

AMALA INSTITUTE OF MEDICAL SCIENCES, THRISSUR
COLLEGE COUNCIL MEETING MINUTES

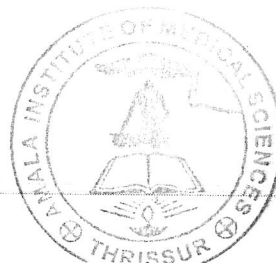
The College Council meeting was conducted on 12th November 2025 at 2.00 pm in the College Council hall.

Members present:-

Rev. Fr. Julious Arakkal CMI	Director
Rev. Fr. Antony Mannummel CMI	Associate Director
Dr. Betsy Thomas	Principal
Dr. Lola Das	Vice Principal and HOD Anatomy
Dr. Deepti Ramakrishnan	Vice Principal and Prof. of Pathology
Dr. Reena John	HOD Microbiology
Dr. Bindhu C.B	HOD Physiology
Dr. Sindhu P.C	HOD Biochemistry
Dr. Prathibha V.K	HOD Pharmacology
Dr. C.R Saju	HOD Community Medicine
Dr. Prince M Paul	HOD Forensic medicine
Dr. Savithri M.C	HOD Pathology
Dr. Andrews C Joseph	HOD ENT
Dr. Lathika V.K	HOD Ophthalmology
Dr. Alvin Tresa George	HOD General Medicine
Dr. Davis Paul	HOD Respiratory Medicine
Dr. Jose Francis	HOD Orthopaedics
Dr. Satheedevi P	HOD Anaesthesiology
Dr. Robert P. Ambooken	HOD Radiodiagnosis
Dr. Kalyani Pillai	HOD Paediatrics
Dr. Anoj Kattukaran	HOD OBG
Dr. Shiny John	HOD Psychaitry
Dr. Jayakumar T.G.	HOD Cardiology
Dr. Jomon Raphael C	HOD Radiation Oncology
Dr. Jobin Jose	HOD Emergency Medicine
Dr. Sindhu Vijayakumar	I/c PMR
Dr. Ashwin Oomen	I/c Medical Oncology
Dr. Beena Philip	I/c Dentistry
Dr. Ambily K	I/c Nephrology
Dr. Tabitha Merium Sabu	I/c Infectious Disease
Dr. Abel Francis	I/c Dermatology
Dr. Prasad Paul	I/c General surgery
Dr. Thomas Vadakkan	I/c Pulmonary medicine
Dr. Menon N.K Sunilkumar	MEU Coordinator
Dr. Sruthi M.V	Curriculum coordinator (Phase 3 Part 1)
Dr. Anish S	Curriculum coordinator (Phase 3 Part 2)
Dr. V. Ramankutty	Research Centre Director
Dr. Joby Thomas	Chief Administrative Officer
Dr. Francis	Prof. & Chief Librarian
<u>Apology</u>	
Rev. Fr. Deljo Puthoor CMI	Joint Director
Dr. Rajesh Anto	Medical Superintendent in-charge
Dr. Sureshkumar S	HOD Neurosurgery
Dr. Ajith T.A	AIMRD
<u>Absen</u>	
Dr. Sojan George	HOD Gastroenterology/ I/c Students' Council
Dr. Thomas John	I/c Neurology
Dr. Harikrishnan	I/c Urology



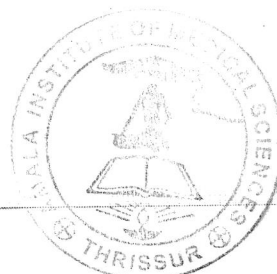
- The meeting began with a silent prayer.
- Director Fr. Julious Arakkal welcomed all members to the meeting.
- Father mentioned about the ongoing construction work at Medical College. He stated that the work is progressing rapidly in view of the upcoming Board of Management meeting on 16th November and 'MEDEX CONCORDIUM 2025' event scheduled for 22nd November.
- Director expressed his happiness regarding the First (2024 Batch) & second (2023 batch) year MBBS examination results. He congratulated the faculty & students for their efforts in achieving these excellent outcomes. He also conveyed special appreciation to the Dept. of Pharmacology for securing 100% pass percentage in the Phase 2 examination result of the 2023 batch.
- Father discussed the matter of 'Seed Money' and stated that faculty members retiring next year, as well as the current Senior Residents may apply for the 'Seed Money'. However, the final decision will rest with the management, and the performance of the senior residents will also be taken into consideration.
- Principal, Dr. Betsy Thomas, welcomed all members to the meeting and discussed the matters of the previous meeting.
- Principal informed that the Anaesthesiology & Radiodiagnosis departments had their DME inspection on 5th November, 2025. The essentiality request for increasing MBBS seats from 100 to 200 has already been submitted. The request of General Medicine & Emergency Medicine departments are under process. She also added that any other department wishing to increase their PG seats may submit their request within two weeks.
- She informed that PG council has been established in our institution and that we have issued written guidelines and regulations to the council. She also mentioned that, as per new directives, they will have their meetings & celebrations without compromising duty hours.
- She explained about the upcoming UG conference 'MEDEX CONCORDIUM 2025', which will be held in our college from 22nd to 26th November.
 - On 22nd November, there will be a common holiday for all MBBS batches.
 - For 2021 & 2025 batches, classes will continue as usual.



