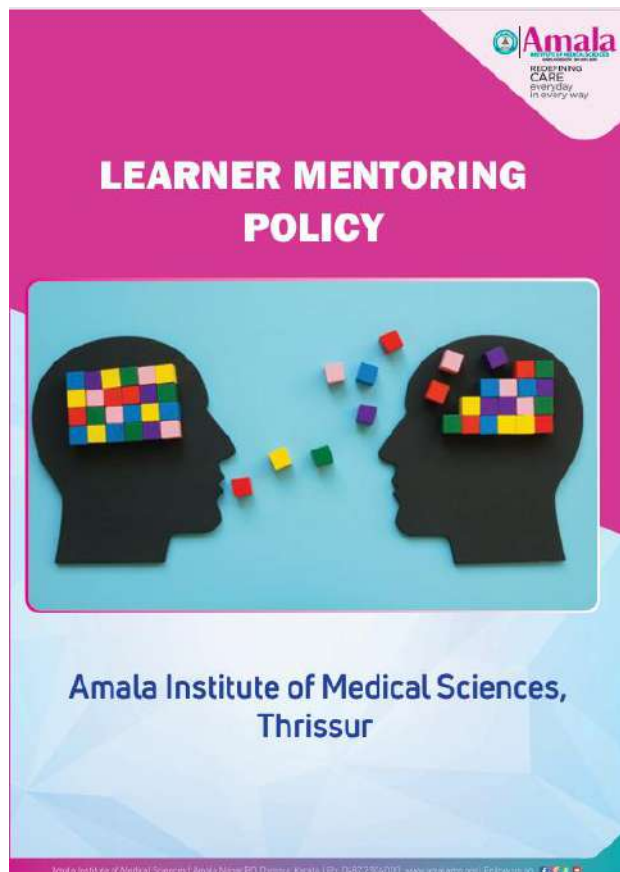
Dr.Mathew Joseph, Assistant Professor & SSGP Nodal Officer



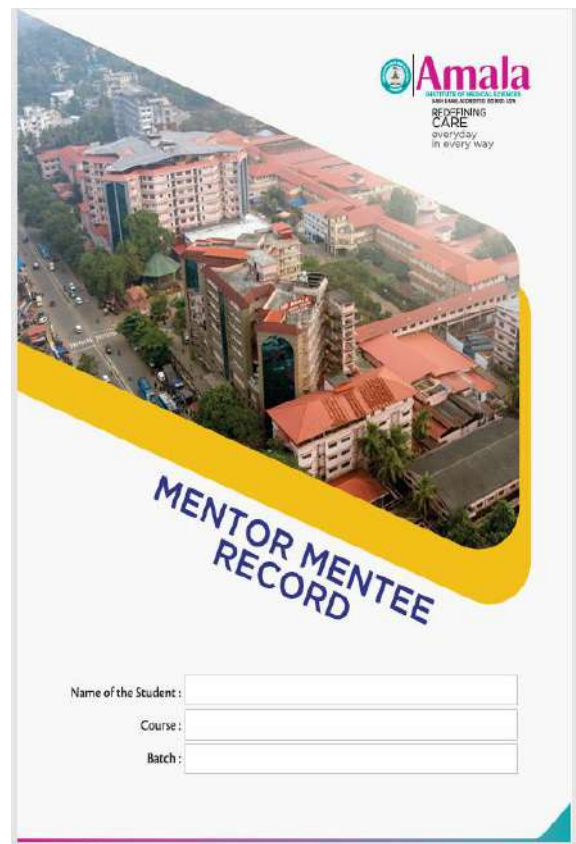
Panel Discussion on Scientific Mentorship program

Mentoring Policy

The Amala Institute of Medical Sciences, Thrissur, has introduced its **Learner Mentoring Policy 2025** to formalize and standardize mentorship across all departments, ensuring holistic student development and quality assurance. The policy defines mentor and mentee roles, emphasizes trust, ethics, confidentiality, and structured engagement through scheduled meetings, goal-setting, and feedback mechanisms. A standardized digital 'Mentor-Mentee Record' enables systematic, secure documentation, with special provisions for at-risk students via the Student Support Guidance Program (SSGP). Adopting a multi-tier model of faculty, resident, and peer mentors, the policy also mandates mentor training, recognition systems, and periodic IQAC-led reviews to strengthen the mentorship culture, promote academic excellence, and foster both professional growth and emotional resilience



Cover page of Learner Mentoring Policy



Cover page of Mentor-Mentee Record

Introduced Student Support Guidance Program

The Amala Institute of Medical Sciences, Thrissur, has introduced the **Student Support Guidance Program (SSGP)** to provide structured academic, emotional, and personal support, with a focus on early identification and assistance for at-risk students. Implemented under the IQAC, the program integrates with the Mentoring Policy to offer continuous, personalized guidance through trained faculty, emphasizing trust, confidentiality, and ethical practices. Using defined referral protocols, systematic documentation, and feedback mechanisms, SSGP ensures timely interventions, improved student performance, and overall well-being, reinforcing AIMS's commitment to fostering resilience, confidence, and holistic development.



Dr. Betsy Thomas, Principal & IQAC Chairperson



Dr. Tinju James, Professor and SSGP Nodal Officer



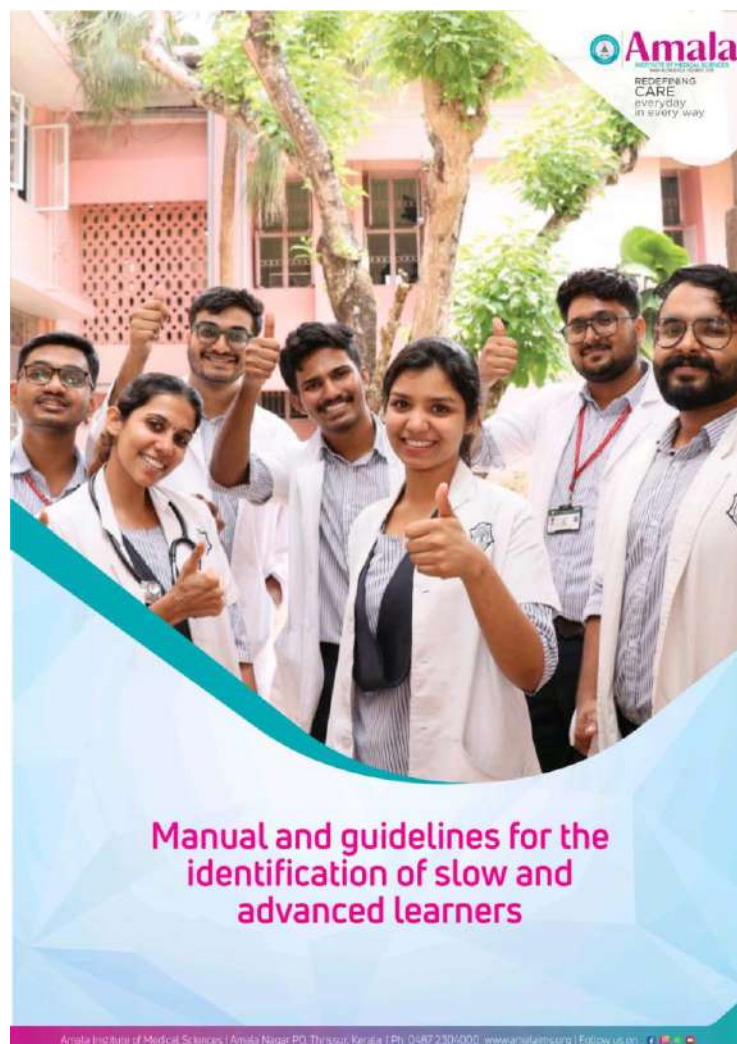
Dr. Mathew Joseph, Assistant Professor & SSGP Nodal Officer



Audience @ SSGP introducing program

Introduced Manual and Guidelines for the Identification of Slow and Advance Learners

Amala Institute of Medical Sciences, Thrissur, has introduced a comprehensive **Manual and Guidelines** for the identification of **Slow and Advanced Learners** among students. This classification enables the institution to provide targeted interventions – advanced learning modules, research exposure, and leadership opportunities for Advanced Learners, and remedial coaching, peer-assisted learning, and mentoring support for Slow Learners. The initiative ensures uniformity, transparency, and inclusivity in addressing diverse learner needs, thereby enhancing overall academic outcomes and fostering student-centered learning.



