

AMALA INSTITUTE OF MEDICAL SCIENCES (AIMS), THRISSUR

AMALA CENTRE FOR CAREER GUIDENCE AND PLACEMENT ASSISTENCE (ACCP)

Event Title	Crossroad 2025 – Career Guidance Programme
Date	June 18 th , 2025
No. of Participants	80
Venue	Zoom platform (Online) https://zoom.us/j/94985786836?pwd=LVWLBViYipyTPAgTROqRaHRxEUeR0m.1
Organized by	Amala Center for Career Guidance and Placement Assistance (ACCP)
Supported by	Internal Quality Assurance Cell (IQAC), AIMS
Key person in charge	Dr Twinkle Wilson – Placement Coordinator, ACCP Dr. Athira K R Senior Resident, Community Medicine Faculty Coordinator, ACCP
Theme	Exploring New Frontiers: Redefining Medical Careers Beyond the Conventional"

Report on Career Guidance Programme – ‘Crossroad 2025’

The Amala Centre for Career Guidance and Placement Assistance (ACCP), functioning under the Internal Quality Assurance Cell (IQAC), organized a compelling event titled “*Crossroad 2025*” that saw enthusiastic participation from 80 MBBS students across batches. This initiative was designed to broaden students’ horizons by introducing them to meaningful career paths beyond the conventional routes in medicine. The programme sought to inspire students through firsthand accounts, fostering clarity and motivation to make informed career choices. Key objectives included introducing students to alternative careers, particularly in the Armed Forces Medical Services, and encouraging interaction with experienced professionals and alumni.

The event saw enthusiastic participation from 80 MBBS students across batches. Dr. Deepthi Ramakrishnan, Professor of Pathology and IQAC Coordinator, inaugurated the session with a thought-provoking address emphasizing the evolving nature of the medical profession. Dr. Febin



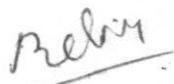
Antony, Assistant Professor in Radiation Oncology and Alumni & Mentorship Liaison of introduced the keynote speaker, Maj Dr. Alfred Thomas, an Alumnus and Military Physician whose talk was titled "Live a Life Less Ordinary." His address was rich with insights into the Armed Forces Medical Services (AFMS), discussing its structure, entry pathways like SSC and PC, postings, and career progression. He also provided an inspiring overview of the life of a military doctor, blending patriotism with professional excellence.

Maj. Dr. Thomas shared how AFMS operates within the Indian Army, Navy, and Air Force, offering diverse roles in hospitals, disaster zones, field units, and UN missions. He detailed the eligibility requirements and training pathways, especially through AFMC, Pune. The talk outlined career growth through military ranks and highlighted both tangible and intangible benefits such as adventure, service, team leadership, and lifelong friendships. He addressed common student concerns around safety, work-life balance, and long-term prospects with honesty and reassurance. The session concluded with an interactive Q&A, moderated by Dr. Twinkle Wilson C, during which students posed insightful questions, reflecting their deep interest and enthusiasm.

The programme concluded with a vote of thanks by Dr. Athira K Senior Resident of Department of Community Medicine and Faculty Coordinator of ACCP who acknowledged the speaker, organizers, and student participants. She reaffirmed ACCP's commitment to continuing such mentorship-driven initiatives. "Crossroad 2025" succeeded in achieving its goal of providing a transformative career guidance experience by connecting students with real-world perspectives and alternative service-driven career options. The event marked a significant step toward fostering a culture of purpose, diversity in career planning, and alumni engagement within Amala Institute of Medical Sciences.



Report Submitted by: Dr. Twinkle Wilson C, Placement Coordinator, Amala Centre for Career guidance and Placement assistance (ACCP), AIMS, Thrissur.



Approved by: Dr. Betsy Thomas, IQAC Chairman and Principal, AIMS, Thrissur

Date: 05-07-2025

Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
PRINCIPAL

AMALA INSTITUTE OF MEDICAL SCIENCES
AMALA NAGAR, THRISSUR-680 555



AIMSTSR/IQAC/ACCP/02/2025

12.06.2025

CIRCULAR

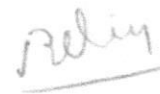
The Amala Centre for Career Guidance and Placement Assistance (ACCP) is pleased to inform all medical students that a Career Guidance Programme titled "**Crossroads 2025**" will be conducted on **Wednesday, 18th June 2025**, through the **Zoom online platform** from **5:00 PM to 6:00 PM**. This programme aims to provide valuable insights into various career opportunities, higher education options, and professional development pathways specifically in the field of medicine. All students are encouraged to attend from the beginning and participate actively. Interested students are requested to register through the Google Form link given below.