- As 2022 batch is organizing the event, there will be no classes for this batch on those days and classes will restart on 28th November.
- For 2023 & 2024 batches, clinical postings will be held in the morning, and there will be no theory classes in the afternoon.
- The academics will continue as usual until 19th noon, afternoon onwards other departments may occupy the venue for exhibition preparations.
- The classrooms must be cleared by 27th November, and regular academic schedules should resume on 28th November without fail.

She added that 'MEDEX CONCORDIUM 2025' is considered a national – level event, with participation expected from students across different states and expecting around 1 lakh people in total over 5 days.

- Dr. Prince M. Paul (HOD Forensic Medicine), invited all faculty members to the 'National symposium' to be held on 25th November, 2025 as a part of 'MEDEX'. The Chief Guest for the program will be Shri. Ravala A. Chandrasekhar IPS. He also mentioned the topics that will be discussed during the symposium. He expressed his gratitude to the management for the support extended in organizing the National Symposium.
- The Director mentioned about the discussion regarding conducting medical camps. He informed that a committee was formed, and they concluded that in next year 2026, Amala will conduct 12 major medical camps, one camp per month. The small camps, departmental camps, and in- house camps will not be included in these 12 camps. Only the external major camps will be counted in the total of 12.
- Dr. Betsy Thomas informed that any faculty who faces difficulty in punching due to issues with their mobile phone may come to the office, where the staff will assist them with the mobile punching process. NMC has banned all wall mounted face recognition punching machines.
- The minutes of the previous meeting were passed.
- Principal highlighted the important events of the months of September & October. She also offered special congratulations to Dr. Ajith T.A (Dept. of Biochemistry), who has been featured in Stanford University's list of the World's top 2% most influential scientists 2025. In addition, she congratulated the MBBS students who won prizes in the KUHS C-Zone Arts & Sports competitions.



SEPTEMBER

08.09.2025: Dept. of PMR observed 'World Physiotherapy Day'.

: Dept. of Ophthalmology conducted 'Free Eye Camp' as a part of World Eye sight Day.

09.09.2025: Inaugurated Urban Health Training Centre (UHTC) at Chettupuzha .

10.09.2025: Dept. of psychiatry observed 'World Suicide Prevention Day' and organized a awareness session in connection with the day.

15.09.2025: Dept. of General Medicine observed 'World Lymphoma Awareness Day'

21.09.2025: AMPI- Kerala chapter & AIMS collectively organized AMPI- Kerala Chapter Annual Academic Meet on 'Radiation Safety in Health Care'

: Dept. of Neurology observed 'World Alzheimer's Day'

25.09.2025: Dept. of Pulmonary Medicine observed 'World Lung Day'.

28.09.2025: Kerala AIDS Control Society & AIMS NSS unit jointly organized 'Yuvajaran Camp & HIV awareness class'.

: Dept. of Neurology observed 'World Rabies Day'

29.09.2025: Dept. of Cardiology as a part of 'World Heart Day' organized a Medical camp, awareness session and physical fitness 'Push- up challenge' competition.

: Dept. of Ophthalmology observed 'World Retina Day'.

OCTOBER

03.10.2025: 'Vidhyarambam' for 2025 MBBS batch, started orientation course for the new batch.

04.10.2025: Dept. of Oncology in collaboration with Thrissur Cooperation, started conducting cancer screening camps, tests, mammogram etc for selected divisions in Thrissur cooperation.

05.10.2025: Dept. of Neurology observed 'World Meningitis Day'.

