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ETHICS COMMITTEE- AIMS, THRISSUR

Registration No. EC/NEW/INST/2021/1648 (DHR, Government of India)

Registration No. ECR/653/Inst/KL/2014/RR-22) (CDSCO, Government of India)

E -mail: ethics.committee@amalaims.org

Ref.No: 10/EC/24/AIMS

Date: 23/02/2024

Ethics Committee Meeting Minutes

A sitting of Ethics Committee was held on 27-01-2024 at 2 pm in the College Council Hall, Amala Institute of Medical Sciences, Thrissur – 680 555.

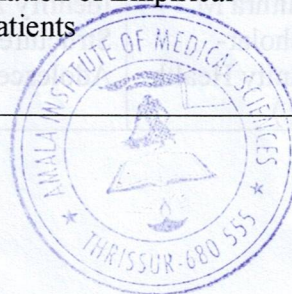
Following members were present:

1. Dr. Rev. Fr. Anil George Konkoth C M I, (Chairman)
2. Dr. Sojan K George (Member Secretary, Clinician)
3. Rev. Fr. Deljo Puthoor C M I ,(Theologist)
4. Adv. Jino Jose (Legal Expert)
5. Adv. Sebi J Pully (Legal Expert)
6. Dr. Rajee Raghunath (Social Scientist)
7. T.K Pius (Lay Person)
8. Dr. V K Prathiba (Basic Medical Scientist – Pharmacology)
9. Dr.C.B.Bindu (Basic Medical Scientist –Physiologist)
10. Dr. V K Lathika (Clinician)

The following decision taking Ethics Committee meeting:

1. Meeting began with a silent prayer, after the quorum was fulfilled.
2. The Chairman examined the minutes of the last meeting.
3. For preparing SOP, Dr. Sojan, Dr. Bindu, and Dr. Prathiba were selected.
4. Following research papers and protocols approved by Institutional Research Committee were unanimously approved.
5. Member Secretary informed the IEC regarding the DHR registration renewal & steps needed for the same.

Sl. No	Name & Department	Title	Comments
1	Dr. Maridas Tom Thomas (Med. Onco & Hematology)	A Study of Clinical Outcomes on De-Escalation of Empirical Meropenem among Febrile Neutropenia Patients	Approved





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2	Nimisha Paul (MBBS Student)	Prevalence, Determinants, and Severity of COVID 19 During Pandemic in a Rural Area of Thrissur District of Kerala- A Cross Sectional Study	Approved with modifications
3	Kunjumary Scariah (MBBS Student)	A Cross Sectional Study on Knowledge, Attitude and Level of Preparedness of Medical Interns and Final Year Nursing Students in a Teaching Hospital on a Antibiotic Use and Antimicrobial Resistance	Approved with modifications
4	Alaina Tessil Bobby & Elizabeth George (MBBS Students)	A Study on Work Place Violence and its Associated Factors Against Health Care Workers Employed in Thrissur District of Kerala, India	Approved with modifications
5	Godson Shaji (MBBS Student)	A Study on Microbial Profile and Anti- Microbial Resistance in Febrile Oncology Patients From an Oncology Centre at Central Kerala	Approved
6	Dr. Laween Merris Lenos (Clinical Pharmacist)	A Longitudinal Study to Assess the Prevalence and Pattern of Drug- Drug Injections in Medical Intensive Care Unit (MICU) of a Tertiary Care Teaching Hospital	Approved with modifications
7	Alby shajan (MBBS Student)	A Study on the Spectrum of Lymph Node Pathology and its Clinical Profile From a Tertiary Care Hospital in Central Kerala	Approved
8	Dr. Hasna (General Medicine)	A Study on Incidence, Risk Factors and Outcome of Acute Kidney Injury in Patients with Acute Febrile Illness in a Tertiary Care Hospital in Central Kerala	Approved
9	Dr. Jasmine Jose (Pediatrics)	A Study on the Seroprevalence of Hepatitis A Virus (HAV) Antibody and its Determinants in a Pediatric Age Group in A Tertiary Care Centre in Kerala.	Approved
10	Dr. Steffi Thomas (Anesthesiology)	A Study on Relationship Between Perfusion Index During Vascular Occlusion Test and Outcome in Patients With Septic Shock	Approved
11	Rinu David (Amala College of Nursing)	Effect of Life Skill Education Programme on Physical and Mental Wellbeing Among Middle Adolescence	Approved
12	Mary Elizabeth John (PhD scholar- Community Health Nursing)	Effect of a Women to Women Community Collaborate Approach on Knowledge and Skill of Post- Menopausal Women towards Maintain Menopausal Health	Approved
13	Mrs. Chithra M (PhD scholar- Community Health Nursing)	Identify Adolescents at Risk for PCOS and Asses Effect of Structured Teaching Program on Knowledge and Attitude of Adolescents Regarding PCOS and its Prevention	Approved