For further details, please contact the Placement Cell Coordinator.

Google Form Link: <https://forms.gle/MrhVnL7ogpUok6ak9>

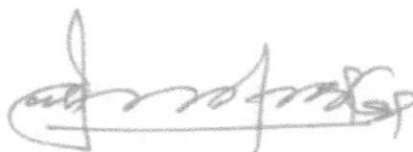


Dr. Deepti Ramakrishnan
Vice Principal, IQAC Coordinator
& ACCP Faculty coordinator



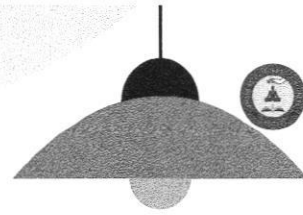
Dr. Betsy Thomas
Principal & IQAC Chairman

Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
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Fr. Julious Arakkal CMI
Director





The Amala Center for Career Guidance and Placement Assistance is pleased to inform all medical students that a Career Guidance Programme

“Crossroads 2025”

Resource person



Maj Dr. Alfred Thomas



conducted on Wednesday,
18th June 2025, through the Zoom
online platform from
5:00 PM to 6:00 PM.

All students are encouraged to attend punctually and participate actively. Interested students are requested to register through the Google Form link given below.

<https://forms.gle/MrhVnL7ogpUok6ak9>



Maj Dr Alfred Thomas

Phone: 9567265284

Address: Odackal House, Santhinagar, Thenhipalam PO, Malappuram, Kerala

Email: alfredjamesoo9@gmail.com

Location: Bhutan

CAREER SNAPSHOT

- Medical Officer with years of experience in delivering emergency care, trauma management, and general practice in high-pressure environments, including field hospitals and high-altitude medical units.
- Proven track record in critical care management, patient assessment, and treatment planning, ensuring timely and effective medical interventions.
 - Expertise in telemedicine and remote consultations, providing comprehensive care to isolated communities and military personnel.
 - Strong leadership skills in directing medical teams, coordinating medical evacuations, and enhancing patient outcomes through advanced life support (BLS/ACLS) and field medicine protocols.
 - Crisis management experience, including providing rapid response during natural disasters, such as the Kerala floods (2018) and Glacial Lake Outburst Flood (GLOF) in Sikkim, where I led Army columns for evacuation and casualty management.
 - Successfully saved casualties post-GLOF in Sikkim and led the de-induction of Army columns by foot through challenging terrains.
 - Led Army operations during the Sunjuwan terrorist attack and conducted forward operations across Jammu territories in treacherous and hostile conditions.
 - Detailed for medical cover for VVIPs, including the Defence Minister, Chief of Defence Staff (CDS), and Chief of Army Staff (COAS), ensuring seamless and secure medical support during critical assignments.
 - Highly skilled in patient-centric care, tactical combat casualty care, and medical record management, ensuring compliance with medical standards and high levels of patient satisfaction.
 - Adept at collaborating with multidisciplinary teams, ensuring seamless care coordination and resource optimization to deliver high-quality healthcare services.
 - Proficient in implementing and adhering to National Quality Assurance Standards (NQAS) in healthcare facilities, ensuring excellence in service delivery, compliance with standards, and continuous quality improvement.

EDUCATION

MBBS

Amala Institute of Medical Sciences, Thrissur

MBA HHSM

BITS Pilani

COURSES

- NQAS course : Topped the course of NQAS(National Quality Assurance Standards) by Academy of Hospital administration in 2024
- CTLS course : Attended and cleared Combat Trauma Life Support Course from OTC (Officers Training Centre, Lucknow) in 2016
- Operational Logistics and Resource management - detailed as Sub depot commanders for various sub depots of Advance Base Ordnance Depot of Indian Army

NQAS Internal Assessor – Academy of Hospital Administration

Associate Member – Academy of Hospital Administration (AMAHA)



CERTIFICATIONS AND MEMBERSHIPS

PROFESSIONAL LICENSE

Travancore Cochin Medical Council (TCMC)

Registration no : 56136

SKILLS

- Emergency Preparedness and Response
- Crisis and Trauma Care Management
- Regulatory Compliance (NQAS Standards)
- Quality Assurance in Healthcare
- Strategic Resource Allocation
- Military Medical Logistics
- Supply Chain Management in Healthcare
- Patient Care Coordination
- Staff Leadership and Team Coordination
- Process Improvement and Optimization
- Inventory and Asset Management
- High-Pressure Decision Making
- Compliance with Safety and Military Standards
- Rapid Medical Response and Crisis Intervention
- Healthcare Data Analysis and Reporting



