

HOSTEL FACILITIES

Standard: 1.5.7

Measurable point: Student dining facility



DINING FACILITY – SAMPLE COPY

Betsy

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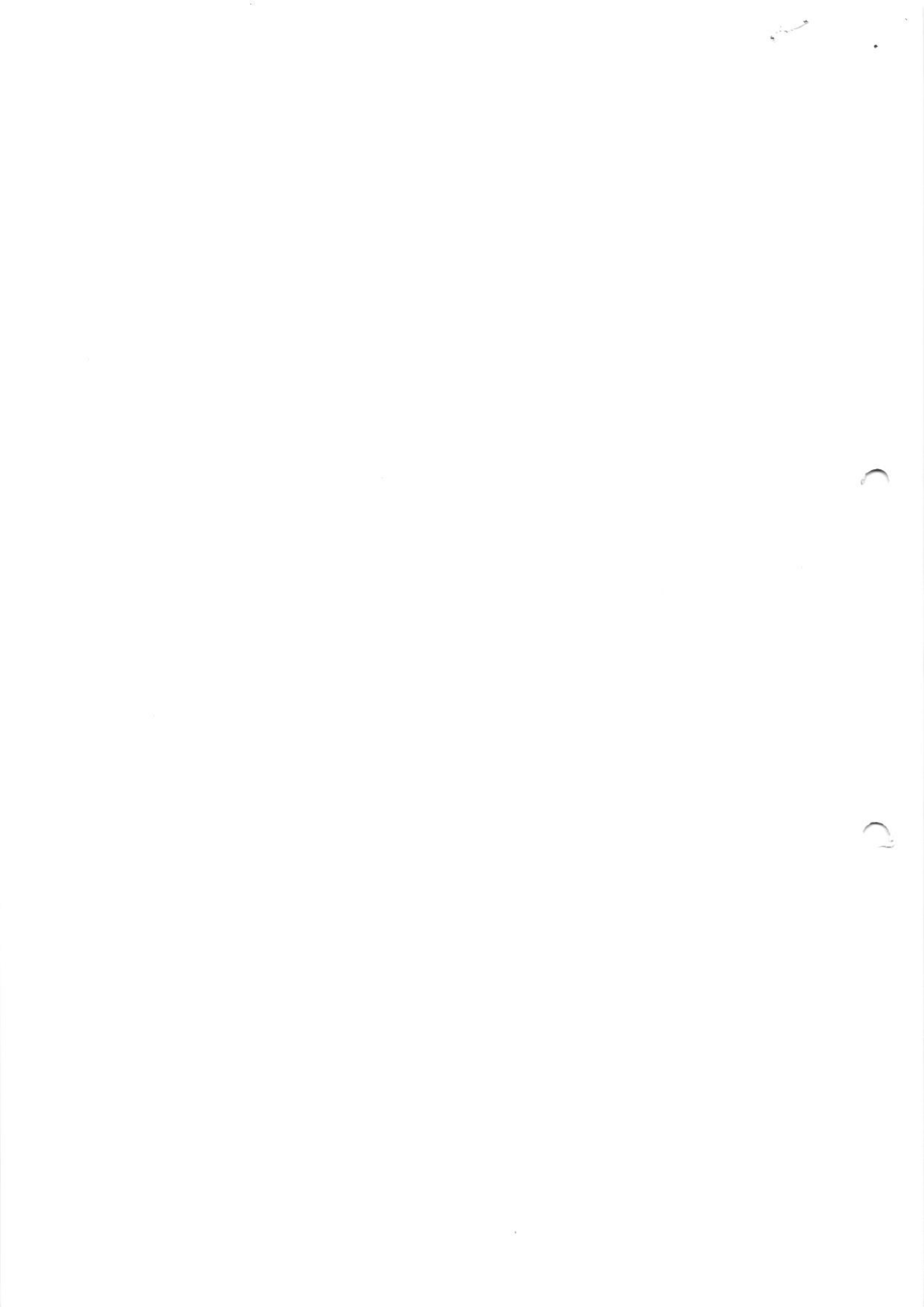
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HYGIENIC FOOD HANDLING