Cover page of the Manual

Quality- Related Training for Students

The Amala Centre for Career Guidance and Placement Assistance (ACCP), functioning under the Internal Quality Assurance Cell (IQAC), organized a compelling event titled “*Crossroad 2025*” that saw enthusiastic participation from 80 MBBS students across batches. This initiative was designed to broaden students’ horizons by introducing them to meaningful career paths beyond the conventional routes in medicine. The programme sought to inspire students through firsthand accounts, fostering clarity and motivation to make informed career choices. Key objectives included introducing students to alternative careers, particularly in the Armed Forces Medical Services, and encouraging interaction with experienced professionals and alumni.

The event saw enthusiastic participation from 80 MBBS students across batches. Dr. Deepti Ramakrishnan, Professor of Pathology and IQAC Coordinator, inaugurated the session with a thought-provoking address emphasizing the evolving nature of the medical profession. Dr. Febin Antony, Assistant Professor in Radiation Oncology and Alumni & Mentorship Liaison of ACCP, introduced the keynote speaker, Maj Dr. Alfred Thomas, an Alumnus and Military Physician, whose talk was titled “*Live a Life Less Ordinary.*” His address was rich with insights into the Armed Forces Medical Services (AFMS), discussing its structure, entry pathways like SSC and PC, postings, and career progression. He also provided an inspiring overview of the life of a military doctor, blending patriotism with professional excellence.

Orientation Program for Phase II Students 2023 Admission

The Orientation Program for Phase II MBBS students (2023 batch) was held on 18th and 19th September 2024 at Lecture Hall III, Amala Institute of Medical Sciences, to familiarize students with the Phase II curriculum, faculty, and essential academic and clinical skills. The program was inaugurated by Rev. Fr. Julious Arakkal CMI, Director of AIMS, with addresses and felicitations by the Principal and Associate Directors, followed by

Introduced Learning Management System: Amala Edge: Nurturing Mind with Clarity and Care


Amala Institute of Medical Sciences, Thrissur, has introduced its dedicated **Learning Management System (LMS)** titled *“Amala Edge: Nurturing Minds with Clarity and Care”*, hosted on the Moodle platform, as part of its commitment to fostering academic excellence. The LMS serves as a comprehensive digital learning space enabling faculty to deliver structured course content, assignments, assessments, and interactive learning materials. It supports blended and self-paced learning, facilitates student engagement, and promotes timely feedback and progress tracking. This initiative reflects the institution’s vision to integrate technology into education for improved learning outcomes and overall academic growth.

Amala Edge-Nurturing Minds With Clarity & Care(Physiology)

Home / My courses / Amala Edge-Nurturing Minds With Clarity & Care(Physiology)

Announcements

Shock



Class by Dr.Tinju James,
Professor, Physiology

Amala Edge-Nurturing Minds With Clarity & Care(OBG)

Home / My courses / Amala Edge-Nurturing Minds With Clarity & Care(OBG)

Announcements

Instrumental delivery



Class by Dr.Betsy
Thomas , Professor, OBG

Medical Education Unit- Revised Curriculum Monitoring Committee

The Curriculum Monitoring Committee at AIMS, Thrissur, was revised to strengthen curriculum implementation, review teaching-learning processes, and facilitate continuous quality improvement through feedback and outcome-based education practices.

Curriculum Committee Members



DR. BETSY THOMAS

Principal and Professor
Chairman of MEU, Department of
Obstetrics & Gynaecology

[View Profile](#)



**DR MENON NARAYANAN
KUTTY SUNIL KUMAR**

Professor
MEU Coordinator, Department of
Paediatrics

[View Profile](#)



DR. BINDU C B

Professor & HOD
Phase Coordinator - Pre-Clinical,
Department of Physiology

[View Profile](#)



DR. DEEPTI RAMAKRISHNAN

Professor, Medical Superintendent
& Vice Principal
Phase Coordinator - Para-Clinical,
Department of Pathology

[View Profile](#)



DR. LATHIKA V K

Professor & HOD
Phase Coordinator - Surgery &
Allied Speciality, Department of



DR. JESSIE JOSE

Associate Professor
Phase Coordinator - Medicine &
Allied Speciality, Department of



DR. DIJOE DAVIS

Associate Professor
Phase Coordinator - Surgery &
Allied Speciality, Department of



DR. ANISH S

Associate Professor
Phase Coordinator - Medicine &
Allied Speciality, Department of

Simulation Facilities for Students

Amala Institute of Medical Sciences (AIMS), Thrissur, has established the Rev. Fr. George Pius CMI Memorial Skill Lab, inaugurated on 7th December 2022, to enhance competency-based medical education and strengthen students' clinical training. The lab provides a structured and supervised environment where students can practice essential skills such as basic life support, airway management, obstetric and neonatal care, and common clinical procedures using manikins and models before direct patient exposure. Serving as a bridge between theoretical learning and real-world application, the Skill Lab ensures that medical students develop confidence, competence, and professionalism, thereby complementing classroom instruction and hospital-based training while fostering holistic development.



Airway Management Trainer and Catheterization



Chest Drain and NG tube-Tracheostomy Mannequin



Central Line Mannequin, Choking Charlie abd
Advanced Breast examination Mannequin



Endotrainer



Injection Models

Syllabus of the University made Available to Faculty and Students

Amala Institute of Medical Sciences, Thrissur, ensures that the KUHS-prescribed syllabus is readily accessible to both faculty and students in hard copy and soft copy formats. Printed copies are available in the Principal's Office, Library, and IQAC for reference, while digital versions are uploaded to the institutional website for easy access anytime. This dual-mode availability promotes transparency, facilitates academic planning, and ensures that all stakeholders remain aligned with the prescribed curriculum.


Course, Seats & Syllabus			
Sl.No	Course Name	Total No. of Seats	Syllabus
1	MBBS	100	Click Here

Syllabus		
UG Curriculum Vol I	UG Curriculum Vol II	UG Curriculum Vol III

Course, Seats & Syllabus			
Sl.No	Course Name	Total No. of Seats	Syllabus
1	Anaesthesiology (MD)	6	Click Here
2	Biochemistry (MD)	2	Click Here
3	Community Medicine (MD)	5	Click Here
4	Dermatology & Venereology (MD)	5	Click Here
5	Emergency Medicine (MD)	2	Click Here
6	ENT (MS)	2	Click Here
7	General Medicine (MD)	6	Click Here
8	General Surgery (MS)	4	Click Here
9	Obstetrics & Gynaecology (MS)	3	Click Here
10	Ophthalmology (MS)	3	Click Here

Course, Seats & Syllabus


Sl.No	Course Name	Total No. of Seats	Syllabus
1	Cardiology (DM)	4	Click Here
2	Pulmonary Medicine (DM)	2	Click Here
3	Neuro Surgery (M.Ch.)	1	Click Here
4	Medical Oncology (DM)	2	Click Here
5	Gastroenterology (DrNB)	2	Click Here
6	Neurology(DrNB)	2	Click Here



AMALA INSTITUTE OF MEDICAL SCIENCES, THRISSUR

Affiliated to Kerala University of Health Sciences (KUHS)


**SYLLABUS FOR
UG PROGRAMME**
BACHELOR OF MEDICINE AND
BACHELOR OF SURGERY(MBBS)



AMALA INSTITUTE OF MEDICAL SCIENCES, THRISSUR

Affiliated to Kerala University of Health Sciences (KUHS)


**SYLLABUS FOR
PG PROGRAMME**
DOCTOR OF MEDICINE(MD)/
MASTER OF SURGERY(MS)



AMALA INSTITUTE OF MEDICAL SCIENCES, THRISSUR

Affiliated to Kerala University of Health Sciences (KUHS)