Betsy
Dr. BETSY THOMAS
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Crossroads 2025 – Career Guidance Programme
Organized by: Amala Centre for Career Guidance and
Placement Assistance (ACCP)

Date: Wednesday, 18th June 2025

Time: 5:00 PM – 6:00 PM

Platform: Zoom (Online)

Programme Agenda

- 4:55 PM – 5:00 PM** 🛎 *Participant Login and Settling In*
- 5:00 PM – 5:05 PM** *Welcome Address*
Dr. Deepti Ramakrishnan
Professor, Pathology
IQAC Coordinator, Vice principal of AIMS
Faculty Coordinator, ACCP
- 5:05 PM – 5:10 PM** *Introduce Resource PERSON*
Dr. Febin Antony
Assistant Professor, Radiation Oncology
Alumni & Mentorship Liaison, ACCP
- 5:10 PM – 5:50 PM** *Keynote Talk – Live a Life Less Ordinary*

Maj Dr. Alfred Thomas
Armed Forces Medical Services, Ministry of Defence, Government of
India
- 5:50 PM – 5:57 PM** *Interactive Q&A Session*
Moderator: Dr. Twinkle Wilson C
Coordinator, ACCP
- 5:57 PM – 6:00 PM** 🙏 *Vote of Thanks*
Dr. Athira K R
Senior Resident, Community Medicine
Faculty Coordinator, ACCP
<https://youtu.be/rLdN2Lefeo0>

Thank you!



Topic	ID	Host	Duration (r	Start time	End time	Participants
Career Gui	9.5E+10	Amala Mec	87	06/18/2021	06/18/2021	122

Name (orig Email	Total durat	Guest
DR BOBAN	55	Yes
Michelle	30	Yes
Varsha Das	49	Yes
Tony	17	Yes
CPR	17	Yes
Aghil Subin UG22007	12	Yes
Aksa (Amsa)	60	Yes
Sneha	54	Yes
Ananya A UG22015	2	Yes
Makhlouf Mathew Ma	13	Yes
Nikhil	13	Yes
22035	27	Yes
Amala	6	Yes
Alen Joy	56	Yes
Joyce R Reji	38	Yes
Karthika Sajikumar	36	Yes
Dona Devasia	38	Yes
Aaron Ansel (1)	40	Yes
Satheerthya C S	62	Yes
Ryan Rennis	33	Yes
Aswini T Anil	29	Yes
Elsa Joy	63	Yes
swati manjaly	47	Yes
Jenifer (21049-Jenifer)	48	Yes
Hannah Tito	43	Yes
UG22009 AKSHATHA B	50	Yes
Zandra (Zandra 1027)	41	Yes
Jacob	52	Yes
Zoom user	46	Yes
Divya	61	Yes
Dahlia	64	Yes
187576	58	Yes
Alfred Thomas	73	Yes
Uttam rajesh 22099	38	Yes
Nadim	40	Yes
Kingkong	29	Yes
Neha	3	Yes
Joseph	3	Yes
Sreelakshmi Lejumon :	47	Yes
Adithy Ajay	61	Yes
Grace Maria Boby	59	Yes
Ann Joseph	52	Yes
Febin	14	Yes
Nikhila Vijayan	60	Yes
23061 (61 Laurel Elza f	44	Yes
22092 Sree Lakshmi J	39	Yes

