

# Amala Institute of Medical Sciences, Thrissur

## Report on Anti-Ragging Activities

### 1. Orientation and Student Awareness

All first-year students of the 2024 batch at Amala Institute of Medical Sciences were provided with a comprehensive orientation on anti-ragging policies. During this induction, the students were made aware of the institution's strict zero-tolerance stance on ragging. As part of this initiative, they were asked to complete an anti-ragging undertaking, and their parents were also required to sign and submit a declaration. A Google Form link was circulated among the students to facilitate easy reporting of any incidents. The principal, Dr. Betsy Thomas, emphasized that all complaints would be treated confidentially and appropriate action would be taken immediately.

### 2. Guidance and Vigilance

The Principal stressed the importance of both student and faculty vigilance in identifying and preventing ragging and substance abuse on campus. Student representatives were advised to be observant and to report any suspicious behavior or incidents without delay. The college has implemented a robust complaint mechanism that ensures quick and serious handling of any reports. If a complaint is confirmed, the institution will take strict action, including involving law enforcement and possibly debarring the student from continuing the course.

### 3. Faculty & Hostel Vigilance Squad

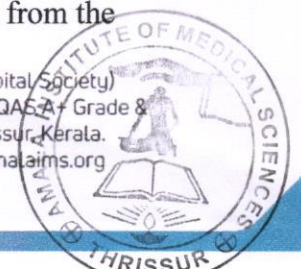
The Anti-Ragging Vigilance Squad includes faculty from various departments, and separate squads are designated for boys' and girls' hostels. Faculty from departments such as Surgery, Anatomy, Orthopedics, ENT, Physiology, Pathology, and Microbiology participate in this initiative. Each day, squad members follow a scheduled duty roster and make surprise visits to the hostels during both day and night. After every visit, the observations are recorded in the anti-ragging register, which is reviewed regularly by the Principal's office.

### 4. Anti-Ragging Committee

The Anti-Ragging Committee is chaired by the Principal, Dr. Betsy Thomas, and includes a diverse group of members such as the Head of the Institution Rev. Fr. Julius Arakkal CMI, Vice Principals Dr. Deepni Ramakrishnan and Dr. Rennis Davis, faculty representatives, student representatives, parents, non-teaching staff, as well as members from local media, NGOs, and the police and civil administration. The committee convened on 14th December 2024 and discussed the effectiveness of current anti-ragging measures, shared vigilance reports, and reaffirmed the college's commitment to ensuring student safety and well-being.

### 5. Signboards and Campus Posters

The college has installed several posters and signboards throughout the campus and hostels, displaying clear messages about the prohibition of ragging. These materials contain emergency contact numbers, the names of faculty members involved in the vigilance squads, and instructions on how to report ragging incidents. A circular issued on 11th September 2023 is prominently displayed, stating that ragging in any form is banned and will attract strict penalties including police action, imprisonment, fines, and expulsion from the institution.



## 6. Outcome of Recent Committee Meeting

During the most recent committee meeting on 14th December 2024, the members evaluated the performance of the anti-ragging squads and discussed feedback from students. The importance of proactive faculty visits to hostels and the effectiveness of regular awareness campaigns were emphasized. Additionally, the committee appreciated the state-led "Shraddha" program for its efforts against substance abuse and discussed integrating its objectives within the college's student wellness framework.

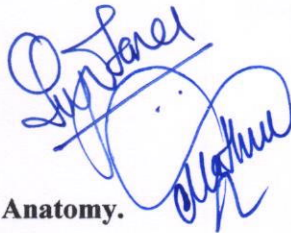
## Conclusion

Amala Institute of Medical Sciences is steadfast in its commitment to maintaining a ragging-free campus. Through structured orientation sessions, vigilant faculty oversight, open channels for student feedback, an empowered anti-ragging committee, and continuous monitoring, the institution ensures a safe and inclusive learning environment. These collective efforts reinforce the college's stand that ragging, in any form, will not be tolerated and that every student has the right to a secure and respectful educational experience.

Prepared By:

**SSGP NODAL OFFICERS:**

1. Dr Tinju James, Professor of Physiology.



2. Dr Mathew Joseph, Assistant Professor of Anatomy.

Date : 01/08/2025



**Dr. BETSY THOMAS**

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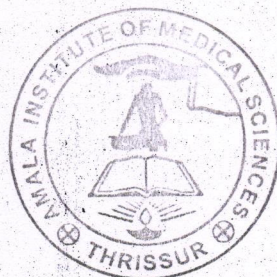
**Anti Ragging Committee Meeting**

Date: 14.12.2024

Time: 12 Noon

Venue: Principal's office

- The meeting started with a silent prayer.
- Dr. Betsy Thomas presided over the meeting.
- Anti – ragging committee members including student's representatives attended the meeting.
- The principal informed the attendees about the circular issued by the NMC regarding anti ragging and the meeting they requested to conduct.
- She also mentioned the anti ragging google form sent to first year students (2024 batch) and the under taking sent to all parents, except those of the 2024 batch students.
- The principal reminded everyone that the college remains highly vigilant about ragging. If any written complaint is received, the institution will immediately inform police to take further action, the particular student will be debarred from the college.
- She highlighted about the vigilant squad- the doctors visiting the hostel to interact with students, and the report of these visits, which will be submitted to the principal's office.
- The principal reminded student representatives to be more vigilant about ragging and the use of drugs among the student. She asked the students to inform immediately if they notice such cases.
- Dr. Rennis Davis (Vice Principal) mentioned about the “Shradha” the government project against drugs.
- Dr. Betsy stated that students can send complaints through email or letter, assuring that the authority will keep the complaints confidential and take appropriate action.
- The meeting concluded at 1pm.



*Betsy Thomas*

Principal

Dr. BETSY THOMAS  
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PRINCIPAL