**SYLLABUS FOR
PG SUPER SPECIALITY
PROGRAMME**
DOCTORATE OF MEDICINE(DM)/
MASTER OF CHIRURGIAE(MCh)

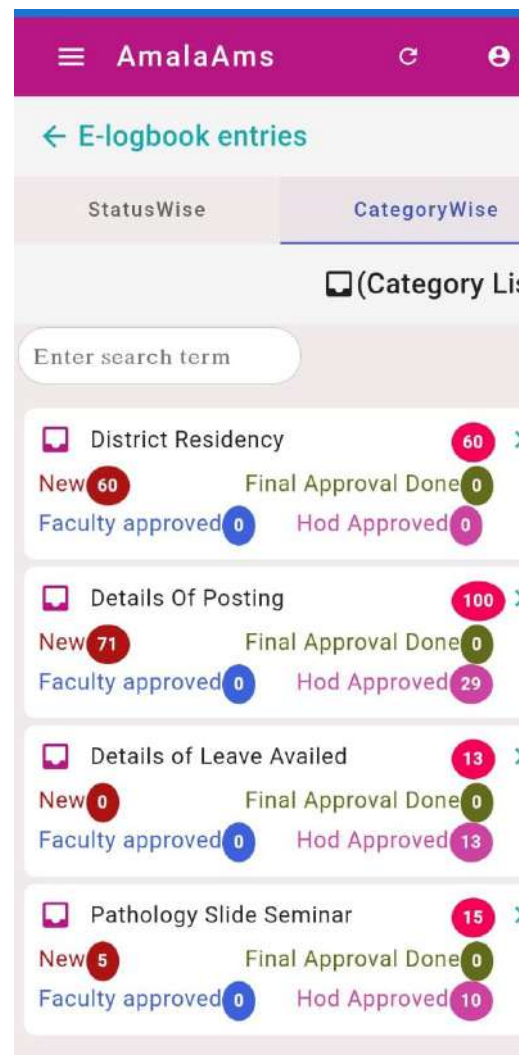
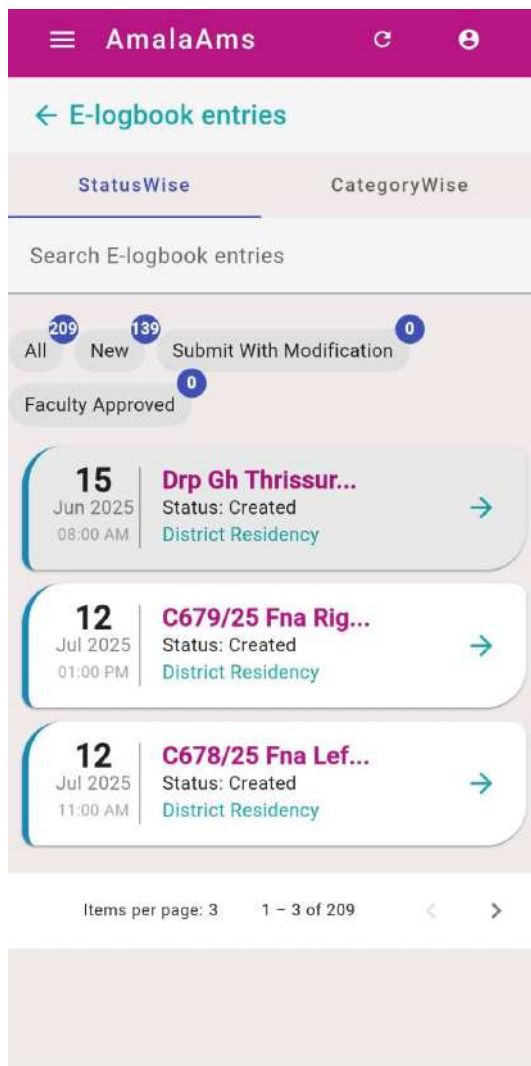


AMALA INSTITUTE OF MEDICAL SCIENCES, THRISSUR

**SYLLABUS FOR
PG SUPER SPECIALITY
PROGRAMME**
DOCTORATE OF NATIONAL BOARD(DrNB)

Introduced E-logbook for Post-graduates

Amala Institute of Medical Sciences, Thrissur, has introduced a Postgraduate e-Logbook as part of its ongoing commitment to enhancing academic quality and clinical training. This digital initiative aims to streamline the process of recording clinical activities, academic work, and skill acquisition of postgraduate students. The e-logbook ensures accurate documentation, facilitates real-time monitoring by faculty, and provides a structured framework for competency-based training in line with NMC guidelines. By shifting from conventional paper-based records to a digital platform, the institution seeks to improve accessibility, accountability, and transparency in postgraduate medical education.

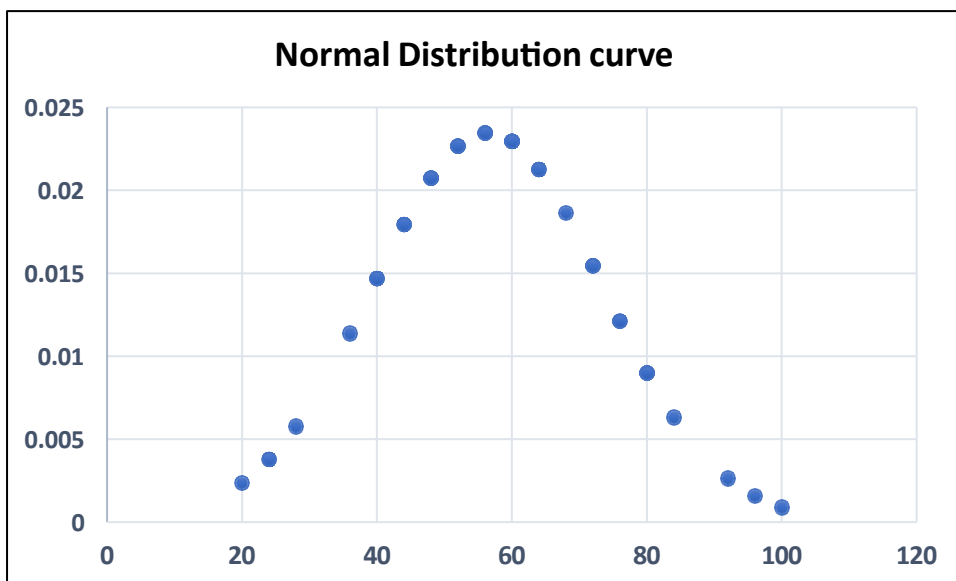


E log Book Preview

Psychometric Analysis and Psychological Test

A psychometric assessment was conducted for a cohort of 64 students from the 2024 batch to evaluate cognitive and psychological traits using a standardized test by the Psychiatry department, AIMS, Thrissur. The total scores ranged from 0 to 100, and the data followed a normal distribution, indicating that the test reliably captured the spread of performance across the group. The statistical analysis of the results yielded a mean score of 56.46 and a standard deviation of 17.00, suggesting that most students performed around a mid-level average, with a moderate level of variation. The bell-shaped normal distribution curve indicates that a significant proportion of students scored near the mean, forming a symmetrical distribution. Based on standard distribution principles:

- Approximately 68% of the students (around 44 students) scored within one standard deviation of the mean, i.e., between 39.46 and 73.46.
- Approximately 95% of the students (around 61 students) scored within two standard deviations of the mean, i.e., between 22.46 and 90.46.
- This implies that the majority of the students fall within the expected performance range, with only a small number of outliers.