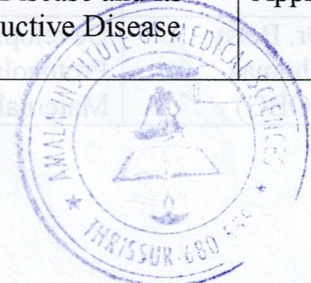
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14	Lekshmi M (PhD scholar- Community Health Nursing)	Effect of Ergonomic Awareness Programme on Work- Related Musculoskeletal Disorders Among Staff Nurses	Approved
15	Dr. Manu Manikandan (Pediatrics)	Study on the Effect of Early Intervention and Behavioral Modification on Clinical Profile of Preschool Children with Prolonged Screen Time- A Quasi Experimental Approach	Approved
16	Dr. Rose Babu (Anesthesiology)	Comparative Study Between Intra operative Administration of Intravenous Lignocaine and Fentanyl on Post Operative Analgesic Requirement in Patients Undergoing Total Thyroidectomy.	Approved
17	Dr. Krishnapriya V (Radiodiagnosis)	Coronary Calcification in Patients with Systemic Autoimmune Rheumatologic Disease Using Multi detector CT Scan- A Comparative Analytical Study.	Approved
18	Dr. Ashly Sunny (Pediatrics)	A Study on The Prevalence of H. Pylori Positivity and its Associated Risk Factors in Children with Recurrent Abdominal Pain in a Tertiary Health Care Centre in South India	Approved
29	Dr. Febin Antony (Radiation Oncology)	Analysis of Oncological Outcomes in Locality Advanced Rectal Carcinoma Patients Receiving Neoadjuvant Chemo Radiation Therapy and Adjuvant Chemotherapy.	Approved with modifications
20	Dr. Sneha Ann Sajeev (Pediatrics)	LATCH Score at Discharge as a Tool for Predicting Exclusive Breastfeeding and Weight Gain in Term Healthy Babies Born to Primi Mothers in a Tertiary Care Hospital in Kerala.	Approved
21	Dr. Hena Azeez (Radio Diagnosis)	Magnetic Resonance Enterography Versus ILEO- Colonoscopy in the Assessment of Inflammatory Bowel Diseases- A Cross Sectional Comparative Study	Approved
22	Dr. Nithya K S (OBG)	A Comparative Analysis of Endometrial Bacteria in Women with Benign and Malignant Endometrial Pathologies Undergoing Hysterectomy in a Tertiary Care Setting	Approved
23	Dr. Shabnum Babu (OBG)	A Study on Association Between Change in Cervical Length and Gestational Age at Delivery Using Antenatal Scans	Approved
24	Dr. Joel Joy (OBG)	A Comparison of Endometrial Pipelle Aspiration Vs Hysteroscopy Guided Biopsy in Determining Etiopathology of Post Menopausal Bleeding in a Tertiary Care Centre in Thrissur	Not approved
25	Dr. Anjali Rajan (Medicine)	A Study on the Prevalence of Coronary Artery Disease and its Impact on the Morbidity Among Chronic Obstructive Disease Patients	Approved





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26	Dr. Lekha K Nair, MD, FRC Path (Pathology)	Efficacy of C- Band Ultra Violet Light Microscope in Detecting Cytological Abnormalities in Cervical Smears- Experience in a Tertiary Care Centre	Approved with modifications
27	Dr. Fathima Faziludheen (Radio diagnosis)	Diagnosis Accuracy of Diffusion Weighted Imaging and Apparent Diffusion Coefficient Values for Detecting Osteoporosis in Comparison with Dual Energy X Ray Absorptiometry	Approved
28	Dr. Finty Rose Rapheal (Physiology)	Study of the Effect of Music Tempos, on Autonomic Function Parameters in Post Exercise Recovery Time in Young Adults	Approved
39	Dr. Aiswarya Aravind M K (Radio diagnosis)	A Concordance Study on Liver Fibrosis Staging Using Shear Wave Elastography and Transient Elastography Fibroscan in Patients with Chronic Liver Disease	Approved
30	Dr. Tisha S S (Biochemistry)	A Study on the Association of Family History of Type 2 Diabetes Mellitus with Parameters of Metabolic Syndrome in Healthy Young Adults	Approved
31	Dr. Arya Suresh (Radiation Oncology)	Dosimetric Comparison of Forward IMRT Versus Hybrid IMRT for Breast Cancer Radiotherapy	Approved
32	Majna & antony martine (Respiratory Therapist)	Clinical Characteristics and Outcome of Ventilated Adult Patients in a Limited Resource Setting.	Approved with modifications

Following Protocols were also evaluated by the IEC for the purpose noted against

1.	Dr. Anil Kumar (Medical Oncology)	A Prospective ,Multicenter, Observational Registry of Metastatic Colo Rectal Cancer(MCRC)DISEASE to Determine Demographics, Molecular Features, Clinical Features and Treatment Outcomes in Patients Undergoing Treatment at Participating Centers	Registry	Approved
2.	Dr. Kishore P (Department of Orthopedics)	Anticoagulation for Stroke Prevention in Patients with Recent Episodes of Perioperative Atrial Fibrillation after Noncardiac Surgery- the ASPIRE – AF trial.”	ASPIRE – AF trial.”	Approved
3.	Dr. Betsy Thomas (OBG)	Development, Implementation and Evaluation of Protocolized Cardio- Obstetric Care in Improving Maternal Cardiac, Obstetric and Fetal Outcomes of	Clinical Trial	Approved



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		Pregnant Women with Heart Disease in India.		
4	Dr. Sunu Cyriac (Medical Oncology)	A Multicentric Noninferiority Trial to Compare Sublingual Buprenorphine Versus Oral Tramadol for Cancer Pain	Clinical Trial	Approved

Meeting came to an end at 4.45 pm on same day.