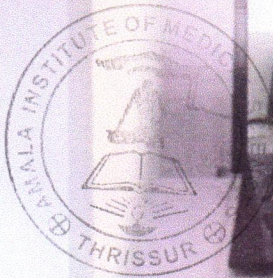


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Google

Thirissur, Kerala, India

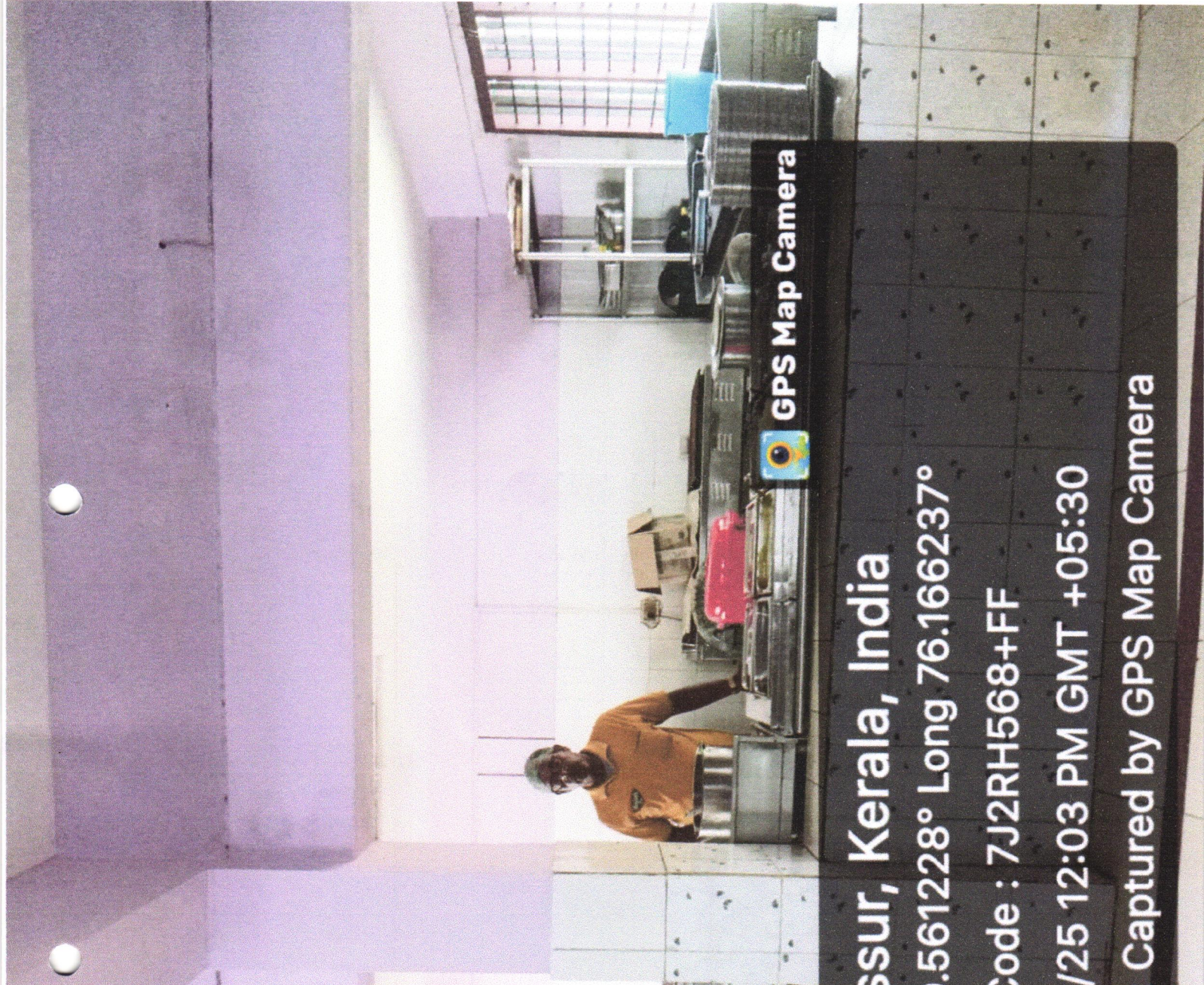
Lat 10.561228° Long 76.166237°

Plus Code : 7J2RH568+FF

10/06/25 12:03 PM GMT +05:30

Note : Captured by GPS Map Camera

 GPS Map Camera



6. **Mess and Dining Rules:**

Dining is permitted only in the designated mess area.