Statistical Analysis of Data

RESEARCH, INNOVATIONS, AND EXTENSION

Implemented a comprehensive research ecosystem to foster innovation and academic excellence. This year witnessed significant advancements in our research infrastructure, policies, and outcomes includes the following:

Research Day Celebration

Maharashtra Governor Shri C.P. Radhakrishnan Inaugurates Integrated Medical Research Department at Amala Institute of Medical Sciences Amala Observes Research Day and Honors 25 Distinguished Researchers March 15, 2025, Amala* - In a significant step toward advancing healthcare research, the Amala Institute of Medical Sciences inaugurated its state-of-the-art Integrated Medical Research Department on March 15, 2025. The esteemed Governor of Maharashtra, Shri C.P. Radhakrishnan, graced the occasion as the chief guest and formally inaugurated the facility. The event also marked the observance of Research Day at the institution, during which 25 distinguished researchers from Amala were honored for their groundbreaking contributions to medical science. Integrated medical research represents a collaborative and multidisciplinary approach to addressing complex health challenges by combining expertise from diverse fields. While traditional medical education and research have primarily focused on specialized areas such as surgery, pharmacology, and pathology, the evolving landscape of modern healthcare necessitates a more holistic perspective. The newly launched department aims to bridge the gap between basic research, such as laboratory studies, and clinical research, including patient trials, ensuring that scientific discoveries are swiftly translated into practical applications for patient care. Speaking at the inauguration, Shri C.P. Radhakrishnan emphasized the importance of collaborative research in tackling contemporary health issues. "The global pandemic has underscored the need for rapid, coordinated, and innovative responses to public health crises. By fostering integration across disciplines, we can accelerate the development of personalized treatments, improve patient outcomes, and minimize side effects," he said. The newly established research center is equipped with state-of-

the-art facilities designed to support innovative research initiatives. The institute's leadership expressed confidence that the integrated research model will revolutionize healthcare by transforming diagnosis, treatment planning, and patient monitoring systems.



Maharashtra Governor Shri C.P. Radhakrishnan Inaugurated Research Day



Research Day Celebration

Research Day Honors and Recognition - 2025 and Inauguration of Amala Integrated Medical Research Department (AIMRD)

The Amala Institute of Medical Sciences marked a significant milestone with the inauguration of the **Amala Integrated Medical Research (AIMR)** on March 15, 2025. The event was graced by **Shri. C. P. Radhakrishnan**, Hon'ble Governor of Maharashtra, as the Chief Guest. The program honored 20 distinguished researchers and scholars for their contributions to medical science and research.

1. Special Recognition: Dr. Ajith T. A, Professor, Department of Biochemistry: Received a *Certificate of Appreciation* for being featured in Stanford University's 2023 global list of the top 2% most influential scientists.

2. Research Publication Appreciation Prize 2023-24: Awarded for high-quality research publications in reputed journals.

Sl. No	Name	Department	Quartiles	Amount Received
1	Dr. Ajith T A	Biochemistry	Q1-1 ,Q4-1	15000/-
2	Dr. Asha Elizabeth Mathew	PMR	Q2-2	16000/-
3	Dr. Betsy Thomas	Obstetrics & Gynaecology	Q2-1	8000/-
4	Dr. Deepti Ramakrishnan	Pathology	Q4-1	5000/-
5	Dr. Jobin Jose Maprani	Emergency Medicine	Q2-1	8000/-
6	Dr. Jomon Raphael C	Radiation Oncology	Q3-1,Q4-2	16000/-
7	Dr. Jose Vincent	Community Medicine	Q1-1	10000/-
8	Dr. Lisha P V	Pulmonary Medicine	Q3-1	6000/-
9	Dr. Neethu Babu	Microbiology	Q3-1 ,Q4-2	16000/-
10	Dr. S. Monica Diana	Anatomy	Q3-1	6000/-
11	Dr. Sunil Kumar	Paediatrics	Q4-1	5000/-
12	Dr. Thomas John	Neurology	Q2-2	16000/-
13	Mrs. Aneesha V B	OBG Nursing (ACON)	Q4-1	5000/-
14	Mrs. Krishnaja M Unnikrishnan	OBG Nursing (ACON)	Q4-1	5000/-

3. ICMR Extramural Funded Project Recognitions

1. **Dr. Betsy Thomas**, Principal & Professor, OBG - Principal Investigator (NPAC Fund)
2. **Dr. Rupesh George**, Associate Professor, Cardiology - Co-Principal Investigator (NPAC Fund)
3. **Dr. Sunu Lazar Cyriac**, Associate Professor, Medical Oncology - Principal Investigator (ICMR-NCG RCT)
4. **Dr. Rakesh L John**, Assistant Professor, Pain & Palliative/Physiology - Co-Principal Investigator (ICMR-NCG RCT)

4. ICMR PG Thesis and Student Research Grants

1. **Dr. Nithya K S**, PG Student, OBG - Selected for ICMR PG Thesis Financial Support (2023-24)
2. **Dr. Haritha Prasanth**, PG Student, Dermatology - Selected for ICMR PG Thesis Support (2023-24)
3. **Joyce R. Reji & Raina Biju**, MBBS 2022 Batch - Selected for ICMR Short Term Studentship 2024
4. **Riya Tessa John**, MBBS 2021 Batch - Selected for ICMR Short Term Studentship 2024

5. YIP 6.0 - State-Level Winners

Priya Elizabeth Jogy, Nethania Lal, Tessa Biju Thottungal, Susan R. Kollinal, and Swati Manjaly - MBBS 2022 Batch

These honors and recognitions celebrate the spirit of research and innovation at Amala and highlight the institution's commitment to advancing scientific knowledge for societal benefit.



SHRI. C. P. RADHAKRISHNAN
HON'BLE GOVERNOR OF MAHARASHTRA

Inaugurates **Amala**
**INTEGRATED MEDICAL
RESEARCH DEPARTMENT
& RESEARCH DAY**

MARCH 15, 2025 | 11.30 AM | AMALA AUDITORIUM

WE WARMLY INVITE YOU TO BE A
PART OF THIS REMARKABLE OCCASION.

REDEFINING CARE EVERYDAY IN EVERY WAY
www.amalaims.org
FOR APPOINTMENTS: 0487 230 4000



Amala
INSTITUTE OF MEDICAL SCIENCES
NABH & NABL ACCREDITED ISO 9001:2015
Amala Nagar PO, Thrissur, Kerala.

PROGRAMME AGENDA

Amala
**INTEGRATED MEDICAL
RESEARCH (AIMR)**
INAUGURAL CEREMONY
MARCH 15, 2025 | AMALA AUDITORIUM

- 11.25am : Ceremonial Welcome of
Shri. C. P. Radhakrishnan
Hon'ble Governor of Maharashtra
- 11.30am : National Anthem
- 11.31am : Prayer (Amala Anthem)
- 11.33am : Welcome Speech
Fr. Julious Arakkal CMI
Director, AIMS, Thrissur
- 11.37am : Speech on "The Concept of Integrated Research"
Dr. Betsy Thomas
Principal, AIMS, Thrissur
- 11.41am : Speech on "Research Day" & "Research and
Innovation Awards"
Dr. V. Raman Kutty
Research Director
Dept. of Research Development
AIMS, Thrissur
- 11.45am : Presidential Address
Fr. Davy Kavungal CMI
Vicar Provincial, Devamatha Province of the
CMI Congregation
- 11.50am : Inauguration of AIMR & Award
Distribution
Shri. C. P. Radhakrishnan
Hon'ble Governor of Maharashtra
Presentation of Memento to Hon'ble Governor
Fr. Davy Kavungal CMI
Vicar Provincial, Devamatha Province of the
CMI Congregation
National Anthem

INVITATION

Amala
**INTEGRATED MEDICAL
RESEARCH (AIMR)**
INAUGURAL CEREMONY
MARCH 15, 2025 | AMALA AUDITORIUM

Amala Institute of Medical Sciences cordially invites
you to the Inaugural Ceremony of
Amala Integrated Medical Research (AIMR).

Date : March 15, 2025
Time : 11.30am
Venue : Amala Auditorium



We are honoured to have
Shri. C. P. Radhakrishnan
Hon'ble Governor of Maharashtra as the
Chief Guest for this prestigious occasion.

This milestone event marks our resolute
perseverance to advancing medical research and
honours the contributions of 20 distinguished
research scholars of Amala, who will be felicitated
with special mementos for their dedication and
achievements in the field of medical research.
Your esteemed presence will add grace to this
remarkable occasion.

Regards,
Fr. Julious Arakkal CMI
Director, AIMS, Thrissur



Brochure of the Program

Amala

RESEARCH DAY AWARD

MARCH 15, 2025



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CERTIFICATE OF APPRECIATION

Proudly presented to



Ms. Susan R. Kollinal
MBBS 2022 Batch

For being the **State-Level Winner of YIP 6.0.**

We extend our congratulations for your outstanding performance and best wishes
for your future endeavours.

