

Quiz competition on Vitiligo Day



Betsy

Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
PRINCIPAL



AMALA INSTITUTE OF MEDICAL SCIENCES
Amala Institute of Medical Sciences (An Undertaking of Amala Cancer Hospital Society)

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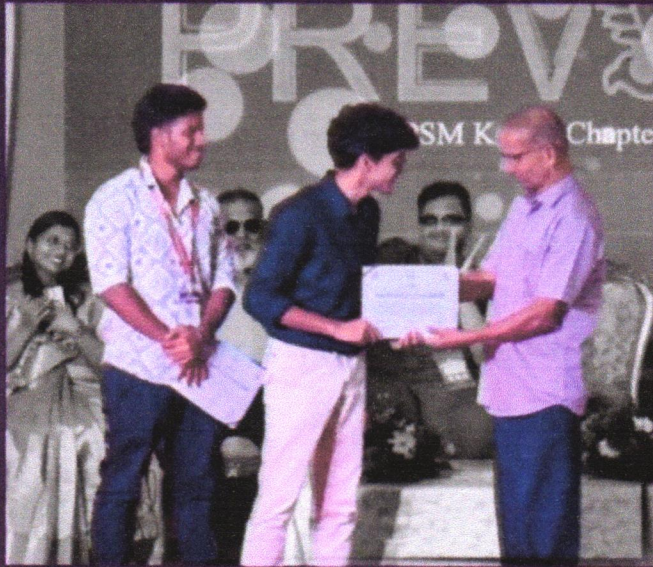




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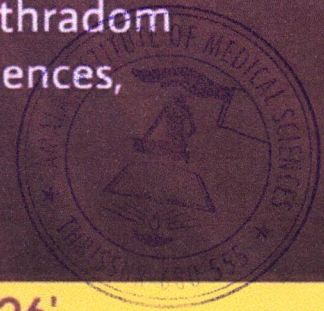


PREV MED Debate

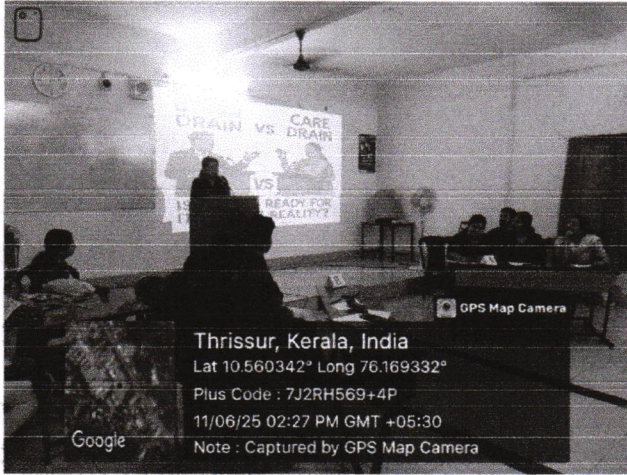


Rohan Suchithran
of Batch 2023 and
Sidharth Mahesh
Menon

of Batch 2021 was awarded 3rd Prize for
Debate competition held at Sree Uthradom
Thirunal Academy of Medical Sciences,
Thiruvananthapuram.



Vyuha College Council 25'-26'



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DEBATE



PRIZE DISTRIBUTION PHOTO



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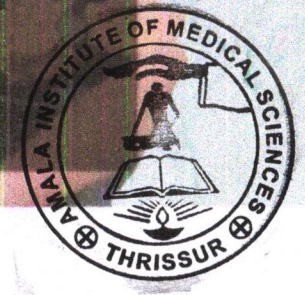
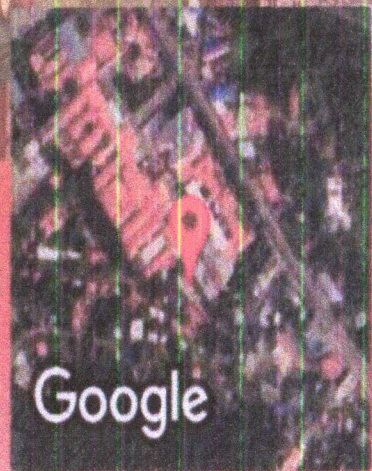
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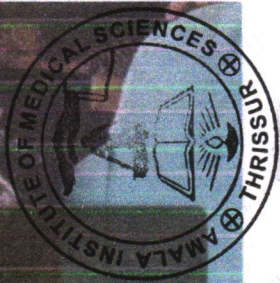
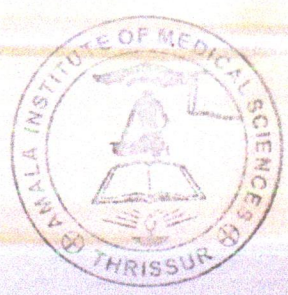
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Plus Code : 7J2RH569+5H
25/04/25 02:40 PM GMT +05:30
Note : Captured by GPS Map Camera





