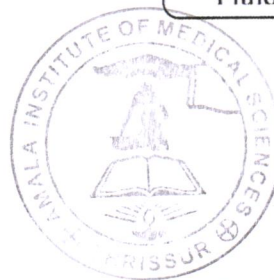
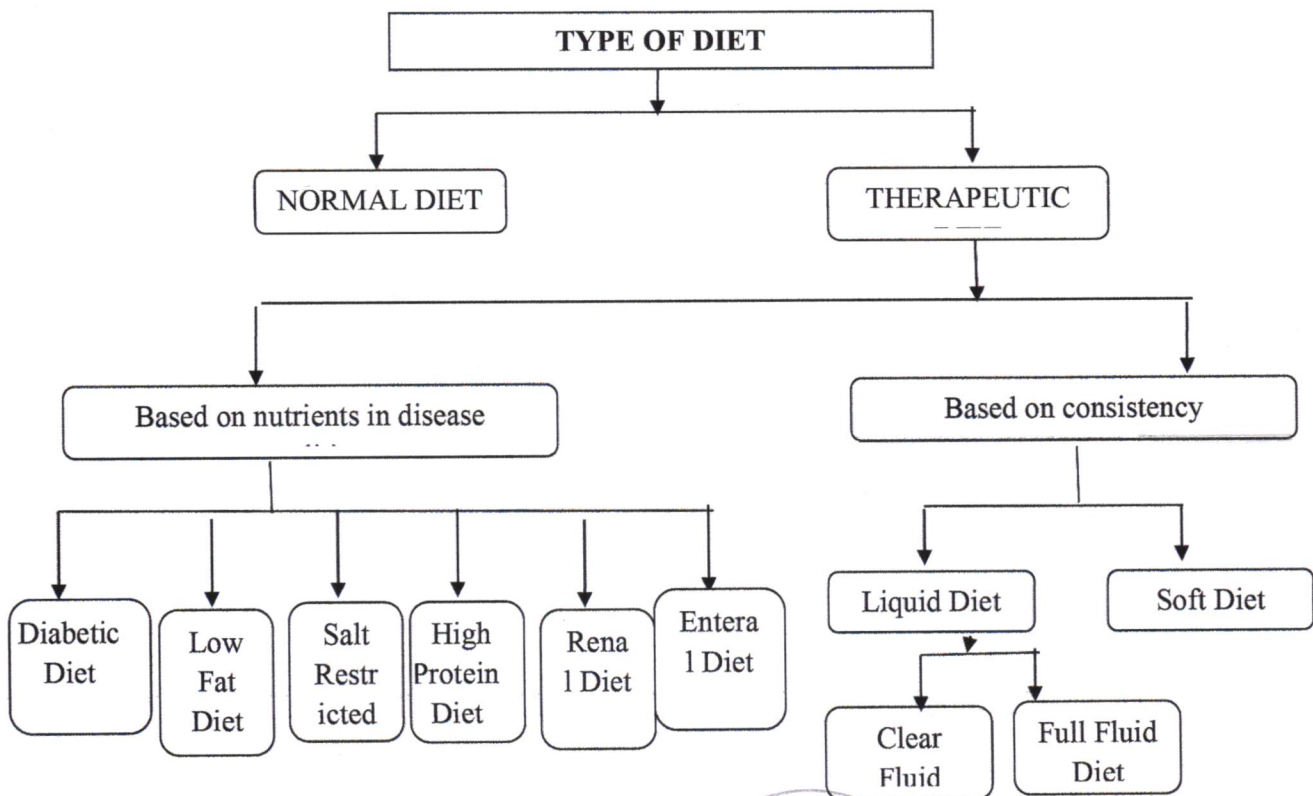
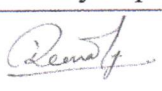
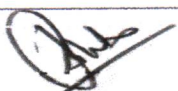
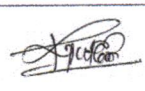
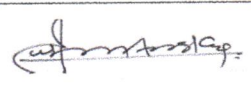


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Diet prescription designates the type, amount and frequency of feeding based on the individuals disease process and disease management along with the calorie level (or) other restrictions to be implemented. It may also limit or increase various components of the diet such as carbohydrate, protein, fat, vitamins, minerals, fiber, phytonutrients and water.

TYPE OF DIET



Prepared By	Verified By	Approved By	Issued By
Ms.Reena HOD Dietary Department	Dr. Rajesh Anto Medical Superintendent	Fr. Deljo Puthoor CMI Accreditation Co-ordinator	Fr.Julious Arakkal CMI Director
			

Betsy
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NUTRITION CLINIC TUBE FEED MENU PLAN



Amala
INSTITUTE OF MEDICAL SCIENCES
NABH ACCREDITED ISO 9001:2015

REDEFINING
CARE
everyday
in every way

Weight (kg) : Height (cm) : BMI/IBW : Ph. No : 2304074

CALORIE : DATE :

PROTEIN : NAME :

FAT : HOSP. ID :

MI : / hrly BED No :

6.30 am - Supplement

8.30 am - Rice-green gram dhal blend + salt g + oil ml

10.30 am - Egg nog

12.30 pm - Rice-green gram dhal blend + 1 pinch nutmeg + curd + salt g + oil ml

2.30 pm - Chicken soup / Barley water

4.30 pm - Milk + supplement

6.30 pm - Veg. soup

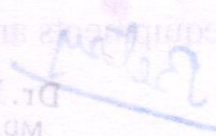
8.30 pm - Rice blend + salt g + oil ml

10.30 pm - Supplement

SIGNATURE : 

ASSESSED BY DIETITIAN :
Dr. BETSY THOMAS
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PD(AIMS, 08/24)

Guidelines for tube feeding

- ◆ Good personal hygiene is essential for the person who handles the feeds. Disinfect all the utensils used for feed preparation.
- ◆ Lying prone position increases the risk aspiration, therefore the head of the bed should be elevated 30-45 degrees during feeding.
- ◆ Supplements should be kept in a clean air-tight containers and stored in a dry cool place. It is not safe to use product after the 'use by date' follow the instructions on the packet.
- ◆ Dilute the supplements in warm milk or water to form a paste & then make up to the recommended volume. Make sure there are no lumps left in the feed.
- ◆ All the feed should be consumed within 2hrs after preparation.
- ◆ Enteral tube should be flushed with 20-30 ml of sterile water prior to and after feeding to keep it clear. Flush volumes should be included within the recommended fluid intake.
- ◆ All the feeds should be well cooked, blended and strained before introducing to the patient. The volume of the feed the quantity of salt, coconut oil and other ingredients should be according to the recommendation of a dietitian or a doctor. Adding coconut oil helps to provide enough calories to the patient. Make sure there are no lumps left in feed before administration.
- ◆ Make sure that the urine output is according to the water consumption.
- ◆ Ensure that all the feeding utensils are properly cleaned and maintained. If there equipments are not clean enough it may lead to severe infections.

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