06.10.2025: Dept. of PMR & CDC jointly conducted Free Multidisciplinary Assessment camp for children with Cerebral palsy (below 18 years) as a part of World Cerebral Palsy Day

08.10.2025: Amala Day care Oncology Clinic – one year completed.

: Dept. of Pharmacology & Nursing Administration collectively organized a workshop on 'SAFE MEDS'-Observe, Report, Prevent ADRs.

09.10.2025: MOU signed between Amala & IIIT, Kottayam.



: Dept. of Ophthalmology observed 'World Sight Day'. Launched 'Amala Nayana Gift a Glass Campaign: Reduce-Recycle-Reuse' a multiphase ecofriendly initiative for recycling old spectacle frames into affordable eyewear.

10.10.2025: Dept. of Psychiatry observed 'world Mental Health Day'

11.10.2025: Dept. of pain & Palliative observed "World Hospice & Palliative Care Day".

15.10.2025: Dept. of Anatomy observed 'World Anatomy day'

16.10.2025: Dept. of Anaesthesiology observed 'World Anesthesia Day', organized CPR training program for public.

: Dept. of Neurosurgery observed 'World Spine Day'

: 2024 Batch Phase I Result- Pass Percentage- 95%, Distinction- 4, First Class- 43, Second Class- 48.

17.10.2025: Dept. of Emergency Medicine observed "World Trauma Day".

18.10.2025: Dept. of ENT & Anatomy in association with AOI & TENTS, conducted 'AANCHOR 2025' a two- days dissection course for head & neck organized training.

20.10.2025: Dept. of Rheumatology, observed 'World Osteoporosis Day'.

24.10.2025: Dept. of Library organized- Two day National Workshop on 'Citation Analysis & Bibliometric Tools for Publishing'

: Dept. of Paediatrics observed 'World Polio day'

25.10.2025: Dept. of Oncology observed 'Breast Cancer Awareness Month', and conducted Breast cancer screening camp.

: Dept. of Medical Oncology organized 'Amala Oncology Breast Cancer Conference (ABCC'25)'.
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26.10.2025: Amala Jesus Youth Meet - 'FIAT '25'

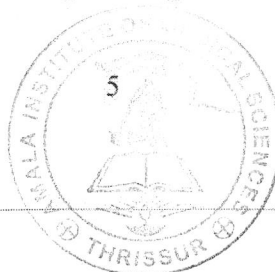
27.10.2025: Dept. of Community Medicine organized a lecture on 'International Health Regulation (IHR) & Travel Medicine', the resource person was Ms. Jasmine Maniyanipurath, IAEA, Austria.

29.10.2025: Dept. of Dermatology observed 'World Psoriasis Day'.

: Dept. of Neurology observed 'World Stroke day', and conducted awareness session at Amala chapel.

NOVEMBER

07.11.2025: 2023 Batch Phase II Result- Pass percentage - 93.75%, Distinction- 6, First Class-49, Second Class- 35.



AMALAGRAMA

- Dept. of Community Medicine organized awareness class about 'Intestive worm infection' for the Haritha karma seana workers in the kaiparambu panchayath.
- Dept. of Community Medicine conducted a health checkup and awareness class about 'Stroke' in the Erumapetty Panchayath
- An awareness class about 'Breast Cancer' was conducted for the mothers of Tholur panchayath by Dr. Licia (Dept. of OBG).
- Awareness class at Kaiparambu Gramapanchayath, about 'Basic Exercises for Muscle Strength' class was taken by Physiotherapist Mr. Rasheed.
- Awareness class at Kaiparambu and Adat Gramapanchayath, about 'Mental Health' class was taken by Dr. Stalin Kurian (Psychologist).
- Awareness class for students of G.H.S.S, Erumapetty about 'Basic Life Support', session was handled by Dr. Sreejith (Dept. of Emergency Medicine)
- Awareness class for teachers of St. Joseph Special School, Cheroor , about 'Basic Life Support', session was handled by Dr. Jobin Jose (Dept. of Emergency Medicine)
- Dept. of Community Medicine organized awareness class about 'Dengue Fever' at Kaiparambu panchayath ward 9.
- Awareness class at Erumapetty panchayath, about 'Nutritious Food' class was taken by Dr. Sruthy C.M (Dept. of Community Medicine).
- Awareness class for students of St. Thomas College, Thrissur, about 'Mental Health Emergencies', session was handled by Dr. Vineeth Chandran & Ms. Niji Vijayan (Dept. of Psychiatry)
- Conducted Thyroid Testing Camp and awareness class about 'Healthy Diet' at Tholur & Kaiparambu Panchayath.
- Awareness class for students of St. Clare's School, Thrissur, about 'Healthy Life Style', session was handled by Dr. Dinu M. Joy (HIC)
- Awareness class at Kaiparambu Panchayath, about 'Malaria' class was taken by Mr. Mohammed Rafi (Dept. of Community Medicine).
- Awareness class at Kaiparambu Panchayath, about 'Breast & Cervical cancer', class was taken by Dr. Lt. Col Vipin (Dept. of OBG).
- Awareness class at Adat Gramapanchayath, Pakal veedu, about 'Coping with Stress' class was taken by Dr. Stalin Kurian (Psychologist).

