

**AMALA INSTITUTE OF MEDICAL SCIENCES**  
**THRISSUR**  
**DEPARTMENT OF INTERNAL QUALITY ASSURANCE CELL**

Program	Annual Health Check-Up of MBBS Medical Students
Date	22 <sup>nd</sup> & 24 <sup>th</sup> September 2025
Venue	Bro. Xavier CMI Memorial Conference Hall, St Josephs' Block
Number of Participants	13 Staff and 200 Students
Outcome	The annual health check-up for MBBS students revealed that most were in good health and up to date with vaccinations. The program also enhanced awareness of preventive health care and encouraged healthy lifestyle practices among students.
Organized by	Department of Internal Quality Assurance Cell (IQAC) - Collaboration with Department of Community Medicine
Faculty in charge	Dr. Maliakel Steffi Francis, Assistant Professor, Department of Community Medicine AIMS, Thrissur

**Report on Annual Health Check-Up of MBBS Medical Students**

The Annual Health Check-up for the MBBS students of Batch 2021 and Batch 2022 was successfully conducted on 22<sup>nd</sup> and 24<sup>th</sup> September 2025 from 2:00 pm to 4:00 pm at Bro. Xavier CMI Memorial Hall, Amala Institute of Medical Sciences, Thrissur.

The programme was organized by the Internal Quality Assurance Cell (IQAC) in collaboration with the Department of Community Medicine. The objective of the health check-up was to ensure the physical well-being of the students and to identify any health concerns at an early stage.

A team of doctors and faculty members from the Department of Community Medicine, along with supporting staff, carried out the medical examination. The check-up included an assessment of general health parameters, a routine medical examination, and counseling on healthy lifestyle practices.







# AMALA INSTITUTE OF MEDICAL SCIENCES

Amala Nagar, Thrissur – 680 555, Ph. No. 0487-2304000  
DEPARTMENT OF COMMUNITY MEDICINE

17.09.2025

## Medical Students health check – up

### Duty schedule

Venue: **BXM hall**

Time: **2pm – 4pm**

Date	Faculty	PGs	HIs
22/09/25 (MBBS 2021 Batch)	1. Dr. Steffi Francis M 2. Dr. Athira K R 3. Dr. Parvathy	1. Dr. Ebin Jose 2. Dr. Nivea James 3. Dr. Jyothsana 4. Dr. Nikhila 5. Dr. Ashna Joy 6. Dr. Sisira 7. Dr. Aminu Thaha	1. Anoop K 2. Binumon Antony 3. Bijo M/J
24/09/25 (MBBS 2022 Batch)	1. Dr. Steffi Francis M 2. Dr. Sneha Georgy 3. Dr. Athira K R	1. Dr. Ebin Jose 2. Dr. Nivea James 3. Dr. Jyothsana 4. Dr. Nikhila 5. Dr. Ashna Joy 6. Dr. Sisira 7. Dr. Aminu Thaha	1. Anoop K 2. Binumon Antony 3. Bijo M/J

House surgeons posted at UHTC on 22/09/25 and 24/09/25 are also posted for the health check-up.

Dr. C. R Saju  
Prof. & HOD

Duty Schedule of Staff



AIMSTSR/PRL/IQAC/C&amp;N/5/2025

**CIRCULAR**

Date:09.09.2025

**Subject: Conduct of Medical Health Check-up of Students – reg:**

As part of our institution's commitment to promoting the health and well-being of our students, a **Medical Health Check-up** has been scheduled for all students, batch-wise, as per the following details:

Sl.No	Batch	Date	Venue	Time
1	MBBS 2021	22/09/2025	Bro. Xavier CMI Memorial Hall	2:00 – 4:00 PM
2	MBBS 2022	24/09/2025	Bro. Xavier CMI Memorial Hall	2:00 – 4:00 PM

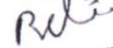
There will be no theory classes during the above-mentioned time for the corresponding batches. Those students who have not submitted Hepatitis B vaccination certificate at the time of joining should produce it during the health check-up. Also, all students are instructed to bring a copy of their **TT/Td vaccination certificates** for verification or submit a self-declaration form.