(Dr. Sojan K George)

Member Secretary

Betsy
Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
PRINCIPAL
AMALA INSTITUTE OF MEDICAL SCIENCES
AMALA NAGAR, THRISSUR-680 555



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Ref.No: 05 /EC/25/AIMS

Date: 23/04/2025

Ethics Committee Meeting Minutes

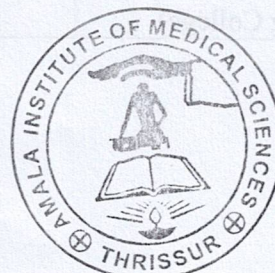
A sitting of Ethics Committee was held on 15/02/2025 at 2 pm in the Forensic Demonstration Hall, Amala Institute of Medical Sciences, Thrissur – 680 555.

Following members were present:

- Dr. Rev. Fr. Anil George Konkoth C M I, (Chairman)
- Dr. Sojan K George (Member Secretary, Clinician)
- Rev. Fr. Deljo Puthoor C M I ,(Theologist)
- Adv. Jino Jose (Legal Expert)
- Adv. Sebi J Pullylely (Legal Expert)
- Dr. V K Prathiba (Basic Medical Scientist – Pharmacology)
- Dr. C.B.Bindu (Basic Medical Scientist –Physiologist)
- Dr. V K Lathika (Clinician)
- C.P. Verghese (Lay Person)

The following decision taking Ethics Committee meeting:

1. Meeting began with a silent prayer, after the quorum was fulfilled.
2. Condolences were expressed on the sudden death of our Ethics Committee member Dr. Sarah Neena and all other members prayed for her.
3. The ethics committee discussed SAEs that occurred during the clinical trial.
4. In this meeting 9 protocol were submitted for minor corrections like study period extension and Guide Change of the approved study which were amendment approved by the committee members.
5. The Ethics Committee members decided to inform the management to appoint another person to the position of social scientist instead of Dr. Sara Neena.
6. Following research papers and protocols approved by Institutional Research Committee were unanimously approved.



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Sl. No	Name & Department	Title	Decision
1	Neha Sunil (MBBS Student)	Long Term Functional Outcome in Ischemic Stroke: Impact of Etiological Subtypes, Treatment Approaches and Adherence to Secondary Prophylaxis – A Cohort Study.	Approved with modifications
2	Lidiya Babu (Research Scholar, Sri Rama Krishna Engineering College, Coimbatore)	Developing a Deep Learning Technology for Lung Cancer Detection Using Image Processing.	Approved with modifications
3	Dr. Sreya P B (Pathology)	Revising APTT Transmittance Clotwave Form Pattern in Diagnosis of DIC.	Approved with modifications
4	Dr. Sreeraj V (Haematology)	A Study on Serum Hcpidin -25 Levels in Recurrent Iron Deficiency Anaemia in a Tertiary Care Centre.	Approved with modifications
5	Annla Majo (MBBS Student)	Prevalence of Sleep Disorder and their Associated Factors among College Students in Thrissur.	Approved with modifications
6	Sophy Susan (MBBS Student)	A Study on Obsessive Compulsive Disorder among College Students in Thrissur District in Kerala.	Approved with modifications
7	Dr. Rennis (Pulmo)	Exploring and Comparing the Effectiveness of Initial Pharmacotherapy (ICS+LABA Vs LABA+LAMA) on Lung Outcomes in Biomass-Smoke Exposed COPD Subjects.	Approved with modifications
8	Dr. Sreeraj V (Haematology)	A Phase III RCT Comparing AVD+ Low Dose Nivolumab Versus ABVD Using a Risk-Adapted Strategy in Newly Diagnosed Advanced Stage Classical Hodgkin Lymphoma.	Approved with modifications
9	Dr. Anne Rijo (Pathology)	Retrospective Study to Determine the Presence of Red Complex Bacteria in Lung and Breast Carcinoma Tissues and its Association with Poor Prognostic Factors – A Pilot Study.	Approved with modifications
10	Dr. Dominic Mathew & Dr. Maridas	Assessment of Real – World Management Patterns, Treatment Decisions and Outcomes of Pancreatic Neuroendocrine Tumours – A Single Centre Retrospective Study From India.	Approved
11	Dr. Ambika C (Associate Professor, Nursing College)	Pattern of Internet Use and Subjective Well – Being among Retirees.	Approved