LIBRARY

1. **Research Publishing Support Services:-** Publishing Support Services provided by the DLRD are continuing. Details of the services provided from the Department during Sept. - October 2025 are given below:
 - Papers Submitted : 07 Nos.
 - Papers Accepted : 02 Nos. to Scopus Indexed Q3 Journals
 - Papers under Process : 05 Nos.
2. **Documentation and Document Delivery Services:-** The Library has collected 53 full text research papers from other libraries, and institutions on Inter Library Document



Delivery Basis and provided to our students and staff during the period Sept. - October 2025.

3. **Similarity and Plagiarism Advisory Services:-** The Library provided 37 Similarity and Plagiarism Advisory Services during the period Sept. - October 2025, out of which 02 services were provided to external Institutions.
4. **Publication Division of Amala:-** The “Amala Academic Publications” is continuing to publish Books with ISBN. The third book, “123 Medicinal Plants of Global Importance”; Chief Editor: Dr. C.I. Jolly from the Amala Ayurveda Division is under process for publishing with ISBN.
5. **National Digital Library of India (NDLI) Programmes**

The Dept. of Library & Research Documentation, the NDLI Club of Padma Bhushan Fr. Gabriel Central Library of Amala jointly organized the following programmes during the period:

- a. A talk on **Snippets of Dementia and Alzheimer's Disease**. Organized on September 25th at 7pm. Dr. Mary Anne Poovathingal, Associate Professor, Dept. of Neurology, AIMS led the talk and discussions online. 102 persons participated.
 - b. A talk on **Food Connects Us: Celebrating the Power of Food and Nutrition** on September 23rd, 2025 at 3 pm. Dr. Reena K. Chittilappilly, Chief Dietician, Dept. of Nutrition and Dietetics AIMS led the talk and discussions online. 123 persons attended.
 - c. A talk on **“Sudden Cardiac death in Young”** was organized on Sep. 28th, 2025 at 7 pm. Dr. Rupesh George, Associate Professor, Dept of Cardiology, AIMS led the talk and discussions online. 120 persons attended.
 - d. A Talk on **“Prevent, Detect, and Defeat Stroke”** was organized on Oct 26th, 2025 at 8:00 pm. Dr. Jayasanker V.R, Consultant, Dept. of Neurology, AIMS led the talk and discussions online. P.K. Das College of Nursing, Palakkad collaborated and 130 participants attended.
6. **Two Day National Workshop on Citation Analysis and Bibliometric Tools for Publishing**

A two day national workshop on Citation Analysis and Bibliometric Tools for Publishing was conducted on 24-25 October 2025.

FACULTY

- Dr. Ajith T.A has been featured in Stanford University's list of the World's top 2% most influential scientists 2025.
- Dr. Mithun P Gopalakrishnan (Dept. of Urology) has been awarded Dr. P.A Abraham Traveling fellowship of Urology association Kerala for the year 2025.
- Dr. Lekha K. Nair (Dept. of Pathology) was the moderator of the event of Kerala Chapter IAPM – Slide seminar on Cytopathology , hosted by Govt. Medical College, Thiruvananthapuram.
- Dr. Meekha Cizly James (Dept. of Dermatology) has been awarded the All India PG Thesis award (3rd Prize) for her work 'Study on Prevalence of Subclinical Achilles Enthesitis in Psoriasis', held at Surat, Gujarat.