Verified by



Dr. Deepti Ramakrishnan  
Vice Principal & IQAC Coordinator

Authorized by




Dr. Betsy Thomas  
Principal & IQAC Chairman

**To,**HODs of the Departments of OBG & Paediatrics, *Community medicine*

**Copy to:** Associate Director, Chief Administrative Officer, Student Representatives (2021 & 2022 Batches), IQAC File



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Circular of the Programme



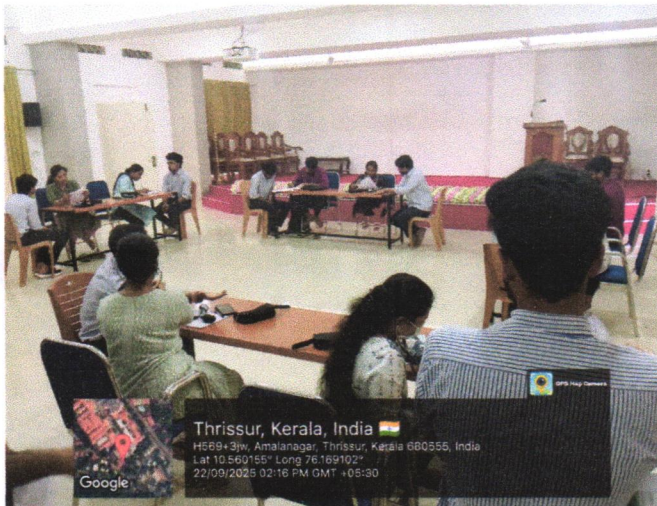
## Annual Health Check-Up 2021 Batch on 22<sup>nd</sup> September 2025



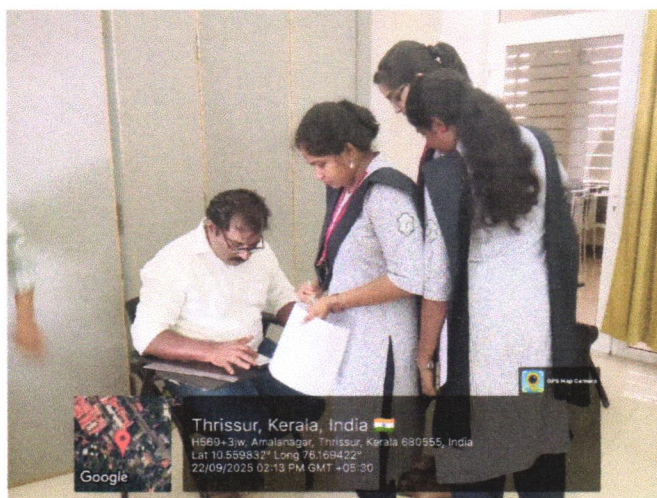
Registration Desk



Introduction by Dr. Maliakel Steffi Francis, Assistant Professor, Department of Community Medicine