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12	Dr. Nirmal Immanuel (Ortho)	Comparative Study on Post – Operative Pain Management Using LIA (Local Infiltration Analgesia) and Epidural Analgesia in Patients Undergoing Total Knee Arthroplasty Using Mako Knee 2.0 Smart Robotics.	Approved with modifications
13	Vinaya K F (Nursing College)	Effect of Bibliotherapy on Psychological Wellbeing among Nursing Students.	Approved
14	Dr. Febin Antony (Radiation Oncology)	A Pilot Study to Assess the Technical Feasibility and Precision of a Novel Cost-Efficient Fiducial (FM) Integrated with Deep Inspiratory Breath Hold (DIBH) for Stereotactic Body Radiation (SBRT) in Hepatocellular Carcinoma (HCC).	Approved
15	Dr. Febin Antony (Radiation Oncology)	Oncological Outcomes in Adenocarcinoma of the Cervix: A Retrospective Analysis.	Approved
16	Moly Thomas (Asso. Professor, Nursing College)	Effect of Nurse Led Intervention on Knowledge Regarding Breast Self – Examination and Prevention of Breast Cancer among Women of Selected Department of Amala Institute of Medical Science.	Approved
17	Dr. Shabnum Babu (OBG)	A Study on Prevalence of Periodontal Red Complex Bacteria in Placenta of Women with and without Preterm Labour in a Tertiary Care Setting.	Approved with modifications
18	Dr. Lisha P V (Pulmonary Medicine)	Predictors of Positive CT Pulmonary Angiogram among Inpatients of Tertiary Care Centre.	Approved
19	Dr. Aiswaria Alex (Microbiology)	Clinicomicrobiological Profile of Non – Tuberculous Mycobacterial Infections in a Tertiary Care Hospital – A Cross Sectional Study.	Approved
20	Dr. Sindu P C (Biochemistry)	A Study to Determine the Reference Interval of Vitamin D in the Blood Samples Analysed in Clinical Biochemistry Laboratory of 2 Tertiary Care Hospitals of Thrissur District.	Approved

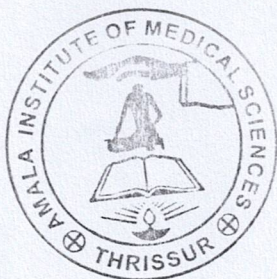
Meeting came to an end at 4.45 pm on same day

(Dr. Sojan K George)

Member Secretary, IEC

DR. SOJAN GEORGE K
MBBS, MD, DM, DNB (GASTRO)
Professor and HOD
Medical Gastroenterology
Reg. No. 33440

Amala Institute of Medical Sciences, Thrissur



Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
PRINCIPAL

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Ref.No: 11 /EC/25/AIMS

Date: 17/05/2025

Ethics Committee Meeting Minutes

A sitting of Ethics Committee was held on 03/05/2025 at 2 pm in the College Council Hall, Amala Institute of Medical Sciences, Thrissur – 680 555.

Following members were present:

- Dr. Rev. Fr. Anil George Konkoth C M I, (Chairman)
- Dr. Sojan K George (Member Secretary, Clinician)
- Rev. Fr. Deljo Puthoor C M I ,(Theologist)
- Adv. Jino Jose (Legal Expert)
- Adv. Sebi J Püllely (Legal Expert)
- Dr. V K Prathiba (Basic Medical Scientist – Pharmacology)
- Dr. C.B.Bindu (Basic Medical Scientist –Physiologist)
- Dr. T.K Pius (Lay Person)

The following decision taking Ethics Committee meeting:

1. Meeting began with a silent prayer, after the quorum was fulfilled.
2. The second anniversary of the Ethics Committee was celebrated by cutting a cake with all the members.
3. This time, Dr. Sheela and Dr. Sreekumar were invited as subject experts from ayurveda to assess the study from Amala Ayurveda for ethics committee review. Subject experts Dr. Sheela and Dr. Sreekumar, who accepted the invitation of the Ethics Committee and participated in the meeting, provided suggestions for the study from Ayurveda and expressed their gratitude for being invited here. On behalf of the Ethics Committee and Amala, we would like to express our gratitude to Dr. Sreekumar and Dr. Sheela for



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accepting our invitation and participating in the Ethics Committee meeting and providing the necessary suggestions.

4. The fee for an expedited review by the Ethics Committee has been set at 20,000 rupees.
5. Honorarium to be paid to subject experts attending Ethics Committee meetings has been fixed at Rs. 3,000.
6. It was decided that the Ethics Committee meeting circulars would now be distributed to student and faculty WhatsApp groups if authorities permit as a part of green campaign.
7. It was also decided that instead of providing 5 copies of studies submitted to the Ethics Committee office, it would be sufficient to provide 1 printed copy and a pdf soft copy to the Ethics Committee's email and the rest may be submitted on demand from IEC members.
8. In this meeting 4 protocols were submitted for minor corrections like study period extension of the approved study which were amendment approved by the committee members.
9. Following research papers and protocols approved by Institutional Research Committee were unanimously approved.