NEUROQUIZ
 27.04.2025
 Observance of Parkinson's Day
 Dept of Physiology
 Amala Institute of Medical Sciences



 **GPS Map Camera**

Thrissur, Kerala, India

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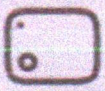
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GPS Map Camera



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Thrissur, Kerala, India
H569+4p3, Amalanagar, Thrissur, Kerala 680555, India
Lat 10.560302° Long 76.169174°
16/05/2025 12:08 PM GMT +05:30

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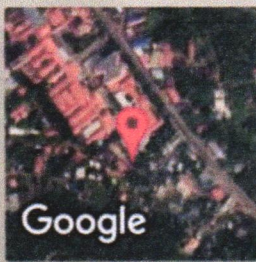
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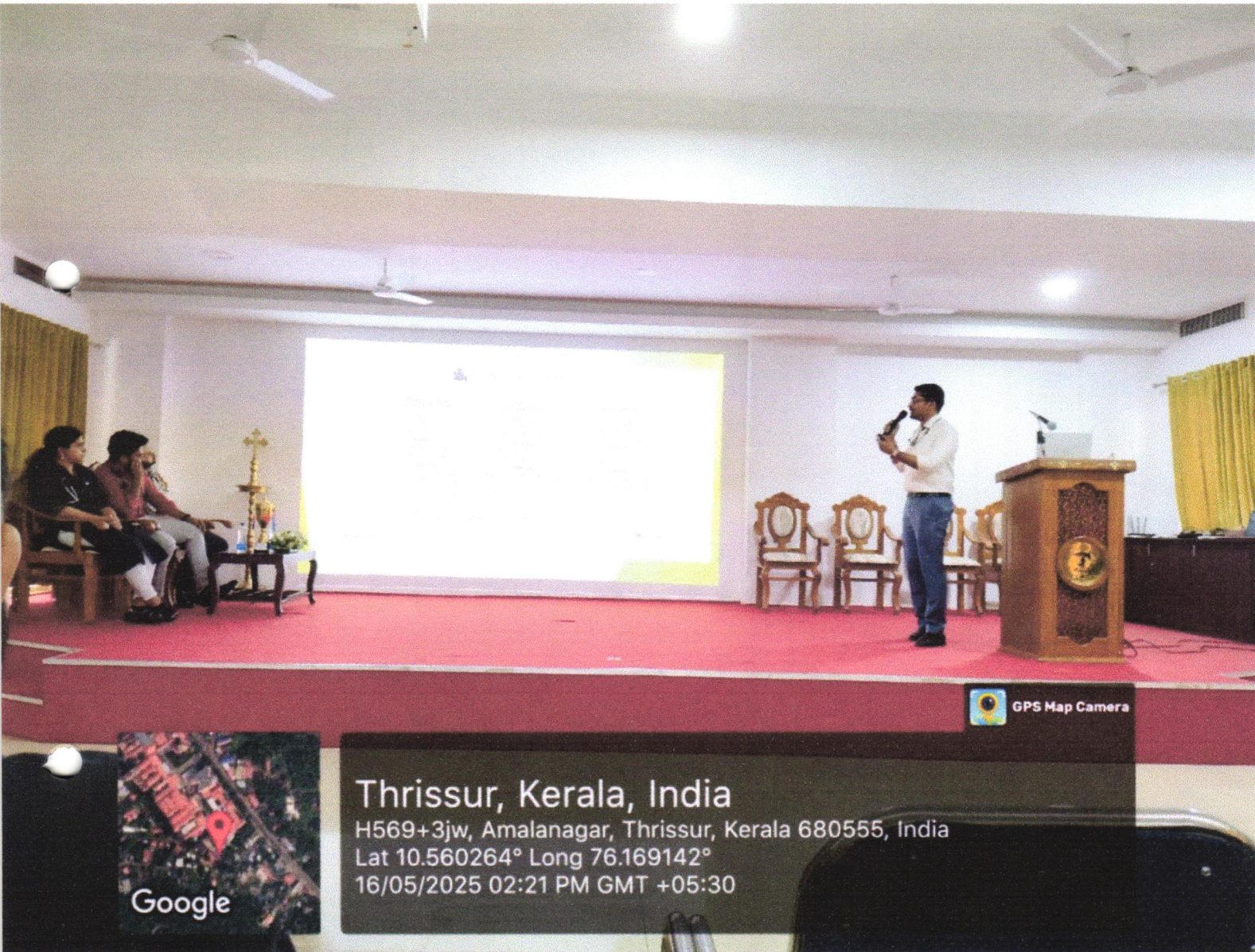


