

- The meeting began with a silent prayer.
- Director Fr. Julious Arakkal welcomed all members to the meeting.
- Father mentioned about the ongoing construction work at Medical College. He stated that the work is progressing rapidly in view of the upcoming Board of Management meeting on 16th November and 'MEDEX CONCORDIUM 2025' event scheduled for 22nd November.
- Director expressed his happiness regarding the First (2024 Batch) & second (2023 batch) year MBBS examination results. He congratulated the faculty & students for their efforts in achieving these excellent outcomes. He also conveyed special appreciation to the Dept. of Pharmacology for securing 100% pass percentage in the Phase 2 examination result of the 2023 batch.
- Father discussed the matter of 'Seed Money' and stated that faculty members retiring next year, as well as the current Senior Residents may apply for the 'Seed Money'. However, the final decision will rest with the management, and the performance of the senior residents will also be taken into consideration.
- Principal, Dr. Betsy Thomas, welcomed all members to the meeting and discussed the matters of the previous meeting.
- Principal informed that the Anaesthesiology & Radiodiagnosis departments had their DME inspection on 5th November, 2025. The essentiality request for increasing MBBS seats from 100 to 200 has already been submitted. The request of General Medicine & Emergency Medicine departments are under process. She also added that any other department wishing to increase their PG seats may submit their request within two weeks.
- She informed that PG council has been established in our institution and that we have issued written guidelines and regulations to the council. She also mentioned that, as per new directives, they will have their meetings & celebrations without compromising duty hours.
- She explained about the upcoming UG conference 'MEDEX CONCORDIUM 2025', which will be held in our college from 22nd to 26th November.
 - On 22nd November, there will be a common holiday for all MBBS batches.
 - For 2021 & 2025 batches, classes will continue as usual.



- As 2022 batch is organizing the event, there will be no classes for this batch on those days and classes will restart on 28th November.
- For 2023 & 2024 batches, clinical postings will be held in the morning, and there will be no theory classes in the afternoon.
- The academics will continue as usual until 19th noon, afternoon onwards other departments may occupy the venue for exhibition preparations.
- The classrooms must be cleared by 27th November, and regular academic schedules should resume on 28th November without fail.

She added that 'MEDEX CONCORDIUM 2025' is considered a national – level event, with participation expected from students across different states and expecting around 1 lakh people in total over 5 days.

- Dr. Prince M. Paul (HOD Forensic Medicine), invited all faculty members to the 'National symposium' to be held on 25th November, 2025 as a part of 'MEDEX'. The Chief Guest for the program will be Shri. Ravala A. Chandrasekhar IPS. He also mentioned the topics that will be discussed during the symposium. He expressed his gratitude to the management for the support extended in organizing the National Symposium.
- The Director mentioned about the discussion regarding conducting medical camps. He informed that a committee was formed, and they concluded that in next year 2026, Amala will conduct 12 major medical camps, one camp per month. The small camps, departmental camps, and in- house camps will not be included in these 12 camps. Only the external major camps will be counted in the total of 12.
- Dr. Betsy Thomas informed that any faculty who faces difficulty in punching due to issues with their mobile phone may come to the office, where the staff will assist them with the mobile punching process. NMC has banned all wall mounted face recognition punching machines.
- The minutes of the previous meeting were passed.
- Principal highlighted the important events of the months of September & October. She also offered special congratulations to Dr. Ajith T.A (Dept. of Biochemistry), who has been featured in Stanford University's list of the World's top 2% most influential scientists 2025. In addition, she congratulated the MBBS students who won prizes in the KUHS C-Zone Arts & Sports competitions.



SEPTEMBER

08.09.2025: Dept. of PMR observed 'World Physiotherapy Day'.

: Dept. of Ophthalmology conducted 'Free Eye Camp' as a part of World Eye sight Day.

09.09.2025: Inaugurated Urban Health Training Centre (UHTC) at Chettupuzha .

10.09.2025: Dept. of psychiatry observed 'World Suicide Prevention Day' and organized a awareness session in connection with the day.

15.09.2025: Dept. of General Medicine observed 'World Lymphoma Awareness Day'

21.09.2025: AMPI- Kerala chapter & AIMS collectively organized AMPI- Kerala Chapter Annual Academic Meet on 'Radiation Safety in Health Care'

: Dept. of Neurology observed 'World Alzheimer's Day'

25.09.2025: Dept. of Pulmonary Medicine observed 'World Lung Day'.

28.09.2025: Kerala AIDS Control Society & AIMS NSS unit jointly organized 'Yuvajaran Camp & HIV awareness class'.

: Dept. of Neurology observed 'World Rabies Day'

29.09.2025: Dept. of Cardiology as a part of 'World Heart Day' organized a Medical camp, awareness session and physical fitness 'Push- up challenge' competition.

: Dept. of Ophthalmology observed 'World Retina Day'.

OCTOBER

03.10.2025: 'Vidhyarambam' for 2025 MBBS batch, started orientation course for the new batch.

04.10.2025: Dept. of Oncology in collaboration with Thrissur Cooperation, started conducting cancer screening camps, tests, mammogram etc for selected divisions in Thrissur cooperation.

05.10.2025: Dept. of Neurology observed 'World Meningitis Day'.

06.10.2025: Dept. of PMR & CDC jointly conducted Free Multidisciplinary Assessment camp for children with Cerebral palsy (below 18 years) as a part of World Cerebral Palsy Day

08.10.2025: Amala Day care Oncology Clinic – one year completed.

: Dept. of Pharmacology & Nursing Administration collectively organized a workshop on 'SAFE MEDS'-Observe, Report, Prevent ADRs.

09.10.2025: MOU signed between Amala & IIIT, Kottayam.



: Dept. of Ophthalmology observed 'World Sight Day'. Launched 'Amala Nayana Gift a Glass Campaign: Reduce-Recycle-Reuse' a multiphase ecofriendly initiative for recycling old spectacle frames into affordable eyewear.

10.10.2025: Dept. of Psychiatry observed 'world Mental Health Day'

11.10.2025: Dept. of pain & Palliative observed "World Hospice & Palliative Care Day".

15.10.2025: Dept. of Anatomy observed 'World Anatomy day'

16.10.2025: Dept. of Anaesthesiology observed 'World Anesthesia Day', organized CPR training program for public.

: Dept. of Neurosurgery observed 'World Spine Day'

: 2024 Batch Phase I Result- Pass Percentage- 95%, Distinction- 4, First Class- 43, Second Class- 48.

17.10.2025: Dept. of Emergency Medicine observed "World Trauma Day".

18.10.2025: Dept. of ENT & Anatomy in association with AOI & TENTS, conducted 'AANCHOR 2025' a two- days dissection course for head & neck organized training.

20.10.2025: Dept. of Rheumatology, observed 'World Osteoporosis Day'.

24.10.2025: Dept. of Library organized- Two day National Workshop on 'Citation Analysis & Bibliometric Tools for Publishing'

: Dept. of Paediatrics observed 'World Polio day'

25.10.2025: Dept. of Oncology observed 'Breast Cancer Awareness Month', and conducted Breast cancer screening camp.

: Dept. of Medical Oncology organized 'Amala Oncology Breast Cancer Conference (ABCC'25)'.
26.10.2025: Amala Jesus Youth Meet - 'FIAT '25'

27.10.2025: Dept. of Community Medicine organized a lecture on 'International Health Regulation (IHR) & Travel Medicine', the resource person was Ms. Jasmine Maniyanipurath, IAEA, Austria.

29.10.2025: Dept. of Dermatology observed 'World Psoriasis Day'.
: Dept. of Neurology observed 'World Stroke day', and conducted awareness session at Amala chapel.

NOVEMBER

07.11.2025: 2023 Batch Phase II Result- Pass percentage - 93.75%, Distinction- 6, First Class-49, Second Class- 35.