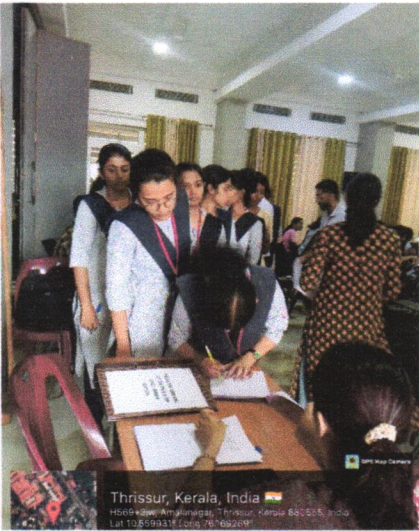
General Examination by Doctors



BMI Calculation by Health Inspector  
Mr. Binumon Antony



## Annual Health Check-Up 2022 Batch on 24<sup>th</sup> September 2025



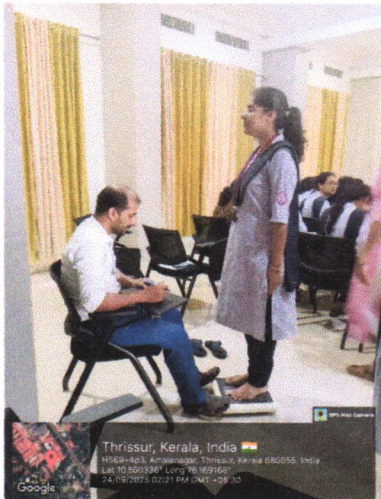
Registration Desk



Introduction by Dr. Maliakel Steffi Francis, Assistant Professor, Department of Community Medicine



General Examination by Doctors


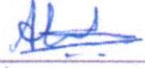
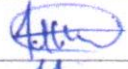
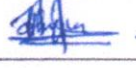





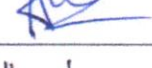
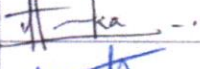
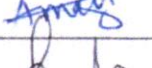
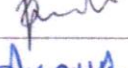
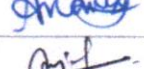
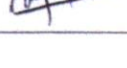


BMI Calculation by Social Worker  
Mr. Bijo




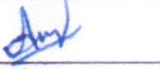

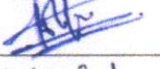

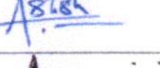
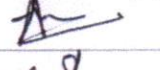

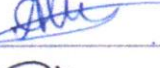
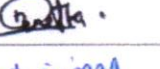
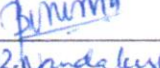
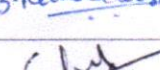

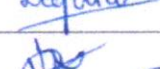


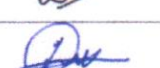



### ATTENDANCE SHEET


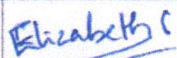
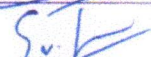





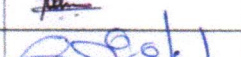



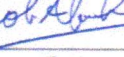




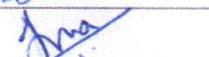
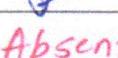
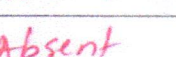
Name of the Program : Annual Health Check Up  
 Batch : 2022 MBBS  
 Date : 24 September 2025  
 Time : 2.00PM – 4.00PM  
 Venue : Bro.Xavier CMI Memorial Conference Hall  
 Organized by : Internal Quality Assurance Cell (IQAC)  
 In association with : Department of Community Medicine

SL NO	ROLL NO	NAME OF THE STUDENT	SIGNATURE
1	UG22001	ABDULLA SINAN	
2	UG22002	ABIN RAJ M S	
3	UG22003	ADHITHYAN R S	
4	UG22004	ADITHY AJAY	
5	UG22005	ADITHYA P BIJU	Absent
6	UG22006	ADVAITH H HEGDEN	
7	UG22007	AGHIL SUBIN	
8	UG22008	AKASH S	
9	UG22009	AKSHATHA BINU SYAM	
10	UG22010	ALAN MATHEW SAJ	
11	UG22011	ALEX SUNNY	
12	UG22012	ALKA BINOY	
13	UG22013	AMALU JOSE	
14	UG22014	AMANDA ARUN JOSEPH	
15	UG22015	ANANYA A	
16	UG22016	ANJALI ANN JOSE	



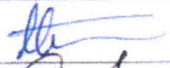


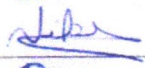




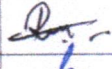
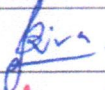









