

diabetic



Amala
INSTITUTE OF MEDICAL SCIENCES
PIONEERING CARE
SUSTAINING QUALITY

PRE-PLACEMENT MEDICAL EXAMINATION FORM

GENERAL / CLINICAL / NON CLINICAL / FOOD HANDLERS

Name: Joshiya P. J Aged 24 Gender M/F Hospital ID: 3299623 Date: 01/07/25
Department: Nutrition clinic Mob: 8590432266
Past History: Typhoid / Jaundice / Tuberculosis / Chicken pox / Herpes / Measles / Others (Nil)
Recent History of any diseases: Yes / No, if yes specify (Nil)
Personal History: Smoking / Alcohol consumption / others (Nil)
Present illness, if any:

CLINICAL EXAMINATION:

General Physical Examination

Hair: Clean / Eyes: Normal / Pallor, Icterus / Vision: 6/6
Ears: Normal / Oral Cavity: Normal / Nails: Cut & Clean / Normal
Pallor, Jaundice, Clubbing, Edema, Lymphadenopathy, Skin: Normal
Pulse: 72 / minute B.P.: 110/30 / mm of Hg

Systemic Examination

Respiratory: N.B.S, No added sounds Cardiovascular: S1, S2, No murmur
Gastro-intestinal: Soft, Non tender Psychiatric evaluation: Satisfactory / Not satisfactory
Nervous system: No FND

LABORATORY INVESTIGATIONS

Sl.No.	Investigations	Results
1	CBC <u>tc: 3.73 x 10³/ul, N: 52.1, L: 40.2, E: 2.1, Hb: 12.5 g/dL, plt: 298 x 10³/ul</u>	
2	RBS	<u>103 mg/dL</u>
3	URE	
4	MRSA Swab for culture & sensitivity	} <u>NA</u>
5	Chest X-Ray Findings	
6	HIV, HBsAg, HCV status	
7	Anti Hepatitis B Titer - if already vaccinated - (check titer > 10 IU/ml adequate. If titer < 10 IU/ml - check HBsAg status → if negative → give Hepatitis B immunoglobulin and one dose of Hepatitis B vaccine and check titer after 1 month)	<u>452 mIU/ml</u> <u>- Adequate</u>
8	Food handlers - Hb, CBC, URE, Stool RE, Stool culture, Chest X-ray	<u>- NA</u>

FITNESS DETAILS:

Fit / Unfit if unfit, mention the reason

Corrective measures

VACCINATION HISTORY:

Sl.No.	Vaccination Details	Date of last dose received	No of Dose received	Remarks
1	Hepatitis B <u>Titer adequate</u>			
2	Chicken pox <u>NA</u>			
3	Typhoid			

HR Department: Ningy

Name & Signature of Medical Officer: Dr. Malakel J. Francis



PDC/IMS.03.25

03/08/2024



Amala

ANNUAL HEALTH CHECK-UP

Employee Name: Geetha Mohandas Age: 26 Gender: M/F Hosp ID: 2998709 Date: 18/1/24

Department: Nutrition clinic Designation: Jr. Dietician Date of Joining: 1/8/2022

Past History: Typhoid/Jaundice/Tuberculosis/Chicken pox/Herpes/Measles/Others (Nil)

Recent History of any diseases: Yes/No, if yes specify ()

Vaccination History Covidshield 2 doses, Hep - B - 3doses, Vaccines 2doses

Personal History: Smoking / Alcohol consumption/ others ()

Present illness, if any Nil

CLINICAL EXAMINATION:

General Physical Examination

Pallor, Jaundice, Clubbing, Edema, Lymphadenopathy

Hair: Clean / Eyes: Normal/Pallor/Icterus/ Vision: 2/6

Ears: Normal / Oral Cavity: Normal /

Nails: Cut & Clean /

Skin (Any lesions) No lesion

Pulse: 80 /minute B.P. (10 / 70 mm of Hg RBS: 85mg/dl

Systemic Examination

Respiratory System: NUBS, ABRE

Cardiovascular System: S1, S2 (+)

Gastro-intestinal System: Soft, nontender

Psychiatric evaluation: Satisfactory

Nervous system: NFND

AD
Dr. Anitha

Fit / Unfit

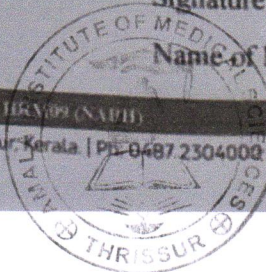
Comments if any
AMALA INSTITUTE OF MEDICAL SCIENCES
AMALA NAGAR, THRISSUR-680 555

Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
PRINCIPAL

Amala Nagar
Date: 2/1/25

Betsy

Signature [Signature]
Name of Medical Officer: Dr. Steffi Francis



FDX/AMIS/09/24