AMALAGRAMA

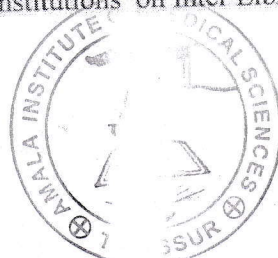
- Dept. of Community Medicine organized awareness class about 'Intestive worm infection' for the Haritha karma seana workers in the kaiparambu panchayath.
- Dept. of Community Medicine conducted a health checkup and awareness class about 'Stroke' in the Erumapetty Panchayath
- An awareness class about 'Breast Cancer' was conducted for the mothers of Tholur panchayath by Dr. Licia (Dept. of OBG).
- Awareness class at Kaiparambu Gramapanchayath, about 'Basic Exercises for Muscle Strength' class was taken by Physiotherapist Mr. Rasheed.
- Awareness class at Kaiparambu and Adat Gramapanchayath, about 'Mental Health' class was taken by Dr. Stalin Kurian (Psychologist).
- Awareness class for students of G.H.S.S, Erumapetty about 'Basic Life Support', session was handled by Dr. Sreejith (Dept. of Emergency Medicine)
- Awareness class for teachers of St. Joseph Special School, Cheroor , about 'Basic Life Support', session was handled by Dr. Jobin Jose (Dept. of Emergency Medicine)
- Dept. of Community Medicine organized awareness class about 'Dengue Fever' at Kaiparambu panchayath ward 9.
- Awareness class at Erumapetty panchayath, about 'Nutritious Food' class was taken by Dr. Sruthy C.M (Dept. of Community Medicine).
- Awareness class for students of St. Thomas College, Thrissur, about 'Mental Health Emergencies', session was handled by Dr. Vineeth Chandran & Ms. Niji Vijayan (Dept. of Psychiatry)
- Conducted Thyroid Testing Camp and awareness class about 'Healthy Diet' at Tholur & Kaiparambu Panchayath.
- Awareness class for students of St. Clare's School, Thrissur, about 'Healthy Life Style', session was handled by Dr. Dinu M. Joy (HIC)
- Awareness class at Kaiparambu Panchayath, about 'Malaria' class was taken by Mr. Mohammed Rafi (Dept. of Community Medicine).
- Awareness class at Kaiparambu Panchayath, about 'Breast & Cervical cancer', class was taken by Dr. Lt. Col Vipin (Dept. of OBG).
- Awareness class at Adat Gramapanchayath, Pakal veedu, about 'Coping with Stress' class was taken by Dr. Stalin Kurian (Psychologist).

LIBRARY

1. **Research Publishing Support Services:-** Publishing Support Services provided by the DLRD are continuing. Details of the services provided from the Department during Sept. - October 2025 are given below:

Papers Submitted : 07 Nos.
Papers Accepted : 02 Nos. to Scopus Indexed Q3 Journals
Papers under Process : 05 Nos.

2. **Documentation and Document Delivery Services:-** The Library has collected 53 full text research papers from other libraries, and institutions on Inter Library Document.



Delivery Basis and provided to our students and staff during the period Sept. - October 2025.

3. **Similarity and Plagiarism Advisory Services:-** The Library provided 37 Similarity and Plagiarism Advisory Services during the period Sept. - October 2025, out of which 02 services were provided to external Institutions.
4. **Publication Division of Amala:-** The "Amala Academic Publications" is continuing to publish Books with ISBN. The third book, "123 Medicinal Plants of Global Importance"; Chief Editor: Dr. C.I. Jolly from the Amala Ayurveda Division is under process for publishing with ISBN.
5. **National Digital Library of India (NDLI) Programmes**

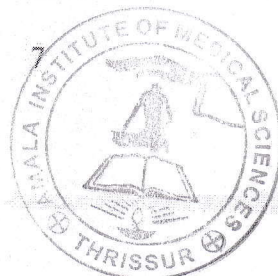
The Dept. of Library & Research Documentation, the NDLI Club of Padma Bhushan Fr. Gabriel Central Library of Amala jointly organized the following programmes during the period:

- a. A talk on **Snippets of Dementia and Alzheimer's Disease**. Organized on September 25th at 7pm. Dr. Mary Anne Poovathingal, Associate Professor, Dept. of Neurology, AIMS led the talk and discussions online. 102 persons participated.
 - b. A talk on **Food Connects Us: Celebrating the Power of Food and Nutrition** on September 23rd, 2025 at 3 pm. Dr. Reena K. Chittilappilly, Chief Dietician, Dept. of Nutrition and Dietetics AIMS led the talk and discussions online. 123 persons attended.
 - c. A talk on "**Sudden Cardiac death in Young**" was organized on Sep. 28th, 2025 at 7 pm. Dr. Rupesh George, Associate Professor, Dept of Cardiology, AIMS led the talk and discussions online. 120 persons attended.
 - d. A Talk on "**Prevent, Detect, and Defeat Stroke**" was organized on Oct 26th, 2025 at 8:00 pm. Dr. Jayasanker V.R, Consultant, Dept. of Neurology, AIMS led the talk and discussions online. P.K. Das College of Nursing, Palakkad collaborated and 130 participants attended.
6. **Two Day National Workshop on Citation Analysis and Bibliometric Tools for Publishing**

A two day national workshop on Citation Analysis and Bibliometric Tools for Publishing was conducted on 24-25 October 2025.

FACULTY

- Dr. Ajith T.A has been featured in Stanford University's list of the World's top 2% most influential scientists 2025.
- Dr. Mithun P Gopalakrishnan (Dept. of Urology) has been awarded Dr. P.A Abraham Traveling fellowship of Urology association Kerala for the year 2025.
- Dr. Lekha K. Nair (Dept. of Pathology) was the moderator of the event of Kerala Chapter IAPM - Slide seminar on Cytopathology, hosted by Govt. Medical College, Thiruvananthapuram.
- Dr. Meekha Cizly James (Dept. of Dermatology) has been awarded the All India PG Thesis award (3rd Prize) for her work 'Study on Prevalence of Subclinical Achilles Enthesitis in Psoriasis', held at Surat, Gujarat.



PG

- Dr. Sarah Mary Paul (Dept. of Dermatology) is awarded IADVL Postgraduate Thesis Grant 2025 for her thesis titled 'A Study on the correlation Between Serum Hecpidin and Severity of Acne Scarring Among Patients visiting the Dermatology OPD in a Tertiary Care Centre'.
- Dr. Ashly Antony (Dept. of Ophthalmology) and Dr. Pretty Paulson (Dept. of Community Medicine) secured ICMR PG research Grant 2025 (of Rs. 1 lakh each). They were felicitated during the meeting.
- Dr. Sarath. R secured 1st & Dr. Mathew bagged 2nd prize (Dept. of ENT) for e- poster competition at KAPSICON 25- Laryngology conference.
- Dr. Sarath .R (Dept. of ENT) won the Best paper Medal at KENTCON 25- ENT state conference.
- Dr. Sisira V (Dept. of Com. Medicine) won Best Oral Paper for the session on Scientific work at 'PREVMED 1.0 – 1st state conference of IAPSM Kerala chapter held at SUTMAS , Thiruvananthapuram.
- Dr. Varsha Rajkumar (Dept. of Resp. Medicine) secured 2nd prize for poster presentation in the state conference PULMOCON 25, held at Kumarakom.
- Dr. Ann Xavier Pulikkal (Dept. of Resp. Medicine) has secured 2nd prize in the oral presentation in the 4th conference of the Kerala chapter of Indian chest society, held at Kannur.

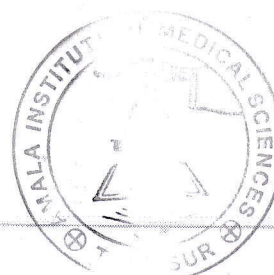
STUDENTS

- Rohan Suchithran (2023) won 2nd prize in oral presentation at 'GALECON 2025' held at Sree Gokulam Medical College, Venjaramoodu.
- Joel Edakalathur (2022) & Rohan Suchithran (2023) won 1st place in All India Quiz Contest 'TRIQUIZZARD' conducted by JIPMER quiz club.
- Anjana Binoy, Raina Biju, Elizabeth Elson, Binima Joy (2022) won 1st place in IGNITIO – Symposium Presentation in 'JUBICON 25'
- Anjana Kammath (2022) won 3rd place in INVENTIO- paper presentation in 'JUBICON 25'
- Sidharth Mahesh (2022) & Rohan Suchithran (2023) won 3rd place in the debate competition at 'PREVMED 1.0'- 1st Kerala State Conference on Preventive Medicine held at SUTMAS , Thiruvananthapuram.
- Rohan Suchithran (2023) won Best Oral Paper for the session on Scientific work at 'PREVMED 1.0 –held at SUTMAS , Thiruvananthapuram. He also won the 'Best of Best' UG award for the same.
- Amala Group dance team won 1st place in the 'All Kerala Inter College Dance Competition' held at Holy Grace Campus, Mala, on 25th October 2025, conducted by Rashtra Deepika.