PG

- Dr. Sarah Mary Paul (Dept. of Dermatology) is awarded IADVL Postgraduate Thesis Grant 2025 for her thesis titled 'A Study on the correlation Between Serum Hecpidin and Severity of Acne Scarring Among Patients visiting the Dermatology OPD in a Tertiary Care Centre'.
- Dr. Ashly Antony (Dept. of Ophthalmology) and Dr. Pretty Paulson (Dept. of Community Medicine secured ICMR PG research Grant 2025 (of Rs. 1 lakh each). They were felicitated during the meeting.
- Dr. Sarath. R secured 1st & Dr. Mathew bagged 2nd prize (Dept. of ENT) for e- poster competition at KAPSICON 25- Laryngology conference.
- Dr. Sarath .R (Dept. of ENT) won the Best paper Medal at KENTCON 25- ENT state conference.
- Dr. Sisira V (Dept. of Com. Medicine) won Best Oral Paper for the session on Scientific work at 'PREVMED 1.0 – 1st state conference of IAPSM Kerala chapter held at SUTMAS , Thiruvananthapuram.
- Dr. Varsha Rajkumar (Dept. of Resp. Medicine) secured 2nd prize for poster presentation in the state conference PULMOCON 25, held at Kumarakom.
- Dr. Ann Xavier Pulikkal (Dept. of Resp. Medicine) has secured 2nd prize in the oral presentation in the 4th conference of the Kerala chapter of Indian chest society, held at Kannur.

STUDENTS

- Rohan Suchithran (2023) won 2nd prize in oral presentation at 'GALECON 2025' held at Sree Gokulam Medical College, Venjaramoodu.
- Joel Edakalathur (2022) & Rohan Suchithran (2023) won 1st place in All India Quiz Contest ' TRIQUIZZARD' conducted by JIPMER quiz club.
- Anjana Binoy, Raina Biju, Elizabeth Elson, Binima Joy (2022) won 1st place in IGNITIO – Symposium Presentation in 'JUBICON 25'
- Anjana Kammath (2022) won 3rd place in INVENTIO- paper presentation in 'JUBICON 25'
- Sidharth Mahesh (2022) & Rohan Suchithran (2023) won 3rd place in the debate competition at 'PREVMED 1.0'- 1st Kerala State Conference on Preventive Medicine held at SUTMAS , Thiruvananthapuram.
- Rohan Suchithran (2023) won Best Oral Paper for the session on Scientific work at 'PREVMED 1.0 –held at SUTMAS , Thiruvananthapuram. He also won the 'Best of Best' UG award for the same.
- Amala Group dance team won 1st place in the 'All Kerala Inter College Dance Competition' held at Holy Grace Campus, Mala, on 25th October 2025, conducted by Rashtra Deepika.

SPORTS – C- Zone

AIMS secured overall KUHS C- Zone championship

Men's Basket Ball team secured 1st prize

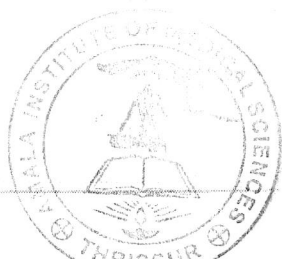


- Men's Volley Ball team secured 2nd prize
- 3rd place in Chess Men's team
- Abyaz Sajid (Chess individual) secured 1st place.
- Men's Table tennis team secured 3rd place
- Anjali Ann Badminton (women individual) & team secured 1st place
- Badminton (women) team secured 1st place

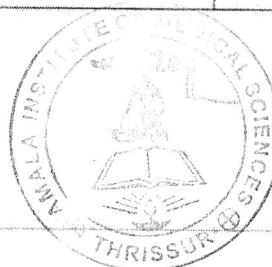
ARTS – C- Zone

- Nadim & Edwin Joy (2022 batch) secured 3rd prize in debate competition (English)
- Rohan Sujithran (2023 batch) got 2nd prize in JAM (English)
- Sidharth (2022) & Alan K V (2024) secured 2nd prize in duet dance
- AIMS team secured 1st place in dance competition
- Ritu Prathap (2023) got 3rd in Cartoon competition
- Aiswarya Paul (2023) won 2nd place in poster making competition
- Harsha Haridas (2022) secured 1st place in short story , Malayalam and 3rd place in Versification Malayalam
- AIMS team got 3rd place in Mime competition
- Edwin Joy (2022) secured 3rd place in Declamation- English
- Satherthya (2024) secured 2nd place in Short Story – Sanskrit
- Amisha Rajesh (2023) secured 3rd place in Bharathanatyam
- Priya (2022) won 1st prize in Versification – English
- Ananya Singh (2023) secured 2nd prize in Elocution – Hindi
- Jacob Thomas (2023) secured 3rd position in Pros & Cons- English
- Ashish Pramod(2022) secured 3rd place in keyboard