Dr. Betsy Thomas
Principal & Professor, AIMS, Thrissur

Fr. Julious Arakkal CMI
Director, AIMS, Thrissur

Sample of Certificate

Amala


RESEARCH DAY AWARD

MARCH 15, 2025



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RESEARCH PUBLICATION APPRECIATION PRIZE

This is to certify that



Dr. Neethu Babu

Senior Resident, Dept. of Microbiology

has been awarded the **Research Publication Appreciation Prize - 2024** by the Institution for her research publication in one Q3 & two Q4 Journals.

This recognition is awarded in appreciation of her significant contribution to academic research and excellence in scientific publication.

We extend our congratulations and best wishes for his future research endeavours.

Dr. Betsy Thomas
Principal & Professor, AIMS, Thrissur

Fr. Julious Arakkal CMI
Director, AIMS, Thrissur

Launched I³I programs

IGNITE: Inspiring Growth, Novelty, Innovation, Translation & Exploration

The Amala Integrated Medical Research Department (AIMRD) proudly introduces a new and independent initiative, the IGNITE (Inspiring Growth, Novelty, Innovation, Translation & Exploration), exclusively designed for MBBS students at Amala Institute of Medical Sciences (AIMS).

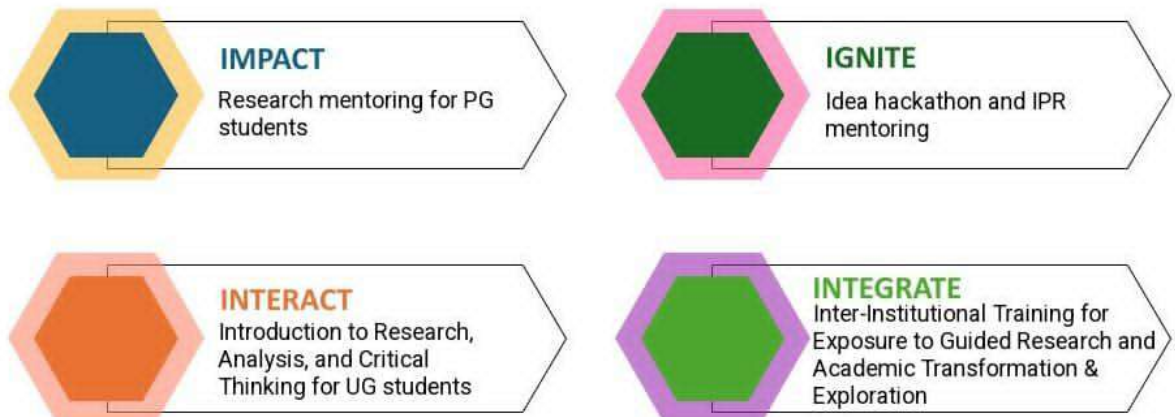
IMPACT (Integrated Mentorship Program for Advancing Clinical & Translational Research):

The purpose of this SOP is to establish a structured framework for mentoring postgraduate (PG) research students of Amala Institute of Medical Sciences (AIMS) by the scientific team of the Amala Integrated Medical Research Department (AIMRD). The primary objective is to strengthen the scientific rigor, research design, innovation potential, and overall quality of PG dissertations, while fostering opportunities for publishable outcomes.

INTERACT : Workshop on translating UG projects to potential publication

INTEGRATE : Program to foster research collaboration with external institutions.

STUDENT PROGRESSION PROGRAMS BY AIMRD



Research Grant Proposal Writing Workshop for Students

The Amala Institute of Medical Research and Development (AIMRD) conducted a workshop on **ICMR Short-term Studentship (STS) Project Proposal Writing and Submission - 2025** for MBBS students on 23rd May 2025 at the Digital Lab, Library. The session, led by Dr. Vishnu Priya Murali SSRO (Scientist C), covered topic selection, ICMR-ePMS registration, proposal structuring, methodology, ethical considerations, and submission guidelines. Successful proposal examples were shared, and a Q&A session encouraged active student participation. The workshop, well-received by attendees, aimed to enhance research skills and promote participation in national-level research programmes, reinforcing AIMRD's commitment to nurturing undergraduate research aptitude.



Session handled by
Dr. Vishnupriya Murali,
SSRO, AIMRD

Brochure of the program



Research Grant Proposal Writing Workshop for Staffs

The Amala Integrated Medical Research Department (AIMRD), Amala Institute of Medical Sciences, Thrissur, conducted a session on “Grant Proposal Writing – Enhancing Your Grant Writing Competence” on May 3, 2025, at the CCM Hall. The resource person, Dr. A. Reshma, Assistant Professor, Department of Biotechnology, Mercy College, Palakkad, shared valuable insights into identifying funding agencies, framing objectives, preparing budgets, and structuring proposals effectively. She emphasized clarity, originality, and alignment with funding priorities while also addressing common mistakes and strategies to avoid them. The interactive session saw active participation from faculty, research scholars, and postgraduate students, who gained practical guidance and confidence in drafting competitive proposals. The program, as part of AIMRD’s initiatives to promote research excellence, was well received and reinforced the institution’s commitment to fostering innovation and enhancing research capabilities.

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Amala Institute of Medical Sciences

TOPIC
GRANT PROPOSAL WRITING
ENHANCING YOUR GRANT WRITING COMPETENCE

DATE
MAY 3rd, 2025
TIME
11:30 AM ONWARDS
VENUE
CCM HALL

MASTER THE FUNDAMENTALS OF GRANT PROPOSAL WRITING TO INCREASE YOUR RESEARCH FUNDING OPPORTUNITIES. THIS SESSION PROVIDES ESSENTIAL GUIDANCE FOR BOTH NEW AND SEASONED RESEARCHERS IN PREPARING COMPELLING PROPOSALS.

DR. A. RESHMA
ASSISTANT PROFESSOR,
DEPARTMENT OF BIOTECHNOLOGY,
MERCY COLLEGE, PALAKKAD

ORGANIZED BY
AMALA INTEGRATED MEDICAL RESEARCH DEPARTMENT,
AIMS THRISSUR.

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Brochure of the program



Session handled by Dr. A. Reshma, Assistant Professor, Department of Biotechnology, Mercy College, Palakkad



Interactive session with Resource person

IMPACT: Research Mentoring Programme for MD/MS Students

The IMPACT Program, initiated by the Amala Integrated Medical Research Department (AIMRD), has strengthened postgraduate (PG) research quality across 18 departments, enrolling 62 PG students. Designed to complement departmental supervision, the program provided structured mentor-student mapping, department-wise awareness visits, and orientation sessions to clarify roles, promote scientific rigor, and align with publication standards. Two AIMRD scientists, each guiding 31 students, conducted individual sessions to refine research plans, address methodological gaps, and build strong foundations for data collection and analysis. Monthly review meetings have improved clarity in study designs, enhanced literature review and data handling skills, and encouraged manuscript preparation. Coordination mechanisms and explanatory materials addressed initial scheduling and role clarity challenges. In the next phase, the program will focus on mid-term evaluations, statistical analysis guidance, scientific writing workshops, and structured feedback collection. The initiative has successfully fostered a culture of mentorship, collaboration, and quality research across PG programmes at AIMS.