SPORTS – C- Zone

AIMS secured overall KUHS C- Zone championship

Men's Basket Ball team secured 1st prize



- Men's Volley Ball team secured 2nd prize
- 3rd place in Chess Men's team
- Abyaz Sajid (Chess individual) secured 1st place.
- Men's Table tennis team secured 3rd place
- Anjali Ann Badminton (women individual) & team secured 1st place
- Badminton (women) team secured 1st place

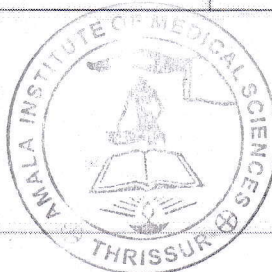
ARTS – C- Zone

- Nadim & Edwin Joy (2022 batch) secured 3rd prize in debate competition (English)
- Rohan Sujithran (2023 batch) got 2nd prize in JAM (English)
- Sidharth (2022) & Alan K V (2024) secured 2nd prize in duet dance
- AIMS team secured 1st place in dance competition
- Ritu Prathap (2023) got 3rd in Cartoon competition
- Aiswarya Paul (2023) won 2nd place in poster making competition
- Harsha Haridas (2022) secured 1st place in short story, Malayalam and 3rd place in Versification Malayalam
- AIMS team got 3rd place in Mime competition
- Edwin Joy (2022) secured 3rd place in Declamation- English
- Satheerthya (2024) secured 2nd place in Short Story – Sanskrit
- Amisha Rajesh (2023) secured 3rd place in Bharathanatyam
- Priya (2022) won 1st prize in Versification – English
- Ananya Singh (2023) secured 2nd prize in Elocution – Hindi
- Jacob Thomas (2023) secured 3rd position in Pros & Cons- English
- Ashish Pramod(2022) secured 3rd place in keyboard

Agenda	Discussion/Decision taken	Responsibility
Form C - Feedback	Form C, includes a feedback section that must be filled out by both the examiners and the students after conducting the UG practical examinations. While most of the departments are attaching the feedback form, certain departments are not including the feedback form in Form C. Principal circulated the common feedback form through whatsapp in the meeting and asked the HOD's to ensure that this form is filled out and submitted along with Form C. In addition, at least five feedback forms from students should be collected on each examination day.	Departments
PG Guideship	In certain departments where no other eligible faculty is available, the existing faculty may continue with the PG guideship. However, if there are other eligible faculty members in the department, the PG guideship should be shared or rotated among them.	Departments

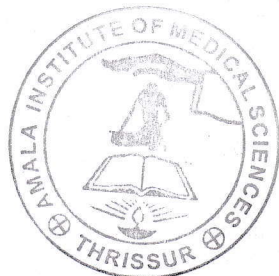


Internal Examiners	According to the new order from KUHS, one faculty member cannot serve as the internal examiner for more than two consecutive years. Therefore, if the department has other eligible faculty members, they should be assigned as internal examiners in the following years.	Departments
Institutional Ethics Committee	The papers & proposals should be submitted to the Institutional ethics Committee (IEC) atleast 15 days prior to the ethics committee meeting, and only after obtaining approval from the IRC. When the proposals are submitted at the last minute, it becomes difficult for the committee members to review the documents thoroughly and arrive at a conclusion. Therefore, timely submission is essential.	Concerned faculty/PG/UG students
QAS Inspection	Dr. Deepti Ramakrishnan informed that the QAS inspection is expected either in the last week of November or the first week of December.	IQAC & Institution
Linker Case	The concept of Linker case should be followed from Phase 1 onwards. During the last QAS inspection, the inspector asked the students about the Linker case, but they had no idea about it. Therefore, all faculty members should ensure that the Linker case is introduced and practiced starting from Phase 1.	Phase Coordinators & Departments
Website page up-gradation	Website page up-gradation was carried out by the Paediatrics Department, and Dr. Kalyani Pillai (HOD Paediatrics) gave a brief explanation of the features included in the website. She added that it will be helpful for the students to get an idea about the correct format, procedure to follow and common questions asked in exam viva. It will also help the slow learners by providing study material that is reliable and help them to improve their performance Director Fr. Julious Arakkal CMI inaugurated the website.	Dept. of Paediatrics
TEQ	TEQ published by the NMC in June 2025, provides a clear explanation regarding the teaching experience of faculty in super speciality departments without academic program. If an institution plans to start a new Super speciality department and the faculty in that department does not have sufficient teaching experience, they might work in the broad speciality department. Dr. Betsy added that the promotion of these faculty will be based only on the super speciality criteria, not on the broad speciality criteria.	Concerned Faculty



ICMR PG Research Grant	Dr. Ashly Antony (Dept. of Ophthalmology) and Dr. Pretty Paulson (Dept. of Community Medicine) , who secured the ICMR PG research grant 2025, were invited to the CCM meeting. Director presented a small gift to them in appreciation of their achievement, and they were formally congratulated in the meeting.	
MEU Moodle Training	Dr. SunilKumar Menon, MEU coordinator, asked all faculty members to utilize the MEU online journal. He also informed that the first batch of "Moodle training programme ' have started and he request all members to attend the sessions on a rotational basis.	MEU & Faculty
Glass Campaign	Dr. Lathika (HOD Ophthalmology) informed about the initiatives from the dept. of Ophthalmology titled 'Nayana - Gift a Glass Campaign', an eco-friendly project aimed at recycling old spectacle frames into affordable eyewear. She requested the support and participation of all faculty members for this initiative.	
Presentation on ACRI – Amala Centre for Research & Innovations	AIMRD-Dr. Deepti Ramakrishnan CRU - Dr. Ashwin Oommen Philip YIP – Dr. Boney Rajan IIC – Dr. Sindhu Vijayakumar IPR – Dr. Kayeen ACRI – Dr. Sruthi M.V All presented their objectives, ongoing projects, upcoming initiatives and future research plans in the meeting.	

Beline
Principal



AMALA INSTITUTE OF MEDICAL SCIENCES, THRISSUR

COLLEGE COUNCIL MEETING MINUTES

The College Council meeting was conducted on 5th March 2025 at 2.00 pm.

Members present:-

Rev. Fr. Julious Arakkal CMI	Director
Rev. Fr. Deljo Puthoor CMI	Joint Director
Rev. Fr. Antony Mannummel CMI	Associate Director
Dr. Betsy Thomas	Principal
Dr. Rennis Davis	Vice Principal and HOD Pulmonary Medicine
Dr. Deepti Ramakrishnan	Vice Principal and Prof. of Pathology
Dr. Bindu C.B	HOD Physiology
Dr. Jose Jacob	HOD Biochemistry
Dr. Savithri M.C	HOD Pathology
Dr. Reena John	HOD Microbiology
Dr. Padmaja G Nair	HOD Pharmacology
Dr. C.R Saju	HOD Community Medicine
Dr. Prince M Paul	HOD Forensic medicine
Dr. Andrews C Joseph	HOD ENT
Dr. P.K Mohanan	HOD General surgery
Dr. Alvin Tresa George	HOD General Medicine
Dr. Jose Francis	HOD Orthopaedics
Dr. Shiny John	HOD Psychaitry
Dr. Satheedevi P	HOD Anaesthesiology
Dr. Robert P.Ambooken	HOD Radiodiagnosis
Dr. kalyani Pillai	HOD Paediatrics
Dr. Anoj Kattukaran	HOD OBG
Dr. Jayakumar T.G.	HOD Cardiology
Dr. Anil Thazhath	HOD Medical Oncology
Dr. Jomon Raphael C	HOD Radiation Oncology
Dr. Sojan George	HOD Gastroenterology/ I/c Students' Council
Dr.Monica	I/c Anatomy
Dr. Anisha	I/c Ophthalmology
Dr. Beena Philip	I/c Dentistry
Dr. Sindhu Vijayakumar	I/c PMR
Dr. Joe Jacob	I/c Neurology
Dr. Tabitha Merium Sabu	I/c Infectious Disease
Dr. Krishnakumar	I/c Respiratory Medicine
Dr. Menon N.K Sunilkumar	MEU Coordinator
Dr. Sruthi M.V	Curriculum coordinator (Phase 3 Part 1)
Dr. Anish S	Curriculum coordinator (Phase 3 Part 2)
Dr. Joby Thomas	Chief Administrative Officer
Dr. A.T Francis	Professor & Chief Librarian
Dr. Kayeen Vadakan	AIMRD

Apology

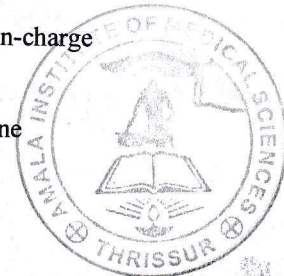
Dr. V. Ramankutty

Research Centre Director

Absent

Dr. Rajesh Anto
Dr. S. Criton
Dr. Sureshkumar S
Dr. Jobin Jose
Dr. Raghunath
Dr. Harikrishnan

Medical Superintendent in-charge
HOD Dermatology
HOD Neurosurgery
HOD Emergency Medicine
I/c Nephrology
I/c Urology



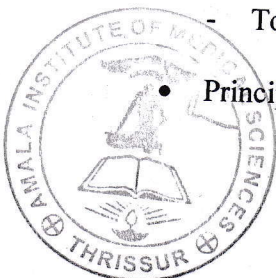
- The meeting started with a prayer at 2 pm in the College Council Hall.
- Director Rev. Fr. Julious Arakkal presided over the meeting.
- Director welcomed all members to the meeting and it was the first meeting held in new College Council hall.
- Father shared the extended happiness regarding the appointment of Dr. Lola Das as Vice Principal, Dr. Sojan George as HOD of Gastroenterology and Dr. Jobin Maprani as HOD of Emergency Medicine.

Points from Principal

Matters arising from the minutes were discussed.