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ASSOCIATION OF PHYSICIANS OF INDIA **KERALA STATE CHAPTER**



**ASSOCIATION OF
PHYSICIANS OF INDIA**
KERALA STATE CHAPTER



First Quarterly Meeting - 24

29th September 2024

Venue: **Amala Inn, Thrissur**



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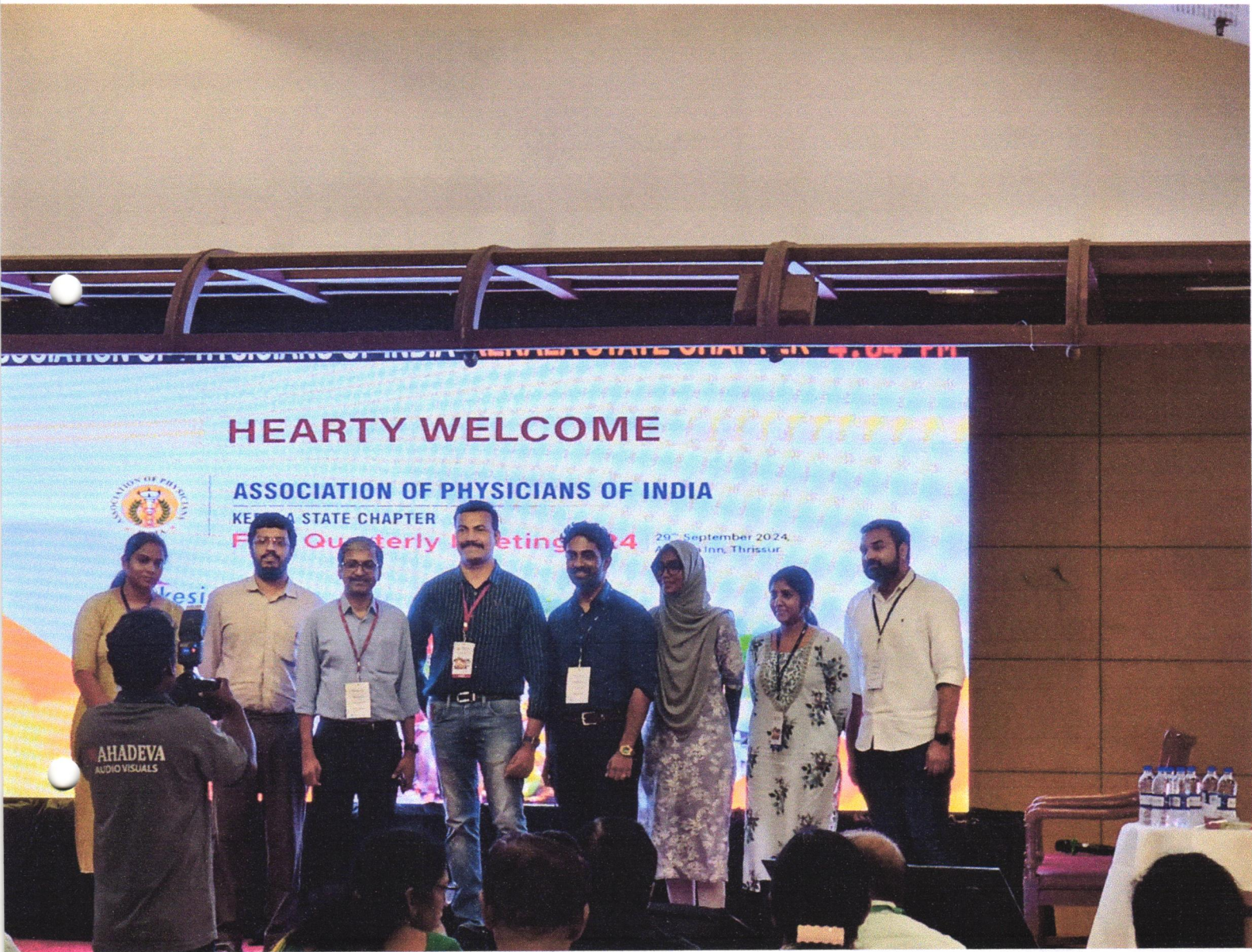
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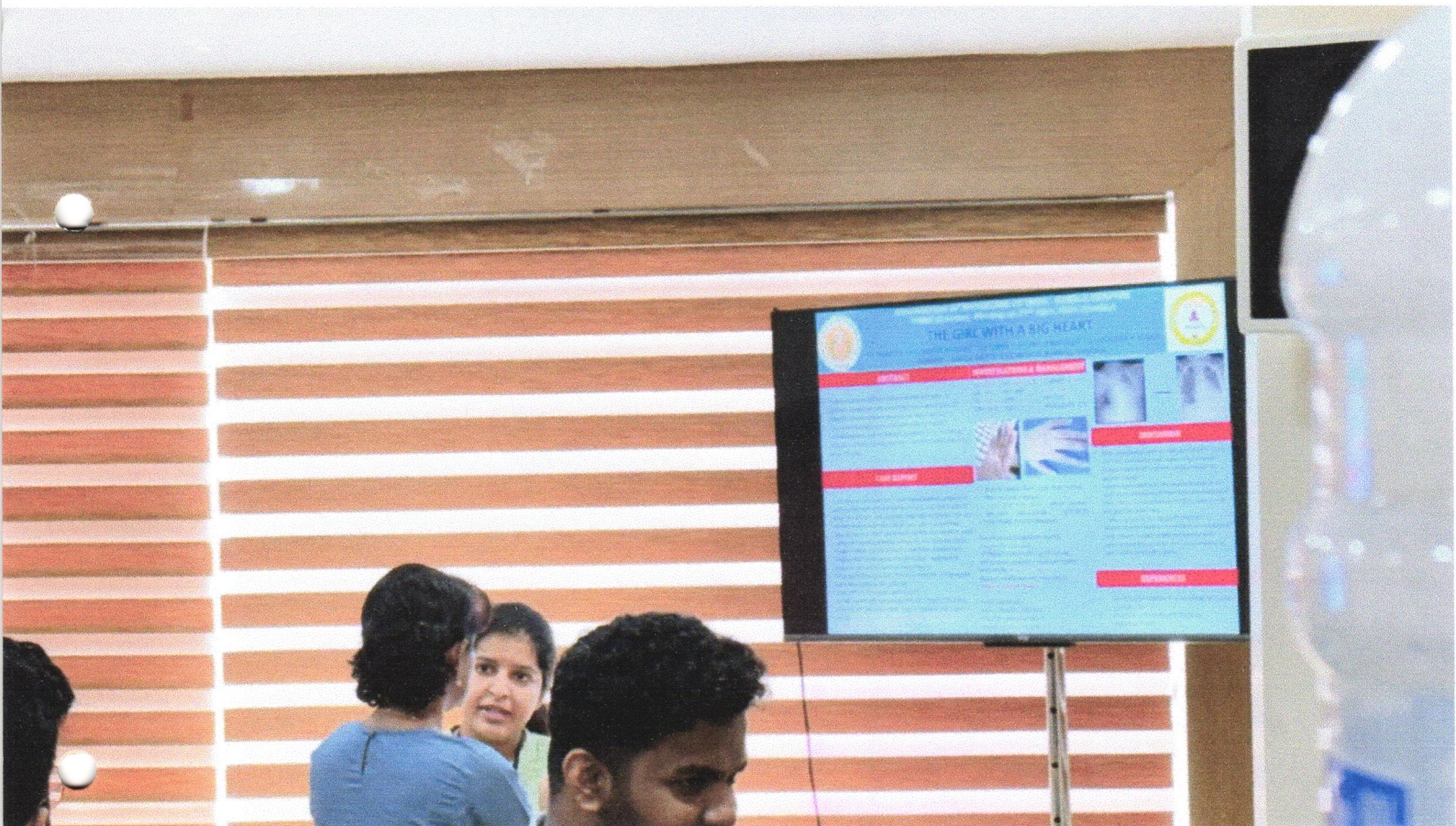
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ASSOCIATION OF PHYSICIANS OF INDIA
KERALA STATE CHAPTER