Students are expected to follow hygiene and food etiquette.

Mess fee is payable monthly/semester-wise; food wastage is discouraged.

Feedback and grievances can be submitted through the mess suggestion box or monthly review meetings.

7. **Safety and Maintenance:**

CCTC Surveillance is installed in common areas and entrances.

Fire extinguishers and emergency exits are maintained as per safety norms.

Any maintenance issues must be reported to the hostel office in writing.

Residents are responsible for maintaining hostel property; damages will be charged accordingly.

8. **Health and Wellbeing:**

A **Sick room** with first-aid is available.

In case of illness, residents must inform the warden and may be referred to the college hospital.

Regular health checks and counselling sessions may be organized.

9. **Prohibited Items:**

Electrical appliances (heaters, coils, and induction stoves), weapons, and flammable materials are not allowed in rooms.

Use of loudspeakers or music systems is restricted.

10. **Disciplinary Action:**

Violation of hostel rules will result in disciplinary action including warnings, suspension, fines, or expulsion based on the severity of misconduct.

A record of such actions will be maintained in the **student conduct register**.

11. **Documents Maintained:**

Admission Register

Attendance Log

Visitor Logbook

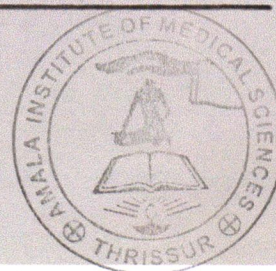
Complaint/Suggestion Register

Sick Room Register

Hostel Committee Meeting Minutes

Hostel Policy Acknowledgement Form (signed by students)

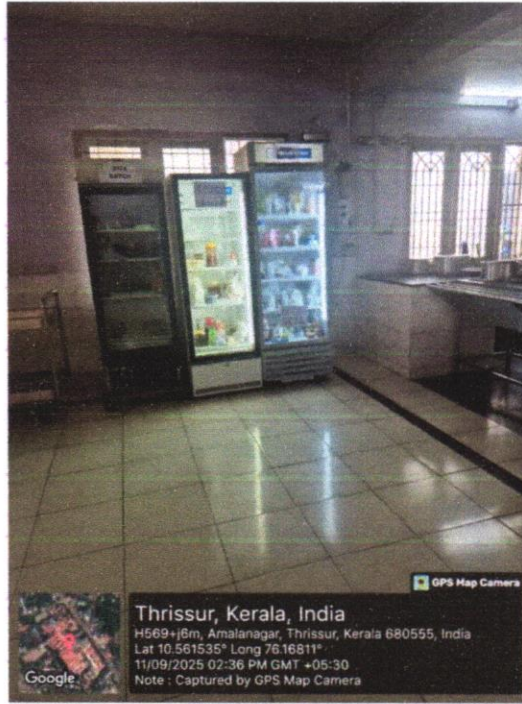
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COLD STORAGE OF FOOD ITEMS