- PG Allotment: 62 students have joined our college, except in the departments of Physiology and Biochemistry. Orientation for the PG 2024 batch was held on 05.03.2025.
 - PG Exams: The PG exams of the 2021 batch have been completed. The course completion certificate can be provided to students only after they complete their course.
 - PG e- log book: Dr. Savithri M.C (HOD Pathology) and Dr. Kalyani Pillali (HOD Paediatrics) raised the need for changes in the e- log book.
 - Principal instructed Department HOD's to contact the IT department for any changes required in the e- logbook.
 - Fr. Antony Mannummel (Associate Director) mentioned that the process had started six months ago and that queries had already been collected from departments. If there are any new queries, departments may contact the IT department.
 - UG Attendance: The principal reminded all HOD's to take the attendance of UG students daily atleast by 8.15 am. And must also ensure that students properly maintain the dress code.
 - Mobile: The University has initiated a frisking procedure for gadgets before every university theory exams. All students must undergo frisking, and video clipping of the process must be sent to the university. Separate male and female faculty members will conduct frisking for boys and girls respectively. Faculty assigned to invigilation duty may also assist with the frisking process.
 - The minutes of the previous meeting were passed unanimously.
- Special Congratulation:
- To the departments of Pathology, Microbiology and Pharmacology for the excellent results of Phase 2 students.
 - To Dr. Stephen Varughese (PG, General Medicine) for wining prizes in various events conducted inside and outside the college.
 - To the students selected for YIP and ICMR grants.

• Principal read out the events of the last 2 months.

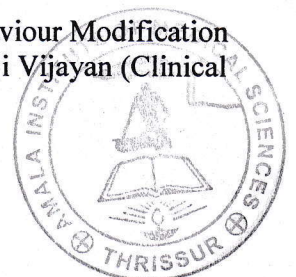


JANUARY

- 01.01.2025: Dept of Endocrinology & Diabetology observed 'Thyroid Awareness Month' from Jan 1st to Jan 31st.
- 11.01.2025: DHRIDHA students council in association with Amala Blood Centre organized 'Blood Donation Challenge'.
- 12.01.2025: Dept. of Cardiology conducted CME on 'CARDIOLOGY UPGATE 2025- Critical analysis of the new recommendations from the physicians in their day-to-day practices'.
- 23.01.2025: Dept. of OBG observed "Maternal Health Awareness Day"
- 25.01.2025: 2023 Batch PTA meeting & prize distribution for the toppers.
- 26.01.2025: Dept. of OBG in association with The Kerala Chapter of SOVSI, TOGS organized Kerala Mid Zone SOSVI Meet 'SOVSICON- The Art & Science of Vaginal Surgery, Series 1.0'
- 28.01.2025: 2022 batch Phase II result- Percentage pass: 95.87%, Distinction: 15, First Class: 49
- 30.01.2025: Inauguration of NAT LAB at Amala blood centre.
- : Dept. of Dermatology Observed 'World Leprosy Day'

FEBRUARY

- 31.01.2025-
- 09.02.2025: Dept. of Orthopaedics, Pathology, Radiodiagnosis & Nuclear Medicine conducted one week '11th basic Orthopaedic Pathology course'.
- 04.02.2025: Dept. of Oncology observed 'World Cancer Day'.
- : Dept. of Ortho & Spine Robotic Surgery conducted 'Robotics & Health: Experience Meets Innovation- Scientific Updates & Experience Sharing on Robotics'. Completed 50 Robotic Knee Surgeries.
- 07.02.2025-
- 14.02.2025: Dept. of Cardiology observed 'Congenital Heart Defect (CHD) awareness week'.
- 08.02.2025: Inauguration of the new block of Dept. of Nuclear Medicine (PET, SPECT & Radionuclide Therapy). Shri. Suresh Gopi (Hon'ble Minister of State & Petroleum & Natural Gas) was the chief guest and inaugurated the new block.
- 09.02.2025: Dept. of Dentistry observed 'National Toothache Day'.
- 10.02.2025: Session on 'Innovation & Entrepreneurship' for MBBS students, session was handled by Dr. Kayeen Vadakkan.
- 12.02.2025-
- 13.02.2025: Dept. of Psychiatry organized an awareness class about 'Behaviour Modification Strategies' for the staffs of Amala. Class was taken by Ms. Niji Vijayan (Clinical Psychologist)



13.02.2025: Dept. of Geriatrics – Launched ‘Amala vayosoukhyam Programme’.

15.02.2025: Dept. of Clinical Haematology & Dept. of Medical Oncology observed ‘International Childhood Cancer Day’.

: 2024 Batch PTA meeting and prize distribution for the toppers.

25.02.2025: Dept. of Community Medicine- RHTC Vellatanjoor is awarded for best palliative care service in Velur Panchayath for the year 2024.

28.02.2025: Dept. of General Medicine observed ‘ National Science Day & World Rare Disease Day’.

MARCH

03.03.2025: Dept. of ENT observed ‘World Hearing Day’. Dept. of ENT organized various activities like poster competition for MBBS students, awareness class for patients and free screening of hearing loss in accordance with World Hearing day named ‘DHWANI 2025’. Aim of this program is to conduct hearing screening for all staff members of Amala over a period of 1 year.

: As a part of ‘World Hearing Day’ Dept. of Physiology organized a talk about ‘Importance of hearing assessment and care’, class was taken by Dr. Nisha .T (Dept. of ENT).

04.03.2025: Dept. of Gastroenterology observed ‘World Obesity Day’

LIBRARY

30.01.2025-

01.02.2025: Dept. of Library organized three days ‘Amala National Book Festival 2025’. Book fest was inaugurated by the writer and cinema expert Mr. Madhupal.

The Valedictory function was inaugurated by writer and Poet Sri. Rafeeq Ahamed.

: The Amala award for the best school libraries in Thrissur district was presented.

: About 900 students from various schools visited Library, Anatomy Museum & Skill Lab arranged as a part of book fest.

: Books of Dr. Thomas Vadakkan, Dr. Joby Thomas & Dr. Antony Kalliath were released during the book fest.

28.02.2025-

01.03.2025: Dept. of Library - in collaboration with Academic library Association (ALA) & Kerala Medical Librarians Association (KMLA) - Indian Council of Social Science Research (ICSSR) , sponsored (2 lakhs grant) two day National Seminar on ‘Empowering Communities through Libraries for Sustainable Social Change’. Prof. Dr. K.S Anil, Hon. Vice Chancellor, Kerala University of Veterinary and Animal Sciences inaugurated the seminar.

: The publication Division of AIMS has started functioning from 15th of February, 2025. It has received the Govt. of India registration for ISBN with the name of ‘Amala Academic Publications’.



: Research documentation and publishing support service provided by the Dept. of Library & Research documentation are continuing. One paper authored by Dr. Franco Johny V (PG Community Medicine) was published last month in BMS infectious diseases, ranked in Q1 of Scopus database.

AMALA GRAMA

- Dept. of Community Medicine conducted an awareness class about 'Dengue fever prevention & control' for women in Adat Panchayat ward 7. Class handled by Mr. Mohamed Rafi (Entomologist).
- As a part of 'National TB Elimination Program' Dept. of Community Medicine organized an awareness class at Velur Gramapanchayath. Class was taken by Dr. Sruthi C.M (Asst. Prof Dept. of Community Medicine).
- An awareness class about 'Mental Health and Hygiene of Palliative Care Takers' was conducted by dept. of HIC for Palliative care takers and Asha workers.
- Dept. of OBG conducted an awareness class about 'Adolescents Health & Menstrual Hygiene' for students of St. George Higher Secondary School, Kaiparambu. Class was handled by Dr. B. Vipin (Dpt. Of OBG).
- Dept. of HIC conducted an awareness class about 'Healthy Diet & Nutrition' for women in ward 3 , Adat panchayath.
- As a part of 'World Leprosy day', Dept. of Community Medicine conducted an awareness class for NSS students of Vidya Engineering College.
- An awareness class about 'Mental health' was conducted at Pakal Veedu, Adat panchayath, by Dr. Stalin, Psychologist (Dept. of Gastroenterology).
- Dept. of Community Medicine conducted an awareness class for Asha workers and Medical staff of Velur panchayath about 'Survival cancer & Breast cancer' class was taken by Dr. Anna (Dept. of Community Medicine).
- As a part of 'Rare Disease Day' an awareness class was conducted for students of R.S.R.V.H.S.S , school by Dept. of Community Medicine.
- Dept. of Ophthalmology organized 'Eye Clinic' at RHTC, Vellatanjoor.
- Dept. of Ophthalmology conducted 'Sunday camp' at Puthoor and Mattur.
- Dept. of ENT conducted 'Hearing Screening Camp' for school students of OIET Public School, Njalikara.
- Dept. of Psychiatry 1.conducted an awareness class about 'Mental health' for plus one students of KV Puranattukara. Class was taken by Ms. Niji Vijayan (Clinical Psychologist)
 2. Awareness class about 'Mental Health & Identification of Mental Health Issues in Children' for teachers of KV Puranattukara. Class handled by Ms. Niji Vijayan(Clinical Psychologist)
 3. Awareness class about 'Adolescent Emotional problems' for students of CNN Girls High School, Cherpu & St. George School, Mundur by Ms. Niji Vijayan (Clinical Psychologist)
 4. Awareness class about 'Exam stress' for students of Velur School by Ms. Aiona Liz (Clinical Psychologist)