Sl. No	Name & Department	Title	Decision
1.	Meera Rakesh (MBBS Student)	Knowledge, Attitude and Practice Regarding Diabetic Foot Care among Diabetic Patients.	Approved
2.	Dr. Sreeraj (Clinical Haematology)	A Multicentre Phase III Randomized Control Trial to Test the Efficacy of Targeted Agents During Induction and a Response – Adapted Consolidation in Adolescent and Young Adult Patients with De-Novo ALL.	Defer
3.	Dr. Mini Kariappa (Anatomy)	Gamification Versus Video- Assisted Lectures As Teaching Learning Methods For Teaching Anatomy.	Approved
4.	Thomas George B (MBBS Student)	Prevalence of urinary incontinence and factors associated with it among older adults admitted to a tertiary care hospital in kerala.	Approved with modifications



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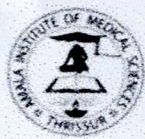
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5.	Rinu David (A P – College of Nursing)	Effect of Life Skill Education Programme on Physical and Wellbeing among Middle Adolscence.	Approved
6.	Bincy A P (A P – College of Nursing)	Perceptions and Proactive Behaviours on Prevention of Child Abuse among Adolescents in a Selected Schools at Thrissur District.	Approved
7.	Dr. Vinu Vipin (Transfusion Medicine)	Red Cell Alloimmunisation in Multi – Transfused Oncology Patients From a Tertiary Care Hospital in Southern INDIA.	Approved
8.	Anju Kunjumon & Anne Mariya (Nursing Students)	Assess Stress and Burnout among Indian Nurses Working Abroad.	Approved with modifications
9.	Abin Babu & Amal Biju (Nursing College)	Level of Assertiveness among B. Sc Nursing Students.	Approved
10	Mariya Christy & Mariya Thomas (Nursing Students)	Self Care Behavior and Associated Factors among Elderly People with Type 2 Diabetes.	Approved with modifications
11	Emil Martin & Esther Biju (Nursing Students)	Level of Knowledge Regarding Migraine among Undergraduate Nursing Students.	Approved with modifications
12	Della Thomas & Devika (Nursing Students)	The Level of Stress and its Determinants among Mothers of Neonates Admitted in NICU of Tertiary Care Hospital in Thrissur.	Approved with modifications
13	Arathi P & Ayana Baby (Nursing Students)	Osteoporosis Knowledge and Preventive Behavior among Perimenopausal Women.	Approved with modifications
14	Sneha Tharakan & Sneha Tom (Nursing Students)	Impact of Social Media Addiction on Sleep Quality among B. Sc. Nursing Students.	Approved
15	Kavya Nath & Krishnapriya C S (Nursing Students)	Depression, Anxiety and Stress among Nurses Working in Intensive Care Units and Medical Wards.	Approved with modifications
16	Gopika M K & Harsha P (Nursing Students)	Pre- Operative Anxiety and Associated Factors among Adult Surgical Patients.	Approved with modifications
17	Nimisha P & Niros M J (Nursing Students)	Assess Prevalence and Knowledge of Medication Errors among Undergraduate Nursing Students.	Not approved



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18	Dr. Neethu Babu (Microbiology)	Study on the Urinary Symptoms and Urine Culture Test Report of Patients Undergoing Pelvic External Beam Radiotherapy.	Approved with modifications
19	Dr. Deepthy Sara Sen (Dermatology)	A Study on Usage and Costs of Cosmetics among General Population.	Approved
20	Dr. Sunu Cyriac (Medical Oncology)	Project Proposal For Chemo Ports And Picc Line Patients From 2020 – 2024.	Approved with modifications
21	Christa Davis (Jr. Neurology)	Impediments Faced in Acute Stroke Care – Study From a Tertiary Care Centre in India.	Approved with modifications
22	Dr. Anas K (Palana Institute of Medical Sciences)	Association between Iron Deficiency Anemia and Febrile Seizures among Children in Palakkad: A Hospital Based Study.	Approved with modifications
23	Dr. Lavanya B R (Palana Institute of Medical Sciences)	A Comparative Study on Different Treatment Modalities of Endometrial Hyperplasia in Perimenopausal Women.	Approved
24	Mr. Dawn V J Assistant Professor (Sanjo College of Paarmaceuticals)	Assessment and Evaluation on Health Outcomes of SGLT2 Inhibitors in Type 2 Diabetic Patients with Renal and Cardiovascular Complications.	Approved with modifications
25	Dr. Cyril James (Palana Institute of Medical Sciences)	Relationship between Estimated Glomerular Filtration Rate and Obesity Indices in Non – Diabetic, Non – Hypertensive Adults.	Approved
26	Dr. Aswathi Aerath (Palana Institute of Medical Sciences)	A Study on Prevalence of Thyroid Disorders in Patients with Metabolic Syndrome in Tertiary Care Hospital.	Approved with modifications
27	Dr. Thasneem (Palana Institute of Medical Sciences)	A Study on Prevalence and Risk Factors of Obesity and Hypertension among Adolescent in Palakkad, Kerala.	Approved with modifications
28	Dr. Stephen Varughese (Medicine)	A Comparative Study on Incidence of Hypokalemia amongst Sepsis Patients Receiving Reserve Antibiotics Regimens with or without Polymyxin – B.	Approved with modifications
29	Dr. Alina Mary James (Community Medicine)	Parental Challenges in Reducing Ultra Processed Food in Children’s Diet: A Cross Sectional Study.	Approved
30	Dr. Rajkrishna B (Radiation Oncology)	Prediction of Pathological Complete Response in Patients Receiving Neoadjuvant Treatment and Total Mesorectal Excision For Locally Advanced Rectal Cancer From Pretreatment T2 Weighted MRI Based Radiomics Features.	Approved with modifications