Agenda	Discussion/Decision taken	Responsibility
Form C - Feedback	Form C, includes a feedback section that must be filled out by both the examiners and the students after conducting the UG practical examinations. While most of the departments are attaching the feedback form, certain departments are not including the feedback form in Form C. Principal circulated the common feedback form through whatsapp in the meeting and asked the HOD's to ensure that this form is filled out and submitted along with Form C. In addition, at least five feedback forms from students should be collected on each examination day.	Departments
PG Guideship	In certain departments where no other eligible faculty is available, the existing faculty may continue with the PG guideship. However, if there are other eligible faculty members in the department, the PG guideship should be shared or rotated among them.	Departments



Internal Examiners	According to the new order from KUHS, one faculty member cannot serve as the internal examiner for more than two consecutive years. Therefore, if the department has other eligible faculty members, they should be assigned as internal examiners in the following years.	Departments
Institutional Ethics Committee	The papers & proposals should be submitted to the Institutional ethics Committee (IEC) atleast 15 days prior to the ethics committee meeting, and only after obtaining approval from the IRC. When the proposals are submitted at the last minute, it becomes difficult for the committee members to review the documents thoroughly and arrive at a conclusion. Therefore, timely submission is essential.	Concerned faculty/PG/UG students
QAS Inspection	Dr. Deepti Ramakrishnan informed that the QAS inspection is expected either in the last week of November or the first week of December.	IQAC & Institution
Linker Case	The concept of Linker case should be followed from Phase 1 onwards. During the last QAS inspection, the inspector asked the students about the Linker case, but they had no idea about it. Therefore, all faculty members should ensure that the Linker case is introduced and practiced starting from Phase 1.	Phase Coordinators & Departments
Website page up-gradation	Website page up-gradation was carried out by the Paediatrics Department, and Dr. Kalyani Pillai (HOD Paediatrics) gave a brief explanation of the features included in the website. She added that it will be helpful for the students to get an idea about the correct format, procedure to follow and common questions asked in exam viva. It will also help the slow learners by providing study material that is reliable and help them to improve their performance Director Fr. Julious Arakkal CMI inaugurated the website.	Dept. of Paediatrics
TEQ	TEQ published by the NMC in June 2025, provides a clear explanation regarding the teaching experience of faculty in super speciality departments without academic program. If an institution plans to start a new Super speciality department and the faculty in that department does not have sufficient teaching experience, they might work in the broad speciality department. Dr. Betsy added that the promotion of these faculty will be based only on the super speciality criteria, not on the broad speciality criteria.	Concerned Faculty



ICMR PG Research Grant	Dr. Ashly Antony (Dept. of Ophthalmology) and Dr. Pretty Paulson (Dept. of Community Medicine) , who secured the ICMR PG research grant 2025, were invited to the CCM meeting. Director presented a small gift to them in appreciation of their achievement, and they were formally congratulated in the meeting.	
MEU Moodle Training	Dr. SunilKumar Menon, MEU coordinator, asked all faculty members to utilize the MEU online journal. He also informed that the first batch of "Moodle training programme ' have started and he request all members to attend the sessions on a rotational basis.	MEU & Faculty
Glass Campaign	Dr. Lathika (HOD Ophthalmology) informed about the initiatives from the dept. of Ophthalmology titled 'Nayana - Gift a Glass Campaign', an eco-friendly project aimed at recycling old spectacle frames into affordable eyewear. She requested the support and participation of all faculty members for this initiative.	
Presentation on ACRI - Amala Centre for Research & Innovations	AIMRD-Dr. Deepti Ramakrishnan CRU - Dr. Ashwin Oommen Philip YIP - Dr. Boney Rajan IIC - Dr. Sindhu Vijayakumar IPR - Dr. Kayeen ACRI - Dr. Sruthi M.V All presented their objectives, ongoing projects, upcoming initiatives and future research plans in the meeting.	

Betsy
Principal



Betsy
Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
PRINCIPAL
AMALA INSTITUTE OF MEDICAL SCIENCES
AMALA NAGAR, THRISSUR-680 555