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SAFE DRINKING FACILITY



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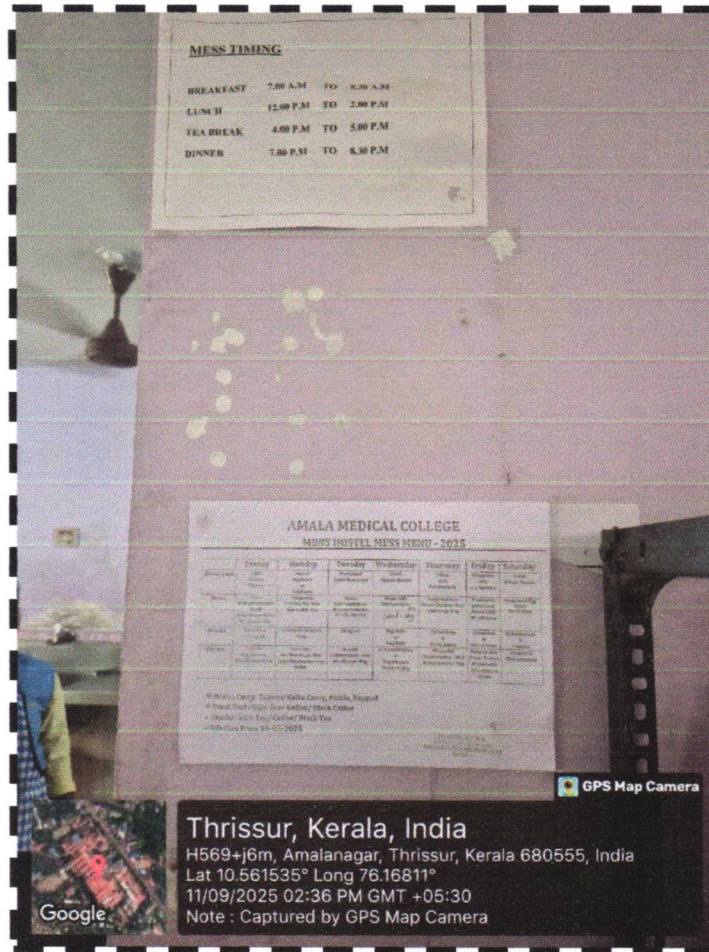
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MESS TIMINGS AND PLANNED MENU DISPLAY



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MESS TIMING

BREAKFAST 7.00 A.M TO 8.30 A.M
LUNCH 12.00 P.M TO 2.00 P.M
TEA BREAK 4.00 P.M TO 5.00 P.M
DINNER 7.00 P.M TO 8.30 P.M

**AMALA MEDICAL COLLEGE
 MBBS HOSTEL MESS MENU - 2025**

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Break Fast	Idli Dosa Masala	Appam Egg Curry or Veg Curry	Kuzhappam Green Peas Curry	Pongal Chicken Masala	Poha with Kadla Curry	Chappathi with veg Sambar	Pongal Pineapple Masala
Meals	Meals with Chicken/Beef or Mutton/Chicken/Beef or Egg Curry	Meals with Chicken/Pork/Beef or Egg Curry	Meals with Chicken/Beef or Mutton/Chicken/Beef or Egg Curry	Meals with Chicken Curry or Curd-Veg	Veg Fried Rice Pasta/Chicken/Beef or Chilli-Cup-Veg	Meals with Chicken/Beef or Mutton/Chicken/Beef or Egg Curry	Meals with Egg Masala or Chicken
Snacks	Idli Dosa Masala	Pongal & Masala Tada	Pongal	Egg Puffs or Veg Puffs	Vegetable & Masala	Sambar & Masala	Vegetable & Masala
Dinner	Pongal Veg Curry or Egg Curry	Idli Chicken Curry/Beef or Mutton/Chicken/Beef or Egg Curry	Pongal Chicken Curry/Beef or Mutton/Chicken/Beef or Egg Curry	Chicken Biryani or Veg Biryani or Sofa/Poha	Chappathi Chicken Curry - Rice or Egg Curry - Veg	Pongal Chicken Curry/Beef or Mutton/Chicken/Beef or Egg Curry	Idli Chicken Curry/Beef or Mutton/Chicken/Beef or Egg Curry

- ◆ Meals : Curry, Thoran/Kuttu Curry, Pickle, Pappad
- ◆ Break Fast : With Tea/ Coffee/ Black Coffee
- ◆ Snacks : with Tea/ Coffee/ Black Tea
- ◆ Effective From 19-05-2025