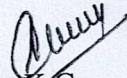
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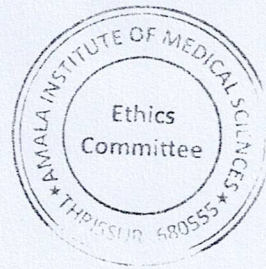
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31	Dr. Nasrin Hashim (Pathology)	Molecular Profile of Non- Small Lung Carcinoma in a Tertiary Care Centre.	Approved
32	Dr.S Jayadeep (Ayush – Amala)	Ayush Intervention on Public Health for Janusandhigata Vatam (Knee Osteoarthritis)	Approved with modifications
33	Shamly (St. Thomas College)	Deep Learning-Enhanced Analysis of Colonoscopic Images for the Differential Diagnosis of Crohn's Disease and Gastrointestinal Tuberculosis	Approved
34	Dr. Derlin Thomas (Anesthesiology)	Virtual Reality Treatment for Reducing Post Operative Pain in Women Undergoing Cesarean Section with Spinal Anesthesia: A Randomized Controlled Trial.	Resubmit
35	Ms. Dahlia Dixon (MBBS Student)	Study on Pneumonia Caused by Mycoplasma Pneumonia among Patients Admitted in Intensive Care Unit in a Tertiary Care Hospital.	Approved

Meeting came to an end at 4.45 pm on same day


(Dr. Sojan K George)
Member Secretary, IEC

Dr. SOJAN GEORGE K
MBBS, MD, DM, DNB (GASTRO)
Professor and HOD
Medical Gastroenterology
Reg. No. 33440
Amala Institute of Medical Sciences, Thrissur





Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
PRINCIPAL
AMALA INSTITUTE OF MEDICAL SCIENCES
AMALA NAGAR, THRISSUR-680 555

IEC AMALA INSTITUTE OF MEDICAL SCIENCES



Registration No. EC/NEW/INST/2024/KL/0455 (DHR, Government of India)
Registration No. ECR/653/Inst/KL/2014/RR-22) (CDSCO, Government of India)
Amala Institute of Medical Sciences, Thrissur-680 555
(Affiliated to Kerala University of Health Sciences and Accredited A+)
E -mail: ethics.committee@amalaims.org

Ref.No: 15 /EC/25/AIMS

Date: 17/06/2025

Ethics Committee Meeting Minutes

A sitting of Ethics Committee was held on 09/06/2025 at 2 pm in the College Council Hall, Amala Institute of Medical Sciences, Thrissur – 680 555.

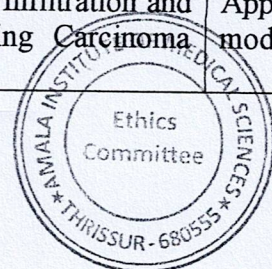
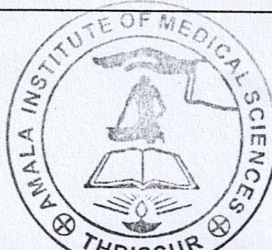
- Following members were present:

- Dr. Sojan K George (Member Secretary, Clinician)
- Rev. Fr. Deljo Puthoor C M I ,(Theologist)
- Adv. Jino Jose (Legal Expert)
- Dr. V K Prathiba (Basic Medical Scientist – Pharmacology)
- Dr. C. B. Bindu (Basic Medical Scientist –Physiologist)
- Dr. V K Lathika (Clinician)
- Adv. Sebi J Pullely (Legal Expert)
- C P Verghese (Lay Person)

The following decision taking Ethics Committee meeting:

1. Meeting began with a silent prayer, after the quorum was fulfilled.
2. As the number of research papers increased, it was decided that a subcommittee would be convened every 45 days and a full committee would be convened every 90 days.
3. In this meeting 5 protocols were submitted for minor corrections like study period extension of the approved study which were amendment approved by the committee members.
4. Following research papers and protocols approved by Institutional Research Committee were unanimously approved.

Sl. No	Name & Department	Title	Decision
1.	Dr. Nandhitha Indunesh (Pathology)	A Study on CD4 and CD8 T Lymphocyte Infiltration and its Association with Pathological Grading Carcinoma Endometrium.	Approved with modifications