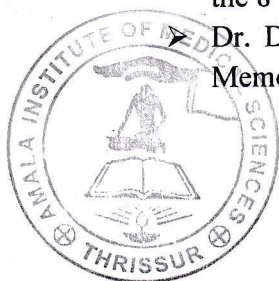


FACULTY

- 5 Faculty- Dr. Jomon Raphel, Dr. Ajith T.A, Dr. Sunu Lazar Cyriac, Dr. Lekha K. Nair and Dr. Lisha P.V were awarded PhD guideship by KUHS.
- Dr. Rennis Davis (Prof. & HOD of Pulmonary Medicine) was invited as the visiting professor at the University of Maryland School of Medicine, from 5th to 14th of February.
- Dr. Betsy Thomas co-edited the 4th edition of 'Why Mothers Die Kerala?' Confidential Review of Maternal Deaths, Kerala.
- Dr. Lola Das (Prof. & HOD of Anatomy) gave two online lectures in Anatomy to the medical students of I.N Ulianov Chuvaz State University ,Russia.
- Dr. Padmaja G. Nair (Prof. & HOD of Pharmacology) gave an online lecture on 'Antidiabetic Drugs' to the students of I.N Ulianov Chuvaz State University, Russia, on 25.02.2025 to promote academic collaboration & global exchange.
- Dr. Lathika V. K (Prof. & HOD, Dept. of Ophthalmology) selected as President of TACO (Thrissur Academic Club of Ophthalmology) for the period of 2025-2027.
- Dr. Jainy Joseph Emmatty (Dept. of Ophthalmology) passed Fellowship of the All India Collegiums of Ophthalmology (FAICO)- Glaucoma .
- Dr. Antony Kalliath published textbook entitled 'Doctor Patient Relationships Communication & Ethics'.
- Dr. Hridya .P (Dept. of OBG) won the KFOG President's Medal for the best paper in 47th All Kerala Congress of Obstetrics and Gynecology.

POST GRADUATES

- Dr. Arya Suresh (Dept. of Radiation Oncology) won 2nd place for scientific paper presentation in state conference of Radiation Oncology.
- Dr. Rahul B & Dr. Elsa Kuruvilla (Dept. of Ophthalmology) won 1st prize in the state level quiz for consultants & postgraduates organized by Cochin Ophthalmic club under the aegis of Kerala society of Ophthalmic surgeons.
- Dr. Stephen Varughese John & Dr. Abhirami Rajesh won 1st prize & Dr. Reshma V.P & Dr. Athulya K(Dept. of general Medicine) won 2nd prize for Cardiology quiz in 'ECCON 2025'.
- Dr. Anakha Pattiyel (Dept. of OBG) won 3rd place in Dr. Kalyanikutty Amma Memorial Gold Medal for the best paper on the conference theme at the 47th All Kerala Congress of Obstetrics and Gynecology .
- Dr. Vinesh .R (Dept. of Gastroenterology) was awarded for outstanding research work on the thesis title ' Study on the Prevalence, Clinical and Microbiological profile of Multidrug Resistant organisms in Cirrhosis Patients presenting to a Tertiary Care Centre' by National Board of Examinations in Medical Sciences.
- Dr. L. Athira Shaji (Dept. of Respiratory Medicine) secured 1st prize in poster presentation in the 8th annual CME 'APTCON 2025'.
- Dr. Dennis Simon (Dept. of Pulmonary Medicine) won 1st prize in Dr. Fathima Kabeer Memorial quiz competition in the 8th annual CME-'APTCON 2025'.



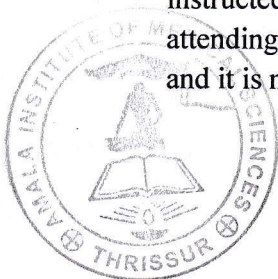
- Dr. Nasrin H (Dept. of Pathology) selected among the top 10 best paper presentation competition at 94th IAPM Kerala Chapter meet.
- Dr. Stephen Varughese John & Dr. Alok Mohan (Dept. of General Medicine) won 2nd place in 'Impulse 2024- Internal Medicine Conclave ' quiz competition held at Aster MIMS .
- Dr. Stephen Varughese John (Dept. of general Medicine) secured 1st place in Anti –Microbial stewardship quiz competition held at Amala .

STUDENTS

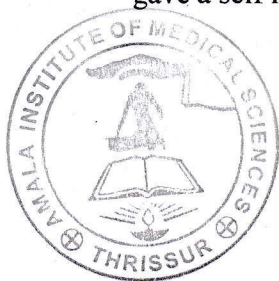
- Joyal Jose A, T Gowri, Jeffry George (2024 Batch) won 1st place in Anatomy Dissection Video Presentation (online)- 'SCALPEL OF VESALIUS' held at P.K Das Medical College, Palakkad.
 - YIP 6.0 state level winners – **Team Members:-** Priya Elizabeth Jogy, Nethania Lal, Tessa Biju Thottungal, Susan R. Kollinal, Swati Manjaly.
Mentor:- Dr. sreejith J. Kishore. **Idea:-** "Decoded: An app for notifying doctors about code blue in the hospital setting". The only medical college to achieve this feat in YIP.
 - ICMR Short Term Studentship (STS) **winners-** Joyce R. Reji , Raina Biju (2022 Batch),
Guide: Dr. Anish.S & Co- guide Dr. Boney Rajan,
Riya Tessa John (2021 Batch) **Guide :** Dr. Betsy Thomas.
- **PG Convocation Proposal :** Dr. P.K Mohanan (HOD General Surgery) requested conducting a convocation for PG students similar to the UG students Convocation. Other faculty members supported the idea but suggested that the college should have control over the event. Dr. Rennis Davis, Dr. P.K Mohanan and Dr. Savithri M.C were appointed as committee members to discuss about PG convocation.

AGENDA

1. **Best Batch Award:** The 2022 batch students were selected as the best batch based on their punching record and general decorum. They are given two days of special leave on the 15th and 16th of April.
2. **Job Description:** The HR department has requested that job descriptions and privileges of PG's and House surgeons be provided for inclusion in their personal files. Each department should handover the required documents to the HR department when contacted.
3. **FMG's:** Six FMG students have joined our college for Clinical Clerkship and Internship. They completed their MBBS degree – two from Ukraine and four from China. In the first year they will undergo clinical clerkship and in the second year, internship. The principal instructed that FMG students be considered equivalent to the 4th year MBBS students, attending both theory classes and clerkship postings. A logbook has been provided for them and it is mandatory. Dr. Kalyani Pillai has been appointed as the FMG coordinator.



4. **PG Programs:** ACLS and BCLS training will be provided for PG's over 3 days. PG graduates will be divided into 2 groups. In addition special training for trauma handling is being provided to both faculty and PG's, especially from the departments of General Surgery, Orthopaedics, Anaesthesiology, Emergency Medicine, ENT and Ophthalmology.
5. **MEU:** CISP and Basic Course in Medical Education are considered mandatory by the NMC. The principal instructed HOD's to encourage junior faculty members to attend CISP, so that the faculty will align with the curriculum requirements. Dr. Menon N.K Sunilkumar, MEU coordinator, has prepared a google form to collect details of faculty members who have attended and those who have not. All faculty members have been requested to fill out the google form.
6. **Accreditation:** The principal informed that NIRF and NAAC accreditation are now mandatory to ensure institutional quality. IQAC activities are ongoing with weekly meetings supported by the external expert Mr. Nikhil. The principal asked faculty to prepare academic videos with HOD approval for uploading on the college website.
 - Fr. Deljo Puthur (Joint Director) informed that the 'MEDLEARN' platform is available within the institution and it will be helpful for the slow learners.
 - Fr. Julious Arakkal asked all members to actively participate in IQAC activities to enhance institutional quality. He also informed about CIQAC, with Fr. Deljo Puthur as chairman and Dr. Dijoe Davis as coordinator.
7. **Scrub/ Uniform:** The principal mentioned that a common uniform should be followed by both clinical and non clinical PG's. For Community Medicine outside postings alone, uniform is not required.
 - Director suggested implementing a common uniform system for faculty members as well as, highlighting that it would promote discipline and help in identification.
8. **Stay Duty:** Fr. Julious Arakkal mentioned that since faculty from departments with stay duty (General Medicine, General Surgery, OBG, Paediatrics and Orthopaedics) are physically present, they should not refer cases coming to ED without examining them. A circular regarding this protocol will be published after further discussion.
9. **Best Practice:** Dr. Kalyani Pillai (HOD Paediatrics) presented the best practices followed by Paediatrics department. She explained the activities conducted, including CME's, Guest talks and children based activities. She also highlighted the prizes won by faculty and PG's, ongoing research projects and the academic schedules for UG and PG students.
10. Dr. Betsy Thomas introduced Dr. Kayeen Vadakan (AIMRD) at the meeting. Dr. Kayeen gave a self introduction and assured support to the faculty related to research.