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Thrissur, Kerala, India

H569+j6m, Amalanagar, Thrissur, Kerala 680555, India

Lat 10.561535° Long 76.16811°

11/09/2025 02:36 PM GMT +05:30

Note : Captured by GPS Map Camera

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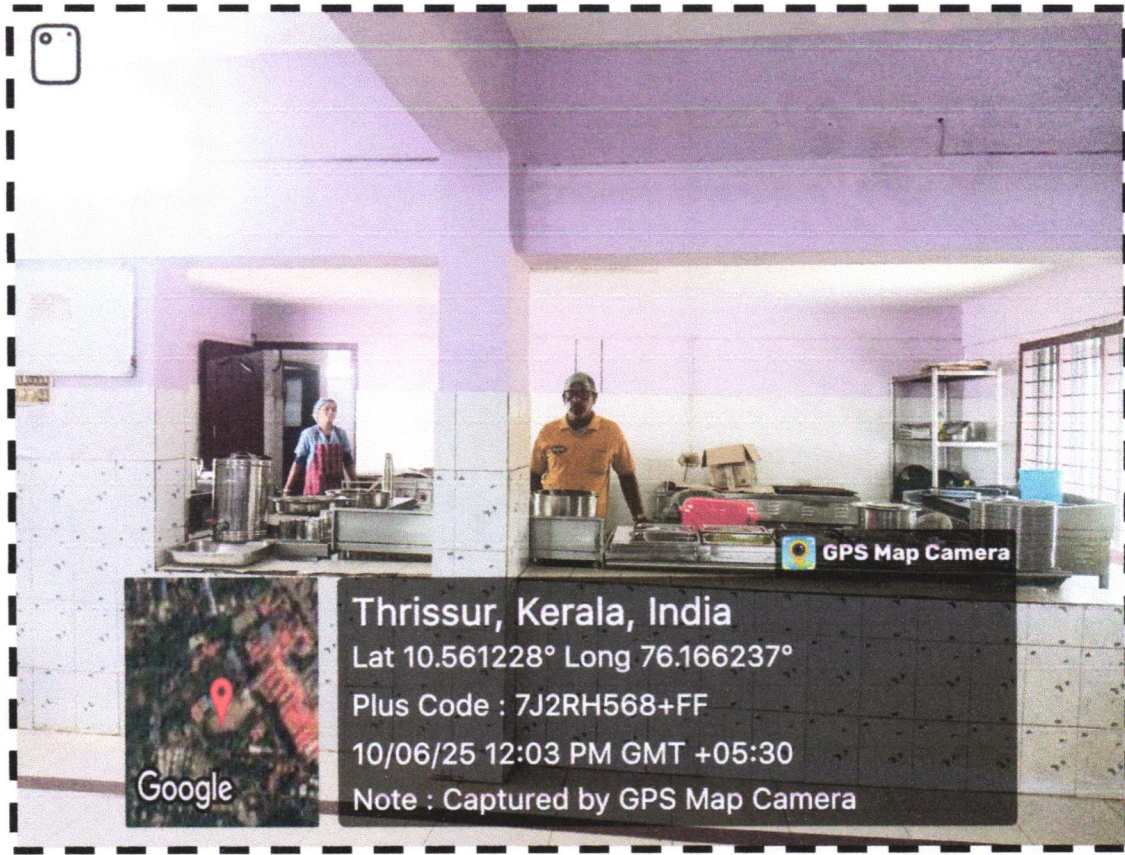
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KITCHEN

Date: 28/11/2025
Place: Thrissur



Betsy
Dr. Betsy Thomas
Principal

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MD, FRCOG, DNB, MICOG
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AMALA INSTITUTE OF MEDICAL SCIENCES

Amala Institute of Medical Sciences (An Undertaking of Amala Cancer Hospital Society)
Affiliated to Kerala University of Health Sciences Accredited by KUHS with GAS A+ Grade &
NABH & NABL Accredited & ISO 9001:2015 Certified, Amala Nagar P.O, Thrissur, Kerala.
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DEVAMATHA HOSTEL

BATCH	PRAYER TIME	ATTENDANCE TIME	DINNER TIME
2020	7.00PM	7.00-7.30 PM	7.00 - 7.30PM
2021	7.30 PM	7.00-7.30 PM	7.00 - 7.30 PM
2024	8.00 PM	7.30-7.45 PM	7.30 - 7.45 PM
2022			7.45 - 8.00 PM
2023			8.00 - 8.30PM



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