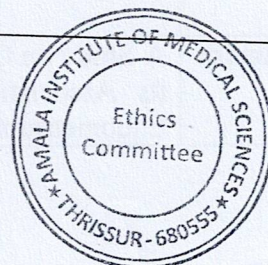




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2.	Dr. Sasank Varma (Paediatric)	A Comparative Study on Bowel and Bladder Dysfunction in Children with and without Urinary Tract Infection in a Tertiary Care Centre in South India.	Approved with modifications
3.	Dr. Angelin Jose (Pathology)	A Study on Association of Beta A Catenin Expression and Ki 67 in Basal Cell Carcinomas.	Approved with modifications
4.	Dr. Abin Prakash (Pathology)	A Study on Expression of CD 44 and CD 24 in Invasive Breast Carcinoma and Association with Known Predictive Markers.	Approved with modifications
5.	Dr. Ajay Alex Abraham (Pathology)	A Cross – Sectional Study on PAX 2 and BCL 2 Expression in Endometrial Lesions and Association with Prognostic Factors in Endometrial Carcinoma.	Approved with modifications
6.	Dr. Sandra Bazel (Anaesthesia)	A Longitudinal Study to Compare the Changes in Resistive Index of Radial Artery After Arterial Cannulation.	Approved with modifications
7.	Dr. Krishna N S (Anaesthesia)	A Study on the Effect of Different Volumes of 0.375% Ropivacaine in Pericapsular Nerve Group Block for Ease of Patient Positioning for Sub Arachnoid Block in Hip Fracture Surgery in a Tertiary Care Centre.	Approved with modifications
8.	Dr. Liya Mariya Thomas (Anaesthesia)	A Study on the Effect of Pre – Emptive Intravenous Dexamethasone versus Intravenous Ketamine on Postoperative Analgesia in Total Abdominal Hyaterectomy Patients Under Spinal Anesthesia: A Longitudinal Study.	Approved with modifications
9.	Dr. Shadhra O Suseel (Anaesthesia)	Conventional Model vs Machine Learning Model: A Comparative Study in Predicting Severe Acute Postoperative Pain Following Major Surgeries.	Approved with modifications
10.	Dr. Rintu Wilson Alappadan (Anaesthesia)	Fluid Resuscitation Status in Sepsis: A Comparative Analysis of Key Parameters.	Approved with modifications
11.	Dr. Henna Zeba (Pediatrics)	A Diagnostic Accuracy Study of the Score for Neonatal Acute Physiology with Perinatal Extension II (Snappe II) in Predicting Neonatal Morbidity and Mortality and its Association with Maternal Risk Factors in a Tertiary Care Centre in South India.	Approved with modifications
12.	Dr. Alinta Maria S (Pediatrics)	A Comparative Study on the Effectiveness of Combined Local Cold Application and Distraction Technique for Pain Relief During Intravenous Cannulation in Children.	Approved with modifications
13.	Dr. Pretty Paulson (Community Medicine)	A Study on Level of Life Skills and its Determining Factors among Early Adolescents in Central Kerala: A Mixed Method Study.	Approved with modifications





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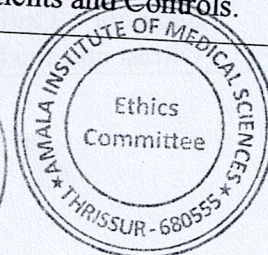
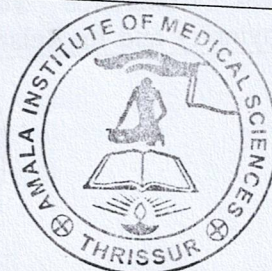
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14.	Dr. Ashna Joy (Community Medicine)	A Study on the Role of Age Friendly Environment in Promoting Functional Independence of Elderly Residents in Thirissur District.	Approved with modifications
15.	Dr. Adrika V B (Community Medicine)	Sleep Quality, Level of Burnout and its Associated Factors among Ambulance Drivers in Central Kerala: A Cross Sectional Study.	Approved with modifications
16.	Dr. Sisira V (Community Medicine)	The Waste Management Practice and Work – Related Health Problems among Haritha Karma Sena in Central Kerala: A Cross Sectional Study.	Approved with modifications
17.	Dr. Anoop Sasi (Radio Diagnosis)	Comparison of Liver Fat Quantification in Adults in Tertiary Care Centre Using Ultrasound and MRI: An Observational Study.	Approved with modifications
18.	Dr. Anaida P Anto (Pediatric)	A Study on Prevalence and Risk Factors of Attention Deficit Hyperactivity Disorder among Children with Adenoid Hypertrophy in a Tertiary Care Centre in South India.	Approved with modifications
19.	Dr. Aminu Thaha (Community Medicine)	A Study on Heat Strain and Its Impact on Work Productivity of Selected Informal Sector Workers in Thirissur District.	Approved with modifications
20.	Dr. Aravind Krishna H (OBG)	A Comparative Study of the Gestosis Score and Uterine Artery Pulsatility Index at 11 Weeks to 13 Weeks 6 Days in Predicting Preterm Pre – Eclampsia.	Approved with modifications
21.	Dr. Sarath Babu (Pediatrics)	A Study on Incidence and Risk Factors for Nephrocalcinosis in Preterm Neonates Receiving Calcium Supplementation in a Tertiary Newborn Care Centre In Central Kerala.	Approved with modifications
22.	Dr. Adler Jobith J (OBG)	Maternal and Fetal Factors Associated with the Mode of Delivery in Nulliparous, Term, Singleton, Vertex Presentation – An Observational Study in a Tertiary Care Centre.	Approved with modifications
23.	Dr. Sarah Mary Paul (Dermatology)	Study on the Correlation between Serum Hepcidine and Severity of Acne Scarring among the Patients Visiting the Dermatology OPD in a Tertiary Care Centre.	Approved with modifications
24.	Dr. Aathira Sreehari (Anaesthesia)	Comparative Study on Quality of Recovery in Patients Undergoing Percutaneous Nephrolithotomy with and without Erector Spinae Plane Block.	Approved with modifications
25.	Dr. Gokul Krishnan K G (Dermatology)	A Study on Correlation between Fasting Lipid Profile Levels and Severity of Melasma among Patients Attending Dermatology OPD in a Tertiary Care Centre.	Approved with modifications
26.	Dr. Athira Azhikoden (Dermatology)	Comparison of Serum Levels of Homocysteine, Vitamin B12, Folic Acid in Vitiligo Patients and Controls.	Approved with modifications