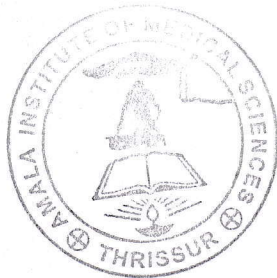


11. Dr. Rennis Davis shared his experience during his visit to the University of Mary Land, Baltimore. He discussed the presentations and classes he conducted, interactive session with Pulmonologists and the procedures and visits he participated. He also mentioned that the University of Mary Land is willing to engage in academic and research collaboration with our institution.
 12. Fr. Deljo Puthur informed that 2025 will be the year of inspections for our institution (NABH, NABL, Nursing Excellence and QAS). The NABH inspection is scheduled for May 2025, and internal audits are currently ongoing in various departments. He asked all HOD's to extend their support for the inspections and encouraged sending young faculty members to participate in NABH related activities if they are interested.
- The meeting ended by 3.30pm.

Betsy

Principal

Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
PRINCIPAL
AMALA INSTITUTE OF MEDICAL SCIENCES
AMALA NAGAR, THRISSUR-680 555



AMALA INSTITUTE OF MEDICAL SCIENCES, THRISSUR

COLLEGE COUNCIL MEETING MINUTES

The College Council meeting was conducted on 8th January 2025 at 2.00 pm.

Members present:-

Rev. Fr. Julious Arakkal CMI	Director
Rev. Fr. Deljo Puthoor CMI	Joint Director
Dr. Betsy Thomas	Principal
Dr. Rennis Davis	Vice Principal and HOD Pulmonary Medicine
Dr. Deepti Ramakrishnan	Vice Principal and Prof. of Pathology
Dr. Lola Das	Vice Principal and HOD Anatomy
Dr. Rajesh Anto	Medical Superintendent in-charge
Dr. Bindu C.B	HOD Physiology
Dr. Jose Jacob	HOD Biochemistry
Dr. Savithri M.C	HOD Pathology
Dr. Reena John	HOD Microbiology
Dr. Padmaja G Nair	HOD Pharmacology
Dr. C.R Saju	HOD Community Medicine
Dr. Prince M Paul	HOD Forensic medicine
Dr. Andrews C Joseph	HOD ENT
Dr. V.K. Lathika	HOD Ophthalmology
Dr. P.K Mohanan	HOD General surgery
Dr. Alvin Tresa George	HOD General Medicine
Dr. Jose Francis	HOD Orthopaedics
Dr. Shiny John	HOD Psychaitry
Dr. Satheedevi P	HOD Anaesthesiology
Dr. Robert P.Ambooken	HOD Radiodiagnosis
Dr. kalyani Pillai	HOD Paediatrics
Dr. Anoj Kattukaran	HOD OBG
Dr. Jayakumar T.G.	HOD Cardiology
Dr. Anil Thazhath	HOD Medical Oncology
Dr. Jomon Raphael C	HOD Radiation Oncology
Dr. Sureshkumar S	HOD Neurosurgery
Dr. Siji J Chirammel	HOD Dentistry
Dr. Domic K Puthoor	HOD PMR
Dr. Sojan George	HOD Gastroenterology/ I/c Students' Council
Dr. Jobin Jose	HOD Emergency Medicine
Dr. Abel Francis	I/c Dermatology
Dr. Tabitha Merium Sabu	I/c Infectious Disease
Dr. Arun N.A	I/c Respiratory Medicine
Dr. Joby Thomas	Chief Administrative Officer
Dr. A.T Francis	Professor & Chief Librarian
Dr. Ajith T.A	AIMRD

Apology

Rev. Fr. Antony Mannummel CMI	Associate Director
Dr. V. Ramankutty	Research Centre Director

Absent

Dr. Thomas John	I/c Neurology
Dr. Raghunath	I/c Nephrology
Dr. Harikrishnan	I/c Urology
Dr. Menon N.K Sunilkumar	MEU Coordinator

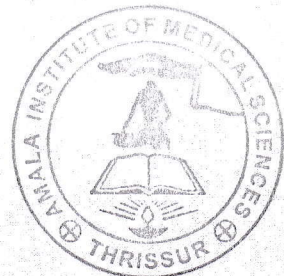


- The meeting started with a prayer at 2 pm in the Forensic Medicine Demonstration Hall.
- Director Rev. Fr. Julious Arakkal presided over the meeting.
- Director welcomed all members to the meeting and extended welcome to Dr. Kalyani Pillai, the new HOD of the Department of Paediatrics.
- Father informed that before every CCM meeting a discussion will be held with the Principal and vice principals to review the agenda. He stated that departments can share their agenda with the principal's office either via email or in writing. These points will then be discussed in the meeting with the principal and vice principals before CCM.
- He mentioned that people from outside Amala are appreciating the positive changes happening in Amala. He thanked all HOD's and faculty for their support.

Points from Principal

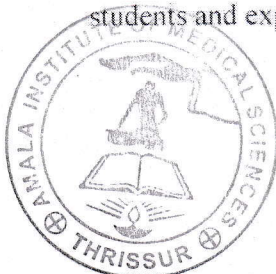
Matters arising from the minutes were discussed.

- Dr. Betsy mentioned about the whatsapp groups discussed in the last CCM meeting. She informed that the official whatsapp groups of Amala include the CCM group (for HOD's), AIMS Doctors Coordination group (for all faculty) and AIMS doctors official (by HR). Faculty may delete other groups if they are not keen.
- She requested all HODs to send their best practices to principal's office along with agenda for CCM.
- She informed all HOD's to instruct the PG's to mark their leave in the AEBAS punching system.
- The university exam for the 2021 batch has been postponed from January 20th to February 17th, so the schedule of clinical posting for this batch has been changed.
- Principal thanked all HOD's and faculty on behalf of students for the great support from the faculty towards the success of 'Concordium- The Reboot' the UG National conference.
- She asked all departments to prepare a strategic plan. It is a long term plan, and its format will be distributed to the departments. All departments have already submitted a one year plan that includes CME and other activities, but the strategic plan is different from that.
- The minutes of the previous meeting were passed unanimously.
- Principal read out the events of the last 2 months.



NOVEMBER

- 07.11.2024: Dept. of Psychiatry, conducted an awareness class on 'Psychological aspects of living with stoma' for the palliative care staff of Amala.
- 08.11.2024: Dept. of Gastroenterology conducted two day workshop of Gastro Endoscopy 'G-SKOPE AGC 2.0' at Hyatt, Thrissur.
: Dept. of Radio diagnosis & Imaging observed 'International day of Radiology'
- 09.11.2024: Emergency Medicine –Kerala in association with Amala Institute of Medical Sciences conducted 2 days National Conference 'CONCORDIUM – THE REBOOT'. KUHS Vice Chancellor Dr. Mohanan Kunnammal inaugurated the function. Contestants from about 340 Medical Colleges in India participated.
- 12.11.2024: Dept. of Pulmonary Medicine observed 'World Pneumonia Day'.
- 13.11.2024: Dept. of Pathology observed 'International pathology day'.
- 14.11.2024: Dept. of General Medicine observed 'World Diabetes day'.
: Dept. of Paediatrics observed 'Children's day'.
- 16.11.2024: Dept. of Anatomy organized a National CME & Hands on Workshop – 'MUSETECQ 2024- 'Museum Techniques & Digital Embalming'
- 17.11.2024: Dept. of Neonatology Observed 'World Prematurity day'.
- 20.11.2024: Dept. of Respiratory Medicine & Pulmonary Medicine Observed 'World COPD day'. Awareness session was conducted.
: Dept. of Ophthalmology conducted 'Free Eye Screening Camp'
- 21.11.2024: Dept. of Gastroenterology observed 'World Pancreatic cancer day'.
- 23.11.2024: Dept. of Infectious Diseases& Antimicrobial Stewardship organized 'A continuing Medical Education Programme on Antimicrobial Resistance'. Doctors and clinical pharmacists from various Medical collages inside and outside Kerala participated.
- 25.11.2024: Dept. of Oncology –organized first Indo Canadian cancer conference 'AICC 24' – 'Next Gen Radiotherapy: Pioneering Precision through Global Collaboration' at Hyatt Regency. The program included two preconference sessions: 1. Dr. Anuraag Shivastav delivered talk for MBBS students on 'Form Classroom to Clinic: Integrating Undergraduates into Clinical Drug Research'. 2. Dr. Saranya Kakumanu guided faculty and postgraduates with insight on 'Exploring Postgraduate and Fellowship Programs in Canada : Insights from Winnipeg'.
- 27.11.2024: Prof. Richard Gross from Queen Mary University London visited Amala Medical College to discuss emerging trends in cancer research to interact with faculty and students and explore possibilities of collaboration.



30.11.2024: 'White Coat Ceremony' for 2024 MBBS batch students.

DECEMBER

01.12.2024: Dept. of Gastroenterology observed 'Constipation awareness Month' from Dec 01-31.

02.12.2024: Dept. of Community Medicine observed 'National Pollution Prevention Day'.