17	UG22017	ANJANA BINOY	
18	UG22018	ANJANA KAMATH A	
19	UG22019	ANNA GEORGE	
20	UG22021	ANN MARIA JOSE	
21	UG22022	ANSHIDA K	
22	UG22024	ARJUN KRISHNA V S	
23	UG22025	ASHIKA MOHAN	
24	UG22026	ASHIQ CHRISTO	
25	UG22027	ASHISH PRAMOD GEORGE	
26	UG22028	ASNA SIDHIK	
27	UG22029	ASWINI T ANIL	
28	UG22030	ATULYA NAIR	
29	UG22031	BENEETTA JOSE	
30	UG22032	BINIMA JOY PALLAN	
31	UG22033	B NANDAKISHOR	
32	UG22034	CIYA LIZBETH JOSE	
33	UG22035	DAYANA DENNY	
34	UG22036	DEEPTHI SHAJI	
35	UG22037	DEVA NANDA S	
36	UG22038	DEVATHEERTHA P	
37	UG22039	DEVIKA MANOJ	
38	UG22040	DILARA P L	
39	UG22041	DONA DEVASIA KOIPPALLICHIRA	
40	UG22042	DONA THOMAS	



41	UG22043	EDWIN JOY	
42	UG22044	ELIZABETH ELSON	
43	UG22045	EVANGELINE JOSE PALIAKARA	
44	UG22046	FARZANA NAZAR	
45	UG22048	FATHIMA MISNA P A	
46	UG22049	GAYATHRI R	
47	UG22050	GLITY JOHNSON	
48	UG22051	GODWIN ANTONY	
49	UG22052	GOURI SRIKUMAR	
50	UG22053	HARSHA H	
51	UG22054	HRIDHYA TREESA SAIBU	
52	UG22055	JACOB ABRAHAM	
53	UG22056	JACOB M MATHEW	
54	UG22057	JASMIN DAVIS	
55	UG22058	JEWEL MARIA	
56	UG22059	JINTO MATHEW	
57	UG22060	JISIA ROSE V	
58	UG22061	JOEL EDAKALATHUR	Absent
59	UG22062	JOYCE R REJI	Absent
60	UG22063	KAREN MIRIAM JOJO	Absent
61	UG22064	LAKSHMI SREEJITH	Absent
62	UG22065	LIZBETH VARGHESE	
63	UG22066	MAKHLOUF MATHEW MARTIN	
64	UG22067	MERIN ELIZABETH BINO	



65	UG22068	MERLIN MARTIN	
66	UG22069	MOHAMMED NADIM NOUSHAD	
67	UG22070	NAYANENDU ANAND	
68	UG22071	NEHA KURUP	
69	UG22072	NETHANIA LAL	
70	UG22073	NIKHIL SAJI	
71	UG22074	NIKHITHA BIJO	
72	UG22075	PARTHIV VIJU	
73	UG22076	PRIYA ELIZEBATH JOGY	
74	UG22077	RAINA BIJU	Absent
75	UG22078	RAISA ANN AJU	
76	UG22079	REBECCA MARIYAM JOSEPH	Absent
77	UG22080	RIS MARIA ROY	
78	UG22081	RIVA SOJI	
79	UG22082	ROBIN M G	Absent
80	UG22083	RON BENNY	Absent
81	UG22084	ROSEMARY JOSEPH THATTIL	
82	UG22085	RYAN RENNIS	Absent
83	UG22086	SAKETH NARAYAN	
84	UG22087	SANDRA K V	
85	UG22088	SANTHRA MARIA SANTHOSH	
86	UG22089	SNEETHA MERIN JACOB	
87	UG22090	SNEHA THOMAS	
88	UG22091	SONA REJI	