Sessions handled by
Dr.Kayeen
Vadakken , SSRO &
Dr.Vishnupriya
Murali, SSRO,
AIMRD

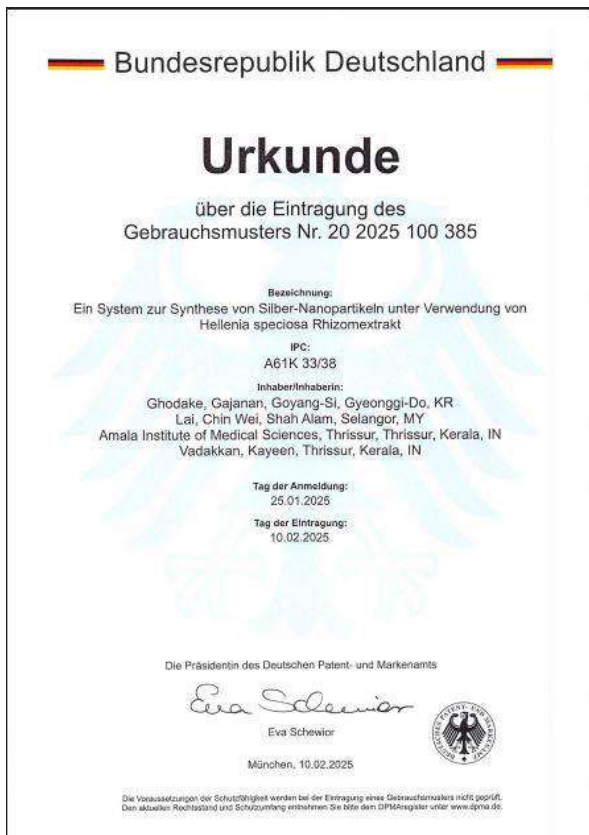
Received Patent & Design Registration

The Amala Institute of Medical Sciences (AIMS), Thrissur, achieved a remarkable milestone in innovation and intellectual property during January 2025. The institution secured one patent and two design patents, reflecting its growing contribution to research and development in the medical field. On 25 January 2025, AIMS was granted one patent in the name of Dr. Kayeen Vadakkenn, marking a significant recognition of the institution's inventive capabilities.

In addition, the institute received three design registrations:

1. Design registration awarded to Dr. Kayeen Vadakkenn, Dr. Deepti Ramakrishnan, Kavya Santhosh, and Sreeshna Karipali.
2. Design registration awarded to Dr. Kayeen Vadakkenn, Dr. Lola Das, Dr. Hemapriya, and Dr. A. Rajasekar.
3. Design registration awarded to Dr. Rennis Davis Kizhakkepeedika and Mr. Evan Joseph Thomas

These achievements highlight the strong research culture and collaborative spirit at AIMS, fostering innovations that bridge academic knowledge with practical applications in healthcare. The patents and design patents serve as a testament to the commitment of the faculty and researchers to advance science and improve patient care.



On 25 January 2025, AIMS was granted one patent in the name of Dr. Kayeen Vadakkenn, marking a significant recognition of the institution's inventive capabilities



Design registration awarded to Dr. Kayeen Vadakkenn, Dr. Deepti Ramakrishnan, Kavya Santhosh, and Sreeshna Karipali.



Design registration awarded to Dr. Kayeen Vadakkenn, Dr. Lola Das, Dr. Hemapriya, and Dr. A. Rajasekar



Design registration awarded to Dr. Rennis Davis Kizhakkepeedika and Mr. Evan Joseph Thomas

Research Collaborations

Amala Institute of Medical Sciences, Thrissur, actively fosters **national and international research collaborations** to enhance interdisciplinary learning, innovation, and translational research. The institution has established partnerships with reputed universities, research institutes, and healthcare organizations to facilitate joint research projects, faculty and student exchange, resource sharing, and access to advanced laboratory facilities. Collaborative initiatives cover diverse domains including clinical research, biomedical sciences, public health, and translational medicine. These collaborations have resulted in co-authored publications, funded projects, and capacity-building programmes, thereby strengthening the institution's research ecosystem and contributing to improved healthcare outcomes.



MoU Signed with University of Maryland School of Medicine, Maryland, USA



→ MoU Signed with Little Flower College, Guruvayoor



MoU Signed with National Institute for Interdisciplinary Science and Technology (NIIST), Thiruvananthapuram



MoU Signed with St. Mary's College (Autonomous), Thrissur



CHRIST
COLLEGE OF ENGINEERING



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STRENGTHENING RESEARCH COLLABORATION

Amala Institute of Medical Sciences, Thrissur
& Christ College of Engineering & Technology,
Irinjalakuda have signed an **MoU**
to foster academic cooperation,
research & knowledge exchange.



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MoU Signed with Christ College of Engineering, Irinjalakuda

Two Institutions, One Vision: Advancing Research Together

Amala Institute of Medical Sciences, Thrissur, has partnered with Manipal University, Malaysia (with 26 years of excellence in medical education) through an MoU to foster meaningful collaborations in research innovation, academics & shared learning.





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Amala Institute of Medical Sciences signs **MoU** with **Universiti Malaya**

Amala joins hands with Universiti Malaya- a globally acclaimed institution ranked **58th in the QS World Rankings & 7th in Asia.**

Renowned for its academic excellence, Universiti Malaya offers a wide spectrum of programmes in coursework, research, mixed-mode & clinical tracks, opening new horizons of global learning & collaboration.



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MoU Signed with University, Malaya



MoU Signed with IIIT,Kottayam

Research Advisory Committee

The Research Advisory Committee (RAC) at Amala Institute of Medical Sciences, Thrissur provides overall guidance and support for research activities within the institution. By fostering innovation and collaboration, the committee helps strengthen the quality and impact of research carried out by faculty and students. It plays a key role in aligning institutional research with national priorities and global scientific trends.

Sl. No	Name	Designation	Role
1	Fr. Julious Arakkal CMI	Director,AIMS,Thrissur	Ex-officio Member
2	Dr. Betsy Thomas	Principal,AIMS,Thrissur	Ex-officio Member
3	Dr. V. Raman Kutty	Research Director Amala Cancer Research Center AIMS,Thrissur	Chairperson
4	Dr. Lai Chin Wei	Associate Professor Nanotechnology Catalysis Research Centre University of Malaya Kuala Lumpur, Malaysia	Member

5	Dr. Gajanan Sampatrao Ghodake	Associate Professor Department of Biological and Environmental Science, Dongguk University-Seoul, 32 Dongguk-ro, Ilsandong-gu, Goyang-si, 10326, Gyeonggi-do, South Korea	Member
6	Dr. Selvaraj Vijayanand	Associate Professor Bioresource Technology Lab (BRT Lab) Department of Biotechnology Thiruvalluvar University, Vellore, Tamil Nadu 632115	Member
7	Dr. Sruthi M.V.	Associate Professor,AIMS,Thrissur	Member Secretary

Research Spending and Output Summary (2024–2025)

Sl.No.	Category	Amount Spent (₹)	Purpose / Description
1	Quality Improvement Programs	₹14,72,030/-	Staff training through FDPs, FTPs, Workshops, Seminars
2	Research Incentives	₹1,34,200/-	Monetary incentives to promote future research
3	Seed Money for Research & Patents	₹1,70,000/-	Financial support for patent filing and research project initiation
Total Research Spending		₹17,76,230/-	
Research Output		26 Papers	Published in Scopus-indexed journals in 2024–2025

INFRASTRUCTURE AND LEARNING RESOURCES

Significantly strengthened the physical and digital infrastructure of IQAC to support quality assurance processes and institutional accreditation requirements outcomes includes the following:

Dedicated IQAC Facility:

A. Institutional Overview

Name of the Institution :Amala Institute of Medical Sciences, Thrissur

Name of IQAC Chairperson :Dr.Betsy Thomas, Principal

Year of Establishment of IQAC:2024

Affiliated to :Kerala University of Health and Sciences (KUHS)

IQAC Email ID :amalaiqac@amalaims.org

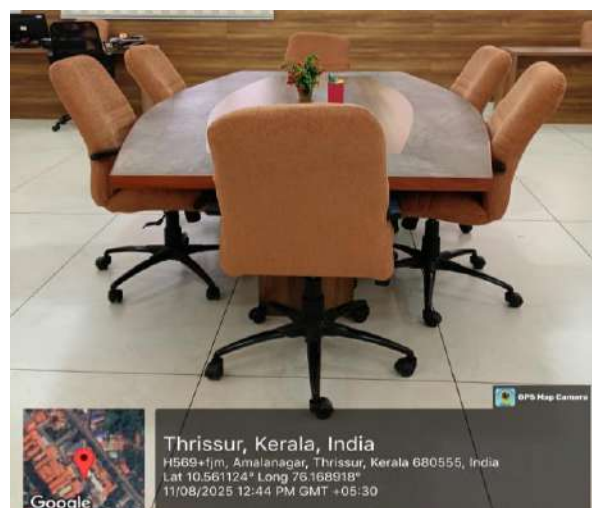
IQAC Weblink (URL) : <https://amalaims.org/medical-college/iqac/about-iqac>