First Quarterly Meeting - 24
29th September 2024
Venue: [Inn], Thrissur





ASSOCIATION OF PHYSICIANS OF INDIA - KERALA CHAPTER
 THIRD Quarterly Meeting on 27th April, 2019 (Sunday)
A DIAGNOSTIC CHALLENGE: SEVERE ANEMIA WITH PERICARDIAL EFFUSION IN A 59-YEAR-OLD FEMALE
 Dr. Betsy Thomas, FRCOG, DNB, MICOG, PRINCIPAL, AMALA INSTITUTE OF MEDICAL SCIENCES, AMALA NAGAR, THRISSUR-680 555

ABSTRACT
 Anemia is a common clinical finding with a broad differential diagnosis, ranging from nutritional deficiencies to chronic infections and malignancies. Vitamin B12 and folate deficiencies are well-known causes of megalocytic anemia and can present with systemic features that occasionally obscure underlying pathologies. Pericardial effusion, while typically attributed to infectious, inflammatory, or malignant causes, can initially be masked by the hemodynamic consequences of severe anemia. We present a case where a patient with anemia due to vitamin deficiency was later diagnosed with tuberculous pericardial effusion, highlighting the importance of maintaining a broad differential when evaluating complex clinical presentations.

CASE REPORT
 • 59 year old female
 • C/D B/L. Puffal edema and DOE + 2 weeks
 • Husband had history of Pulmonary TB
 • Vegetarian diet

D/E: BP 90/60/70 HR 88bpm SpO2 96%
 Faller +, B/L Puffal edema +, Tachycardia
 C/D: B/L basal crepitations
 C/E: Elevated JVP, Murmur S1, S2
 C/S: Peripheric Sensory Neuropathy

PHON: Dr. CCF- SEVERE ANEMIA-VITAMIN B12 DEFICIENCY WITH PERICARDIAL EFFUSION WITHOUT TUBERCULOSIS

INVESTIGATIONS & MANAGEMENT

PROF: Hb 7.8 g
 Hb% 24
 PLT 21,400
 ESR 80
 RFT: 2.26 mg/dL Cr
 UREA 22
 CREATININE 0.4
 TOTAL ALBUMIN 3.2
 FOLATE 0.02
 VITAMIN B12 80

ALBUMINOL 3.75 L
 URIC ACID 3.4
 HbA1c 5.8
 FOLIC ACID 10 mg
 VITAMIN B12 1000 mcg
 FOLIC ACID 10 mg
 VITAMIN B12 1000 mcg

PERICARDIAL FLUID
 WBC 40
 RBC 75
 HGB 0.84
 HCT 0.24
 PROTEIN 5.5
 ALBUMIN 0.5
 GLUCOSE 109
 LACTATE 1.1
 Patient was started on Empirical ATT
 Amphotericin-BETTER

CONTRAST NEGATIVE
 PAIN NEGATIVE
 PNL NEGATIVE
 HSG NEGATIVE
 METABOLIC LYMPHOCYTOSIS
 WITH SPECIFIC ETIOLOGY

DISCUSSION
 Tuberculous pericardial effusion commonly presents with non-specific signs but can lead to life-threatening complications. Echocardiography is the gold standard for the diagnosis of pericardial effusion. Although physical examination may suggest pericardial effusion, it is often missed. Pericardial biopsy was done for HSG, Dexamethasone



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TEAM AMALA WINNERS OF THE FUN FUNDAAZ QUIZ



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Dr Rahul B and Dr Elsa Kuruvila , PG residents in Ophthalmolgy, AIMS won the First prize in the State level quiz for consultants & postgraduates organised by Cochin Ophthalmic club under the aegis of Kerala society of ophthalmic surgeons. This is the fourth consecutive win for Team Amala in state level quiz competitions in the past one year.

Dept. of Ophthalmology

Congratulations



Dr. Elsa Maria Kuruvilla & Dr. Hridya Dominic

For bagging the 2nd prize in the
State-Level PG Quiz Competition conducted by the
Kerala Society of Ophthalmic Surgeons (KSOS).



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**AMALA RESIDENTS LIZBETH TOM & RAHUL BHASI
BAG THE SECOND PRIZE IN THE STATE LEVEL PG QUIZ COMPETITION
CONDUCTED BY THE KERALA SOCIETY OF OPHTHALMIC SURGEONS.
MORE THAN 84 TEAMS FROM ALL OVER KERALA PARTICIPATED.**

Dept. of Ophthalmology

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