89	UG22092	SREE LAKSHMI J	<i>SreeL</i>
90	UG22093	SREELAKSHMI LEJUMON	<i>Lej</i>
91	UG22094	SRUTHIKA SIBI	<i>Sibi</i>
92	UG22095	SURYA M PRAKASH	<i>Surya</i>
93	UG22096	SUSAN R KOLLINAL	Absent
94	UG22097	SWATI MANJALY	<i>Swati</i>
95	UG22098	TESSA BIJU THOTTUNGAL	<i>Tessa</i>
96	UG22099	UTTAM RAJESH KULAKADA	<i>Uttam</i>
97	UG22100	VISHNUPRIYA S	<i>Vishnu</i>
98	UG21010	ALEENA C W	<i>Aleena</i>
99	UG21016	ANIRUDH S	<i>Anirudh</i>
100	UG21039	ELNA MARIA TOGI	<i>Elna</i>
101	UG21052	JIBIN J S	<i>Jibin</i>
102	UG21055	JYOLSNA G	<i>Jyolsna</i>
103	UG21084	ROHAN PAYAS R	<i>Rohan</i>
104	UG20010	ALENA EVELYN JOEL	Absent




### ATTENDANCE SHEET

Name of the Program : Annual Health Check Up  
 Batch : 2021 MBBS  
 Date : 22 September 2025  
 Time : 2.00PM – 4.00PM  
 Venue : Bro.Xavier CMI Memorial Conference Hall  
 Organized by : Internal Quality Assurance Cell (IQAC)  
 In association with : Department of Community Medicine

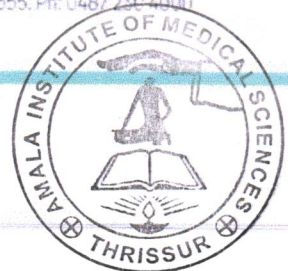
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1	UG21001	AALIA NAJUMUDDIN N C	
2	UG21002	ABIN K KOSHY	
3	UG21003	ABRAHAM JACOB	
4	UG21004	ADHILA GANI	
5	UG21005	AIN C M	
6	UG21006	AISWARYA S NAIR	
7	UG21007	AJAY C JOSEPH	
8	UG21008	ALAINA AYOOB	
9	UG21009	ALEENA ANTONY	
10	UG21011	ALEENA PAULY PATHIYAPARAMBIL	
11	UG21012	ALEN LAWRENCE C	Absent
12	UG21013	ANAINA JAISON	Absent
13	UG21014	ANANTHU P ANIL	
14	UG21015	ANGEL MARIYET	Absent
15	UG21017	ANITA BEJOY	



16	UG21018	ANIT JAISON	
17	UG21019	ANJANA SATHISH	
18	UG21020	ANN ANNA ALEX	
19	UG21021	ANNLA MAJO	
20	UG21022	ANSINA BAKKAR	
21	UG21023	ANUGRAHA SATHISH	
22	UG21024	ARJUN PRASAD	
23	UG21025	ASWIN RAJ P K	
24	UG21026	ATHUL PRAMOD KUMAR	
25	UG21027	BIYA ROSE	
26	UG21028	CAROLINE ROJER	
27	UG21029	CATHERINE SARIN MALIAMAKKAL	
28	UG21030	CHAITHRA P RAJ	
29	UG21031	CHHAYANK PRASANTH	
30	UG21032	DELNA P J	
31	UG21033	DELNA V D	
32	UG21034	DIVYA MARY JOHN	
33	UG21035	DIYA MARIA BABY	
34	UG21036	DON BIJU	
35	UG21037	DUA SHABNAM MOIDU	
36	UG21038	ELENA CHINNU JOHN	
37	UG21040	ELVIS THOMAS JOHN	
38	UG21041	ESTHER NINA THOMAS	