B. Physical Infrastructure and Support Facilities:

Facility	Availability (Yes/No)	Quantity / Capacity
Dedicated IQAC Room	Yes	Sq. Ft.: 680
Office Furniture (Desks, Chairs)	Yes	Chair: 16 Nos Table: 5 Nos
Computer	Yes	7 Nos
Printer / Scanner	Yes	Printer: 6 Nos Scanner : 1 No
High-Speed Internet	Yes	Mbps: 81
Display Board	Yes	2 Nos
Smart TV	Yes	1 No
Meeting Facility	Yes	Seating: 10 Nos



Dedicated IQAC Room



Meeting Room Facility



Office Furniture Incl. Computer/Printer



Smart TV

C. Human Resource and Administrative Support

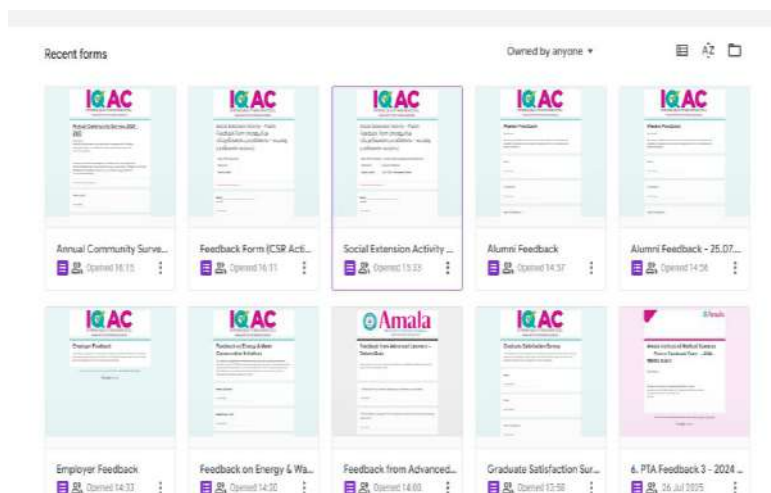
Personnel	Availability	Name of the staff
IQAC Chairperson	Yes	Dr. Betsy Thomas Principal
IQAC Coordinator	Yes	Dr. Deepti Ramakrishnan Vice-Principal
Support Staffs	Yes	6 Nos
IQAC supported by Principal's office	Yes	Dr. Betsy Thomas, Principal

D. Documentation and Process Management

Process / Document Type	Maintained	Mode (Digital/Physical)	Frequency
Minutes of IQAC Meetings	Yes	Physical	Monthly
Action Taken Reports (ATR)	Yes	Physical	Post-Meeting
Strategic / Perspective Plan	Yes	Physical	Reviewed Periodically
Feedback Mechanism (Students, Alumni, etc.)	Yes	Google Forms	Annual
Best Practices Compilation	Yes	Physical	Annual



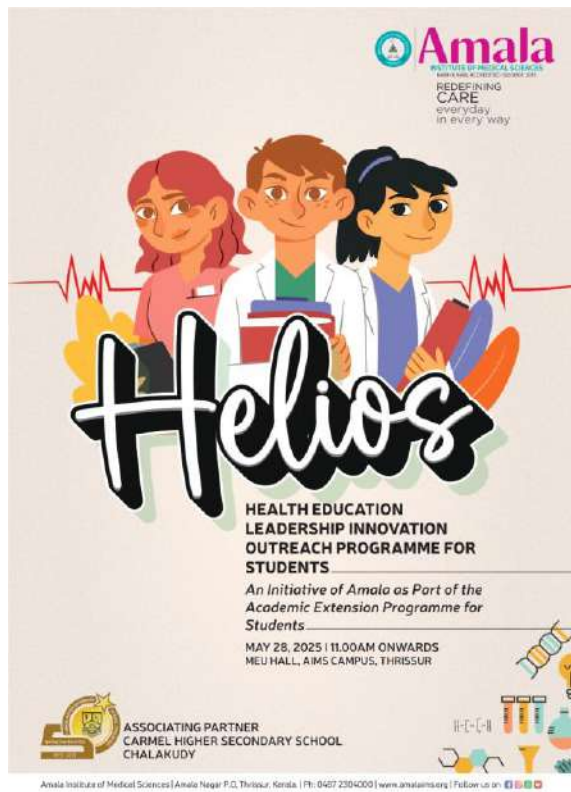
Documentation facilities



Feedback Mechanism (Students, Alumni, etc.)

HELIOS-Academic Extension Programme (Flagship Event)

Amala Institute of Medical Sciences, Thrissur, organized a Social Extension Programme under *HELIOS – Health Education Leadership Innovation Outreach Programme for Students* for Carmel Higher Secondary School, Chalakudy, on 28th May 2025. The event began with a welcome address by Rev. Fr. Julios Arakkal CMI, Director, highlighting Amala’s legacy and values, followed by a corporate video presentation. Career guidance talks were delivered by Dr. Betsy Thomas, Principal, and Dr. Deepti Ramakrishnan, Vice Principal, who inspired students to explore opportunities in medicine and health sciences. Students were then taken on a guided tour of the Skill Lab, Anatomy and Forensic Museums, and the Central Library, offering them hands-on exposure to medical education facilities. The programme concluded with refreshments and interactions, leaving students motivated and well-informed about careers in healthcare. The initiative was well-received and further strengthened Amala’s mission of community outreach and academic inspiration.



Brochure of the program



Rev. Fr. Shibu Puthenpurackal CMI, Joint Director met the



Dr.A T Francis, Chief Librarian along with students

STUDENT SUPPORT AND PROGRESSION

Initiated Placement Cell:

The Placement Cell at Amala Institute of Medical Sciences, Thrissur, was formally initiated to facilitate career guidance, training, and employment opportunities for students. A dedicated staff member has been appointed to coordinate the activities of the cell, ensuring systematic planning and execution of placement-related initiatives. As part of its initial activities, the Placement Cell successfully organized placement drives, providing a platform for students to interact with potential employers and explore career prospects. This initiative marks a significant step towards enhancing employability skills and strengthening industry-academia collaboration at AIMS.



Dr.Linson, Placement Coordinator , Little Flower College Guruvayoor



Placement drive at Little Flower College Guruvayoor

Facilities for sports and arts

The Amala Institute of Medical Sciences (AIMS), Thrissur, provides well-developed sports facilities and infrastructure to promote holistic student growth alongside academics. The campus houses spacious outdoor grounds for football, cricket, and athletics, along with courts for basketball, volleyball, tennis, and a multi-purpose playing field. Indoor facilities include a badminton court, table tennis, and carrom, complemented by a fully equipped gymnasium with cardio and strength training equipment accessible to both students and staff. AIMS also organizes regular sporting events encouraging student participation and competitive spirit. The sports complex and recreation areas are strategically integrated

within the residential campus, ensuring easy access for students living in hostels. In addition to sports, the campus provides modern amenities such as lecture halls, laboratories, a library, auditorium, canteen, guest rooms, and IT facilities, all contributing to a balanced environment where academics, physical activity, and recreation go hand in hand.