03.12.2024: Dept. of PMR observed 'International day of Persons with Disabilities (IDPD)'.

07.12.2024: As a part of World Disability Day an charitable trust & an Rehabilitation Hospital in connection with Amala organized a Marketing Fest "Santo Able Fest 2024".

08.12.2024: Dept. of Community Medicine organized PG Alumni & Former Faculty get together. 40 members attended.

: Dept. of Psychiatry organized All Kerala Conference for all PG Medical students - "FOCUS – An Approach To Psychiatry Post Graduate Examination".

09.12.2024: On the occasion of 110th Birthday of Padmabhushan Fr. Gabriel Chirammel, Former Air India Chairman and Special Officer of Sabarimala Airport inaugurated disciplinary meeting and release of the souvenir 'A Gabriel Touch'.

11.12.2024: Blood Donation Camp –110 people donated blood on the occasion of 110th Birthday of Padmabhushan Fr. Gabriel Chiramel. C.

15.12.2024: Dept. of Dermatology & Cosmetology organized 8th Amala Dermatology Oration. Dr. V.P Kuriyipe, Former National President, Indian Association of Dermatology was the Chief Guest. Oration by Dr. Arun C Inamadar, Pro Vice – Chancellor, BLDE Deemed University on Topic – 'Treatable Genodermatoses: An insight'.

20.12.2024: Amala Christmas Crib Blessing & Launching of Amala Calendar 2025.

JANUARY

01.01.2025: MBBS students -New Year& Christmas celebration.

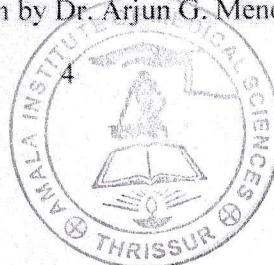
03.01.2025: Feast of St. Kuraikose Elias Chavara

04.01.2025: Dept. of Ophthalmology observed 'World Braille Day'

AMALA GRAMA

07.11.2024: Dept. of Psychiatry conducted an awareness class on 'Mental Health for Students' at GHSS, Kadavallur.

08.11.2024: Dept. of ENT & Community Medicine organized 'AMALA SRAVANA SOUHRUDAM' a screening program to detect hearing loss in elderly people and create an awareness class regarding early detection of 'presbycusis' was conducted at RHTC, Vellattanjur. The class was taken by Dr. Arjun G. Menon (Prof. Dept. of ENT).



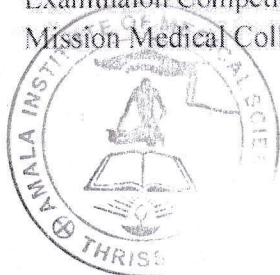
- 13.11.2024: Dept. of Community Medicine conducted an awareness class on 'Immunization' at PHC, Velur.
- 25.11.2024: Dept. of Psychiatry in association with career guidance and adolescent counseling cell, Shikshak Sadan, Chavakkad organized an awareness class about 'Peer Counseling'.
- 29.11.2024: An awareness class was conducted for the Farmers of Adatt panchayat about the rainy season diseases and their prevention methods. Class was taken by Dept. of Community Medicine Entomologist Mr. Mohammed Rafi.
- 02.12.2024: Dept. of ENT conducted an awareness program for parents and students of OIET Public School, Njalikkara, regarding early detection of hearing loss. The class was handled by Dr. Nisha . T (SR, Dept. of ENT)
- 06.12.2024: Dept. of Ophthalmology organized second phase Eye Screening camp for the students of St. Mary's UP school Ambakkad.
- 19.12.2024: Dept. of Community Medicine conducted a Screening Camp for the children's of THALIR BUDS Rehabilitation Center, Velur Panchayat.
- 21.12.2024: Awareness class was conducted for G.R.S.R.V.H.S.S school, Velur Panchayat, on topic 'Youth Mental Health'. Class was taken by Clinical Psychologist Dr. Stalin Kurian.
- 26.12.2024: Awareness class about 'Dengue Fever control & Prevention' at Velur Panchayat . Class was taken by Dept. of Community Medicine Endomologist Mr. Mohammed Rafi.
- : 'Adolescents Mental Health' awareness class was conducted at St. George Higher Secondary School in Kaiparambu Panchayat .Class was handled by Clinical Psychologist Dr. Stalin Kurian.

FACULTY

- Rotary Club, Thrissur honored Dr. Parvathy Mohan (Dept. of CDC) with 'Rotary Vocational Excellence Award' for outstanding contribution to development of REIC and dedication for the children with disabilities and special needs.
- Dr. Thomas Vadakkan(Dept. of Pulmonary Medicine) received 'President's Appreciation Award' from Indian Medical Association, Kerala State Branch, in the 67th Annual State Conference.
- Dr. Lisha (Dept. of Pulmonary Medicine) book chapter release at NAPCON 2024.
- Dr. Neethu Babu (Dept. of Microbiology) has successfully completed Ph.D from Bharath Institute of Higher Education & Research.

PG's

- Dr. Shubham Chandra (Dept. of Pulmonary Medicine) has been awarded with 'Best Achiever award' in E-Poster Paper Presentation during the NAPCON 2024, held at Coimbatore.
- Dr. Jeevan Jayakumar (Dept. of Emergency Medicine) secured 1st place in the National Examthalon Competition and also awarded Best Research Poster award, held at Jubilee Mission Medical College, Thrissur during the EM Kerala, PG conference.



- Dr. Lizbeth Tom (Dept. of Ophthalmology) was selected as a finalist in the Prof. Subramanian award session for PG Residents at 'DRISHTI 2024'. Her paper was selected from nearly 70 free papers from all over Kerala.
- Dr. Anna Jacob got 1st prize in Thoracic Radiology quiz at NAPCON 2024.
- Dr. Shahana S V & Dr. Nimmy Susan Jose secured second prize in quiz Competition conducted by IRIA, Thrissur city chapter in connection with International day of Radiology 2024.
- Dr. Shahana S V & Dr. Shilna won 3rd prize RADAspire Quiz (Radiology Qiuiz) Conducted by GE Healthcare.
- Dr. Lizbeth Tom & Dr. Rahul Bhasi secured second prize in the state level PG quiz competition conducted by the Kerala Society of Ophthalmic Surgeons. More than 84 teams participated from all over Kerala.
- Dr. Vishal Mohan (Dept. of Emergency Medicine) won 2nd place in 'Demmon 2024' for poster presentation in MMC.

STUDENTS

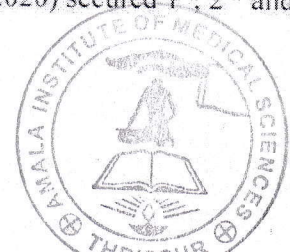
- Abyaz Sajid Ali (2020) & Nevil Joy (2019) have been selected to KUHS University Football team.
- Felix Tomy & Jacob Mathew (2022) have been selected to KUHS University Basketball team.

KUHS C Zone

- Our Football team secured 4th position and selected for inter zone.
- Table Tennis Girls team secured 3rd position- (Mariya Baby K V(PG), Jiya Jayaraj (2020), Lekha Joseph (HS), Aisha Musthafa (HS))
- Mariya Baby K V (PG) secured 3rd position in Individual Table Tennis.
- Boys team secured 2nd place in Chess competition –(Alvin K J (2019), Abyaz Sajid Ali (2020), Uttam Rajesh (2022), Arjun Prasad (2021))
- Girls Team secured 3rd position in Chess competition – (Chaithra P Raj (2021), Sreekha C R Krishna (2019), Ann Mariya Benny (2023), Merin Lijo (2020)).
- Sreekha C R Krishna (2019) secured 3rd position in Individual Chess Competition.
- Basketball boys team secured 1st position – (Austin shaju (2023), Farhan Sanooj (2020), Felix Tomy (2020), Aravind Uttamam (2023), Denil George (2023), Jacob Mathew (2022), Christin Antony (2022), Rohn Thomas (PG)).
- Badminton Girls team secured 2nd prize – (Anjali Ann Jose (2022), Chaithra P Raj (2021), Athira Ravi, Ananya Singh (2023), Ansa Mary James (2023))
- Anjali Ann Jose secured 1st position in Individual Badminton Competition.

CONCORDIUM – The Reboot

- Roshan C S & Stalin Tom (2021) secured 3rd position in 'ENIGMA – Quiz'
- Rohan Suchithran, Alan Kavil, Vishnu Manoj (2023) got 1st prize in debate Competition 'VERACITY'.
- Riya Tessa John (2021), Sruthi Joby (2020) & Abhinu D (2020) secured 1st, 2nd and 3rd positions in Case Presentation ' SYNERGY' respectively.



- Edwin Joy (2022) won Best e- poster Presentation 'SYNERGY'.
- Amala Team won 2nd position in Intermedicos dance competition 'STEP UP'.
- Amala got overall championship in "CONCORDIUM- THE REBOOT" National UG medical conference.