39	UG21042	EVELYN SANJIV	<i>[Signature]</i>
40	UG21043	GAUTHAM CHUKKANANICKAL	<i>[Signature]</i>
41	UG21044	GOKUL GANESH	<i>[Signature]</i>
42	UG21045	GOPIKA M	<i>[Signature]</i>
43	UG21046	HRISHIKESH SUNIL VARIER	<i>[Signature]</i>
44	UG21047	IRENE MARIA THOMAS	<i>[Signature]</i>
45	UG21048	JANIN JOY	<i>[Signature]</i>
46	UG21049	JENIFER JOBI	<i>[Signature]</i>
47	UG21050	JESMITHA IBRAHIM	Absent
48	UG21051	JETSY GEORGE	Absent
49	UG21053	JOEL V THANKACHAN	<i>[Signature]</i>
50	UG21054	JOHN PAUL CHERUPURAM	<i>[Signature]</i>
51	UG21056	KARTHIKA C	<i>[Signature]</i>
52	UG21057	KARTIK V S	<i>[Signature]</i>
53	UG21058	KEZY SARA KOSHY	<i>[Signature]</i>
54	UG21059	LAEAL FIROS CHANGAROTH	<i>[Signature]</i>
55	UG21060	LEEVA ELEZABATH C V	<i>[Signature]</i>
56	UG21061	LIAN ABRAHAM	<i>[Signature]</i>
57	UG21062	LINDA LALICHAN	<i>[Signature]</i>
58	UG21063	LIS ANIL	<i>[Signature]</i>
59	UG21064	MALAVIKA SUJITH	<i>[Signature]</i>
60	UG21065	MARIA BABU	<i>[Signature]</i>
61	UG21066	MARIAM SHMOONI	<i>[Signature]</i>





62	UG21067	MARY GLORIA	
63	UG21068	MATHEW PUNNOOSE	
64	UG21069	MEERA RAKESH	
65	UG21070	MERLIN BENNY	
66	UG21071	MISHAL PALLAN	
67	UG21072	M J JOHN PAUL	
68	UG21073	MOHAMED ADNAN	
69	UG21074	MRIDHUL REMESH	
70	UG21075	MUHAMMED FAISAL K	
71	UG21076	NASRIN GAFOOR CHENNAN KUNNATH	
72	UG21077	NAVYA RAPHEL KAVALAKKAT	Absent
73	UG21078	NAYAN TARA S	
74	UG21079	NEHA SUNIL	
75	UG21080	NITHYA BENEDICOSE	
76	UG21081	REMYA ROY	
77	UG21082	REVATHY ANILKUMAR	
78	UG21083	RIYA TESSA JOHN	
79	UG21085	ROSHAN ROY VARUGHESE	
80	UG21086	SEBA SABU THOMAS	
81	UG21087	SHIBINU S MATHEW	
82	UG21088	SHIFNA	
83	UG21089	SHOGAN YESUDAS	



84	UG21090	SIDHARTH MAHESH MENON	<i>SM</i>
85	UG21091	SOPHY SUSAN THOMAS	<i>Styph</i>
86	UG21092	SREELAKSHMI MOHAN	<i>SM</i>
87	UG21093	THANSEEMA HAMZA	<i>HS</i>
88	UG21094	THOMAS GEORGE B	<i>TG</i>
89	UG21095	THOMAS JOS KANATT	<i>Thomas</i>
90	UG21096	VIDU KRISHNAN	<i>Vidya</i>
91	UG21097	VISHNUPRIYA P S	<i>Absent</i>
92	UG20015	AMINA SAIFUDHEEN	<i>A</i>
93	UG20048	GOURI NANDANA S	<i>Absent</i>
94	UG20065	MEGHA A J	<i>Absent</i>
95	UG20071	MYMOONA FIROZ	<i>M</i>
96	UG20076	NELVIN CHERIAN SHIJI	<i>Absent</i>
97	UG20089	SANDRA SAJI	<i>S</i>



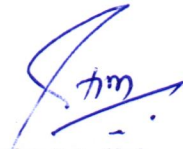
Report Prepared by : Mrs. Liji K O, Associate (T), Administration (MC)

Verified by :



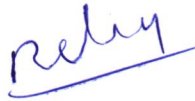
1. Dr. Deepti Ramakrishnan, Vice Principal and IQAC Coordinator

2. Dr. Maliakel Steffi Francis, Assistant Professor , Department of Community Medicine



Approved by

: Dr. Betsy Thomas, Principal & IQAC Chairman



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