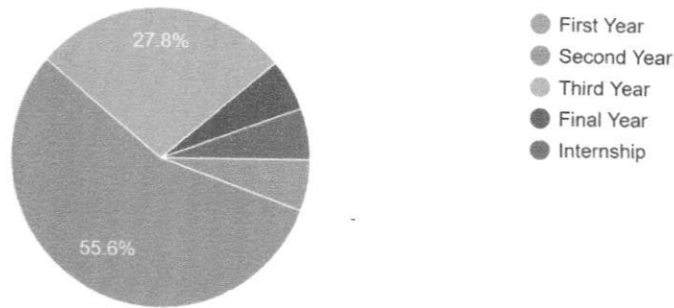


Anwitha	54 Yes
Elvis Thomas John	48 Yes
Vishnu Manoj 97	55 Yes
88-Shifna	34 Yes
Evangeline Jose	2 Yes
Jacob Abraham	8 Yes
Stephany Maria Santh	25 Yes
Priya	28 Yes
Amanda	30 Yes
Dr deepti ,vice principa	86 Yes
Samsung SM-T220	56 Yes
Dr Dayana	62 Yes
ug22007 aghil subin	34 Yes
AKASH SURESH	57 Yes
Shreya	40 Yes
Mahima	56 Yes
Kripa (Kripa)	7 Yes
Merlin Martin 22068	40 Yes
Rosemary Joseph	33 Yes
Ria	6 Yes
Twinklewilson Chittila	65 Yes
Ann Maria Jose	6 Yes
Niharika	30 Yes
Dr Athira K.R (Athira Sr	57 Yes
Tom Xavier	52 Yes
Aneeta	22 Yes
UG22065 Lizbeth	7 Yes
raisa ann	49 Yes
22022 Anshida K	5 Yes
Maria Grace Antony- 6	44 Yes
21070- Merlin Benny	47 Yes
22060 Jisia Rose V	22 Yes
Maria Grace Antony 64	8 Yes
Amala Mec itsupport@	66 No
Christina	18 Yes
Anna George	38 Yes

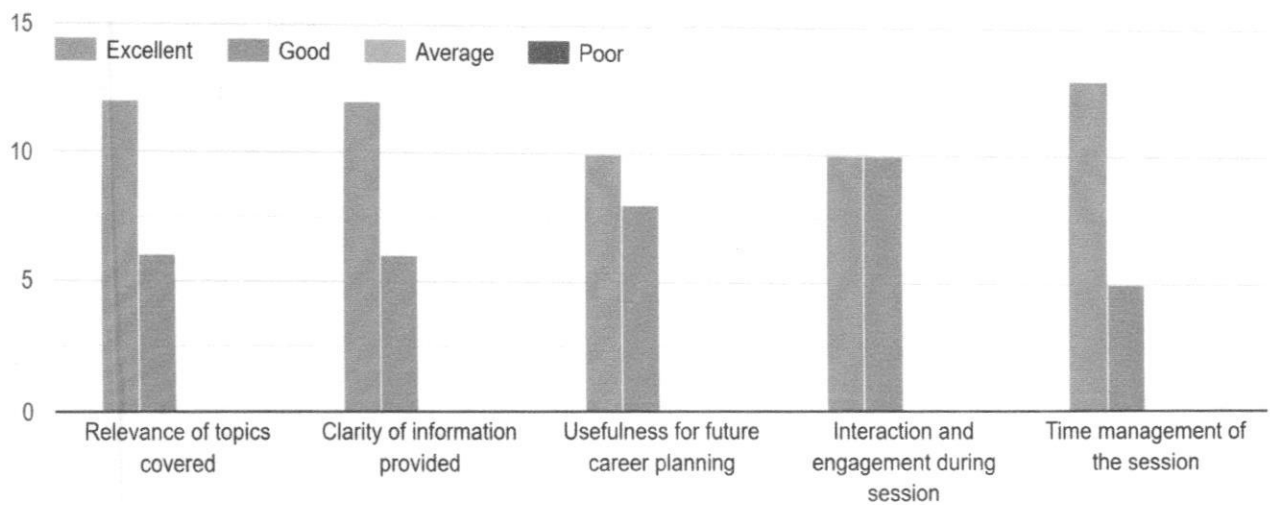


Feedback

Current Year of MBBS
18 responses



How would you rate the following aspects? (Tick the appropriate box) Statement | Excellent | Good | Average | Poor

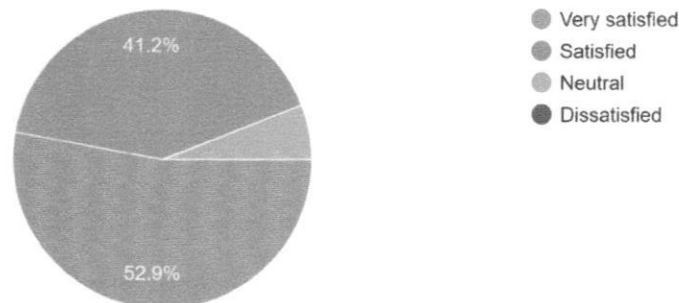


Resource person Feedback



Overall Satisfaction

17 responses



What did you like most about the session

Good speaker and good information. Dr Alfred's inspiring talk It was an amazing session to know more about it in great in depth He describes his experiences in army and that's what I liked the most. The experience shared by sir, and the perks. Information I'd like to appreciate that the speaker is an alumnus of our college, giving us a hope that this path isn't an unachievable one, also like to point out how knowledgeable the speaker, giving us the pros and cons of this particular career path. The session was inspirational.

What could be improved?

Session time, Nil, Including more interactive sessions. It's really inspiring. Love to hear many more experiences of different paths that our alumnus has taken