DEPARTMENT OF LIBRARY

- Research Publishing Support Service : Papers Submitted – 05 Nos
Papers submitted and rejected – 03 Nos
Papers being processed– 04 Nos
- Functioning of the Padma Bhushan Fr. Gabriel Central Library started in the basement.
- Amala National Book Festival 2025 is scheduled for January 30th, 31st and February 1st.
- Blessed the Digital Education Center with modern facilities. Palakkad Diocese Bishop Mar Jacob Mananathodath blessed the center.

Agenda

- **PG Allotment**

Two allotments for the PG 2024 batch have been completed. One more allotment remains, and the third allotment may take some time, so the 2024 batch PG orientation will be conducted only after the third allotment. Currently six seats are vacant. Eight departments have been selected as the most preferred departments in the state: Biochemistry, Emergency Medicine, Orthopaedics, Respiratory Medicine, Physiology, Ophthalmology and Pathology.

- **PG exam**

The 2021 PG batch appearing for exam had joined late due to Covid-19. The first allotment was in February 2022, second in March and third in May. Therefore, the university has informed us that, along with the exam in February, one more regular exam will be conducted in May.

The university has mandated 100% attendance in the first year for a PG to progress to the second year and also from second year to final year. In the final year 80% attendance is required.

For PG's we have to send the 36 months completion attendance to the university.

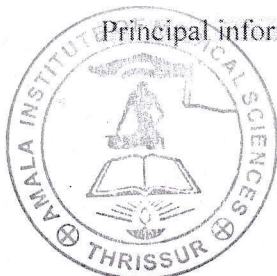
Therefore, Principal asked all departments to submit the PG attendance of the 2021 batch, including January attendance.

- **PG Examiner**

Faculty members who have completed 3 years experience as PG guide can become PG examiner. Faculty who have five years of teaching experience can become PG guide. Therefore, Principal asked all HOD's to provide opportunity for faculty members who have completed 5 years to take-up guide ship.

- **PG e-log book**

Principal informed that PG students of 2023 batch can enter in the log book and the HOD,



guide or mentor can approve it. During the DRP posting, it is difficult to give approval. Therefore students need to take a printout of DRP pages, get it signed on the hardcopy, scan and attach it to the e-logbook.

Dr. Betsy Thomas appreciated the management and IT department for their effort in preparing e-log book.

Dr. Lathika V.K (HOD Dept. of Ophthalmology) raised a concern that for the 2023 PG batch, they have already completed one year and submitted their log book activities. She asked whether these activities should be added to the e-log book and the principal replied that they should be added.

Dr. Kalyani Pillai (HOD Dept. of Peadiatrics) asked for approval of submission, stating that only after students submission the faculty can check and approve the log book. She also mentioned that it is difficult to check the e-log book by entering through the faculty portal. Dr. Betsy suggested that IT can be requested to share the students password so that faculty can access it through the students portal.

Dr. Saju C.R (HOD Dept. of Community Medicine) requested that PG students in Community Medicine are learning more from external activities, so they need more space in the e-log book to enter the activities. Principal mentioned that this issue has been already discussed with IT and she asked all HOD's to contact IT if any changes are needed.

- **Academic Schedule**

The university has published an academic schedule, including the period for conducting PCT exams and prelims. We need to follow the schedule provided by the university. As per the schedule the time for valuation and uploading of marks is very short. Therefore, principal requested all faculty should complete the valuation on time.

- **Attendance**

Principal noted that MBBS students are not attending classes on time. She asked all HOD's to ensure that attendance is taken at 8am by a faculty member in the department.

- **Mobile Phone- University exam**

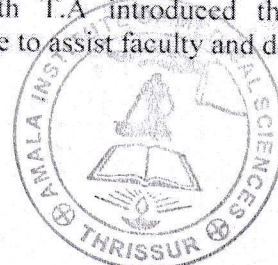
Principal mentioned about the incident that occurred during the university practical exam. She instructed all faculty members to be more vigilant and ensure that students do not bring mobile phones in the exam halls.

- **University exam hall**

The university has strictly ordered that during the downloading of the question paper, only authorized personnel (Internal vigilance officer, chief superintendent, and IT personnel) should be present in the room. No additional persons should be allowed.

- **AIMRD**

The Amala Integrated Medical Research Department (AIMRD) has been established at Amala to promote research activities. Dr. Ajith T.A introduced the activities and functioning of AIMRD. This department is available to assist faculty and department in



creating research projects and publications. Members of AIMRD will collaborate with the HOD's of each department to develop research papers from the department. AIMRD will support them in creating research designs, conducting literature surveys and providing assistance until funding is secured.

AIMRD team members

Research Lab Director: Dr. Ajith T.A
Research lab Supervisor: Dr. Deepti Ramakrishnan
Seniors scientific officer: Dr. Joby K. Thomas, Dr. Lekha K. Nair, Dr. Divya S, Dr. Sruthi M V, Dr. Kayeen Vadakkan
Junior scientific officer: Dr. Mariya Thomas, Dr. Sreya P. B, Dr. Sreejith J Kishore, Dr. Iswarya Babu P, Dr. Binitha P.P,
Biostatistician: Mr. Vidhu M. Joshy

- The Department of Community Medicine was appreciated for the alumni meet conducted for their former faculty and PG's.
- Dr. Reena John, HOD of Microbiology gave an insight about HMPV (Human Metapneumovirus) and reassured everyone that Amala has taken all measures.

Points from Director

- Director congratulated Dr. Rennis Davis for the opportunity to go as a visiting Professor to the University of Maryland, USA.
- Father informed about the new appointment of Mr. Joju V Antony in the dept. of MRD for EMR program management.
- He also requested all doctors to follow the confidentiality protocol for HIV and HCV results. Dr. Reena John added that HIV results should only be revealed to the consented patient and that even biohazard symbols should not be stuck to the file.
- Director informed that the department of PMR and Physiotherapy are merged into one.

• Presentation

- Dr. Betsy Thomas made a presentation on the achievements in the field of Amala research. She highlighted the ongoing and completed funded projects and trials and encouraged all faculty members to come forward and participate in research project. She also mentioned the research interest shown by UG and PG students. The support of mentors and guides from the faculty helped the students achieve recognition for their projects

YIP: 3 ideas selected for the state level.

KUHS research grant: 6 students selected

Best Thesis award- 4 times: 3- Community Medicine, 1- General Medicine

ICMR thesis grant: 1-OBG , 1-Dermatology

ICMR projects: 15 students applied.

Authorship of Books- 5 faculty members.



Principal informed about the google form circulated among the faculty regarding Q1, Q2, Q3 and Q4 publications. Based on this, around 46 Scopus indexed publications over 2 years have been submitted.

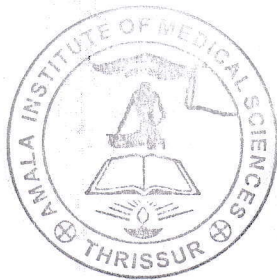
- Dr. Rajesh Anto (Medical Superintendent) gave a presentation regarding the consultation protocols that doctors should follow. He mentioned the core values in the 6th edition of NABH, which are mandatory to be followed. All departments should implement the CAPRINI score or a departmental guideline for categorizing patient risk for venous thromboembolism. He emphasized the importance of documenting all patient risk factors in the file and also stressed the need for team work and effective communication among doctors.

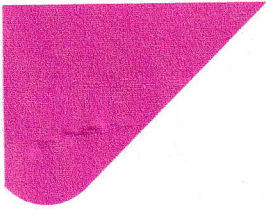
The meeting ended by 3.30 pm.

Betsy

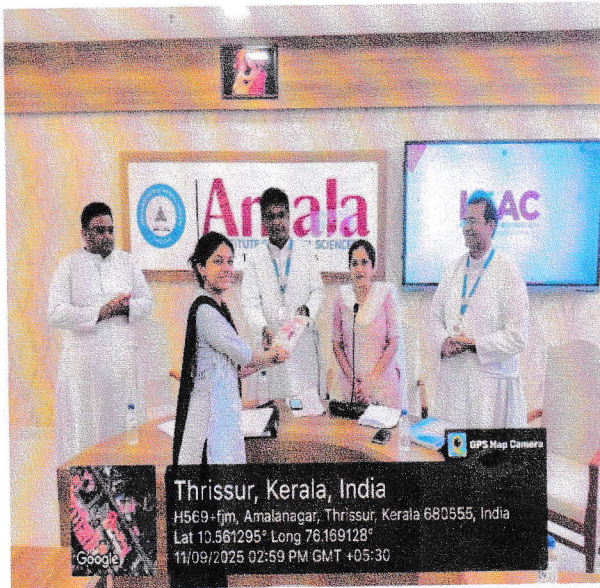
Principal

Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
PRINCIPAL
AMALA INSTITUTE OF MEDICAL SCIENCES
AMALA NAGAR, THRISSUR-680 555





College Council Meeting



Betsy
Dr. BETSY THOMAS
 MD, FRCOG, DNB, MICOG
 PRINCIPAL
 AMALA INSTITUTE OF MEDICAL SCIENCES
 AMALA NAGAR, THRISSUR-680 555