The result of KUHS Sports meet as follows:

Sl. No.	Game	Date	Venue	Section	Name of the participant	Batch	Position
1	Badminton C Zone	18,19/11 /2024	Seventh day College of Nursing, Ottapalam	Womens- Individual	Anjali Ann Jose	2022	2 nd Position
					Ananya Singh	2023	2 nd Position
					Chaithra P. Raj	2021	2 nd Position
					Athira Ravi	2020	2 nd Position
					Ansa Mary James	2023	2 nd Position
2	Basketball C Zone	20,21/11 /2024	Govt Medical College, Thrissur	Men-team	Farha Ismaeel Sanooj	2020	Winners
3	Chess C Zone	22,23/11 /2024	Govt Medical College Thrissur	Men-team	Aivin K.J. & Team	HS- 2019	2 nd Position
4	Chess C Zone	22,23/11 /2024	Govt Medical College, Thrissur	Men- individual	Aivin K.J.	HS- 2019	4 th Position

5	Chess C Zone	22,23/ 11/2024	Govt Medical College Thrissur	Women- Individual	Sreeka C. R. Krishna	2019	3 rd Position
6	Table tennis C Zone	22,23/11 /2024	Jubilee Medical College Thrissur	Womens- team	Mariya	HS- 2021	3 rd Position
					Jiya Jayaraj	2021	3 rd Position
					Aishah Musthafa	2020	3 rd Position
					Lekha joseph	2019	3 rd Position
7	Table tennis C Zone	01/12/ 2024	Jubilee Medical College Thrissur	Womens Individual	Mariya Baby	HS- 2018	3 rd Position
8	Football C Zone	19- 30/12/2 024	P K Das Medical College, Ottappalam	Men-team	Mrdul Nand & Team	2023	4 th Position Qualified to the Interzone
9	Football C Zone	19- 30/12/ 2024	P K Das Medical College Ottappalam	Men-team	Mohammed Rinshad & Team	2020	4 th Position Qualified to Interzone
8	Basketball -Interzone zone	08/04/ 2025	Govt Medical College, Thrissur	Men-team	Farhan Ismaeel Sanooj	2020	3 rd Position



Badminton C Zone- Women's Individual



Certificate of Appreciation



KUHS- Basketball
Men- Team



KUHS- Basketball
Women- Team



KUHS- Chess
Women Team

GOVERNANCE, LEADERSHIP, AND MANAGEMENT

Initiated Administrative Training Program for Non-Teaching Staffs

The Amala Institute of Medical Sciences, Thrissur, successfully organized a two-day "Academic Training program" on September 27th and 28th, 2024. Sixteen staff members from various departments participated in this enriching training.

Day 1: The first day began with a session led by Ms. Lakshmipriya, who introduced essential computer tools, covering topics such as MS Office, website management, social media, and the use of Chat GPT. This foundational session aimed to enhance the participants' digital literacy and efficiency in their clerical roles.

Day 2: On the second day, the program commenced at 2:00 PM with Dr. Deepti Ramakrishnan, Vice Principal of AIMS, Thrissur, discussing the importance and value of the National Medical Commission (NMC) and Kerala University of Health Sciences (KUHS) within a medical college context. Following her, Dr. Joby Thomas K., Chief Administrative Officer at AIMS, elaborated on the roles and responsibilities of staff members, emphasizing their vital contributions to the institution.

HRD representatives Mr. Siljo and Mrs. Smitha addressed the basic rights of staff and their associated roles, fostering a better understanding of workplace rights and responsibilities. Mr. N.K. Nikhil concluded the sessions with an interactive presentation on ranking criteria for medical colleges, underscoring the importance of maintaining both digital and physical records.

Day 3: The fifth session of the ongoing Administrative Training Program organized by the Internal Quality Assurance Cell (IQAC) was held on 7th April 2025 at the Digital Education Centre. The session was led by Mrs. Twinkle Wilson, Executive, who conducted an informative and engaging session on the topic "*How to Prepare a Report.*"

The session aimed to enhance the report-writing skills of administrative staff, focusing on clarity, structure, and professionalism in documentation. Mrs. Twinkle Wilson explained the key components of a well-drafted report, including the title, introduction, objectives,

methodology, content organization, and conclusion. She also emphasized the importance of consistency in formatting, use of formal language, and accuracy of information.

Participants were guided through practical examples and tips for writing different types of reports commonly required in institutional settings. The session also included an interactive Q&A segment, allowing attendees to clarify their doubts and share their experiences. Overall, the session was highly beneficial and received positive feedback from participants for its clarity and practical relevance. The training effectively equipped the attendees with essential skills to prepare professional and comprehensive reports.

The program culminated with a valedictory talk by Rev. Fr. Antony Mannumel CMI, Associate Director of AIMS, Thrissur. His remarks highlighted the significance of such orientations in making staff feel valued and prepared to contribute effectively to the department's objectives. Overall, the training was a vital step in empowering non-teaching staff, enhancing their skills, and fostering a collaborative environment within the institute. The meeting came to an end at 5:00 PM



Administrative Training Program



Session by Fr. Antony Mannumel,
Associate Director, AIMS, Thrissur



Session by Dr. Deepti Ramakrishnan,
Vice Principal, AIMS, Thrissur



Session by Mr. N.K. Nikil, External
Advisor



Session by HRD, AIMS, Thrissur



Session by Mrs. Twinkle Wilson
Executive, IQAC

IQAC Vision 2025 - Reflection, Refine, Renew

The Internal Quality Assurance Cell (IQAC) of Amala Institute of Medical Sciences, Thrissur, convened a special gathering titled **“IQAC Vision 2025: Reflect, Refine, Renew”** on 05 August 2025 from 2:30 PM to 4:30 PM. The session was held under the esteemed guidance of the Rev. Fr. Julious Arakkal CMI (Director), Rev. Fr. Deljo Puthoor CMI (Joint Director), Rev. Fr. Antony Perinchery CMI (Joint Director), Rev. Fr. Antony Mannumel CMI (Associate Director), Dr. Betsy Thomas (Principal & IQAC Chairperson), and the IQAC Members.

The meeting served as a platform to reflect on the institution’s quality initiatives, review the progress of ongoing academic and administrative enhancements, and renew the commitment towards achieving the goals outlined in the IQAC strategic framework for 2025. Presentations and discussions focused on the institution’s core strengths, areas for improvement, and innovative practices to be implemented in the coming year.

The collaborative atmosphere encouraged active participation from all members, fostering a shared vision for institutional growth and excellence. The gathering concluded with a reaffirmation of the collective resolve to uphold the highest standards in education, research, and service in alignment with the mission and values of the institution. The event

concluded with the official **launch of the IQAC badge and bookmark**, symbolizing the renewed spirit of quality enhancement and the shared vision for academic excellence.

Amala IQAC
INTERNAL QUALITY ASSURANCE CELL
AMALA INSTITUTE OF MEDICAL SCIENCES

IQAC Vision 2025

Reflect, Refine, Renew

Date: August 5th, 2025 | Time: 2:30 PM | Venue : CCM Hall

Join us for a crucial meeting where we'll delve into the latest IQAC event updates, engage in meaningful reflection on our achievements and challenges, and strategize for renewal as we aim for continuous improvement. This is an opportunity to contribute to our institution's pursuit of excellence

Amala IQAC Family,
let's cultivate excellence
together where quality blossoms
and innovation takes flight.

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Brochure: IQAC Vision 2025: Reflect, Refine ,Renew



IQAC Family



External Advisor Mr.N K Nikhil Presented Activities and Initiatives of IQAC 2024-2025



Dr. Deepti Ramakrishnan, Vice Principal and IQAC Coordinator, received the IQAC badge from our beloved Director, Rev. Fr. Julious Arakkal CMI.

Dr. Neeraja B, IQAC Co-Coordinator, received the IQAC bookmark from our beloved Director, Rev. Fr. Julious Arakkal CMI.

INITIATIVES OF IQAC 2024-2025

- a) Formulated Financial Policy (Currently awaiting Governing Body approval)
- b) Strategic Planning Committee constituted and Strategic Plan (Drafted).
- c) Feedback Implementation Committee
- d) New Accreditations Pursued:
 - NIRF Ranking submission
 - QAS Renewal process
 - NMC Compliance documentation
 - NAAC Accreditation process commenced
- e) Completed AISHE documentation and submission
- f) Provided comprehensive NMC SAF form submission support.
- g) AAA (yet to be completed)
- h) Staff Welfare Policy (Re-drafted)
- i) Self-Appraisal Form (Work in Progress)
- j) Initiated Quality Day

Conclusion

The academic year 2024–2025 marked another milestone in the continuous journey of quality enhancement at Amala Institute of Medical Sciences. Through the dedicated efforts of faculty, staff, and students, IQAC successfully implemented various initiatives aimed at academic excellence, research promotion, faculty development, and student-centric improvements. The collaborative spirit and commitment of all stakeholders have strengthened our quality culture and reinforced our vision for holistic institutional growth. Moving forward, IQAC remains steadfast in its mission to sustain and elevate the standards of education, research, and service, ensuring that the institution continues to excel in all spheres.

Prepared by: Mrs. Liji K O, Associate (T), Administration

Verified by: Dr. Deepti Ramakrishnan, Vice-Principal & IQAC Coordinator

Approved by:

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