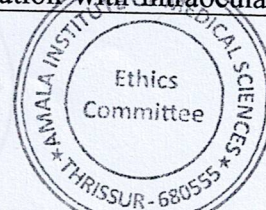


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27.	Dr. Mohammed Rizwan K P (Dermatology)	Severity Assessment of Alopecia Areata and its Correlation with Serum Granulysin Levels.	Approved with modifications
28.	Dr. Ria Maria Francis (Dermatology)	Patch Test Outcomes and Clinicopathological Characteristics in Patients with Acquired Dermal Macular Hyper pigmentation.	Approved with modifications
29.	Dr. Godlee Elizebeth Joy (OBG)	A Study on Maternal and Fetal Outcomes in Patients with Lateral Placental Location.	Approved with modifications
30.	Dr. Anjela Ann Jacob (Respiratory Medicine)	A Study on Diagnostic Accuracy of Cancer Ratio Plus among Subjects with Malignant Pleural Effusion – In a Tertiary Care Hospital.	Approved with modifications
31.	Dr. Arunkumar A (Respiratory Medicine)	Diagnostic Accuracy of Forced Oscillation Technique Compared to Conventional Spirometry in the Assessment of Bronchodilator Response among Asthma Patients in a Tertiary Care Centre.	Approved with modifications
32.	Dr. Aparna Mathews (Psychiatry)	Caregiver Burden and coping Strategies among Caregivers of Obsessive – Compulsive Disorder: A Cross – Sectional Study at a Tertiary Care Centre.	Approved with modifications
33.	Dr. Shilpa Jose (Psychiatry)	The Role of Coping Mechanism and Social Support in Enhancing Treatment Adherence among Individuals with Mood Disorders – Observational Study in a Tertiary Care Centre.	Approved with modifications
34.	Dr. Vismaya Jinachandran (Biochemistry)	Early Detection of Fatty Liver in Asymptomatic Individuals Using Serum Biochemical Parameters and Correlation with Age and Gender.	Approved with modifications
35.	Dr. Ashly Antony (Ophthalmology)	The Effect Of Intravitreal Anti – Vascular Endothelial Growth Factor Therapy On Renal Function In Patients With Retinal Diseases.	Approved with modifications
36.	Dr. Abhishek Krishna K R (Ophthalmology)	Preoperative Factors Affecting Intraocular Pressure Variation after Phacoemulsification Cataract Surgery in Non – Glaucomatous Eyes.	Approved with modifications
37.	Dr. Nidhi Elezabeth (Medicine)	A Study on the Clinico – Etiological Spectrum of Adult Onset Nephrotic Syndrome in a Tertiary Care Centre in Kerala.	Approved with modifications
38.	Dr. Saikrishna J (Medicine)	Clinical Profile And Predictors of Clinical Outcome in Community – Acquired Acute Kidney Injury.	Approved with modifications
39.	Dr. Rohith Manoj Pillai (Radiodiagnosis)	Role of 68 GA- Prostate – Specific Membrane Antigen Positron Emission Tomography – Computed Tomography in Prostate Cancer	Approved with modifications
40.	Dr. Christina Mary Roy (Ophthalmology)	Comparison of Central Corneal Thickness Using Anterior Segment Optical Coherence Tomography Versus Ultrasound Pachymetry and its Relation with Intraocular	Approved with modifications





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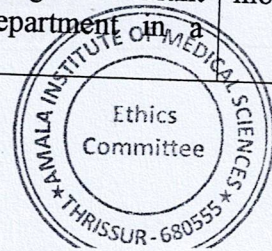
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		Pressure.	
41.	Dr. Krishna K Rajeev (Radiation Oncology)	Dose Volume Predictors for Radiation Esophagitis and Thyroid Dysfunction for Patients Undergoing Hypofractionated Radiation Therapy for Breast Cancer.	Approved with modifications
42.	Dr. Sreejith P B (Pediatrics)	Influence of Screen Time, Sleep Habit and Parenting Style on Behavioral Problems in Pre- Schoolers Sttending a Child Development Center: A Case Control Study.	Approved with modifications
43.	Dr. Hisana Sulaiman K A (Radiodiagnosis)	A Correlative Study of Sonographic Evaluation of Pelvis Diameter and Parenchymal Thickness of Hydronephrotic Kidneys with Diuretic Technetium 99 Ethylendicysteine Renogram.	Approved with modifications
44.	Dr. C A Parvathy Kailas (Radiodiagnosis)	A Study on the Diagnostic Accuracy of Prostate Imagine Reporting and Data System Version 2.1 in Detecting Prostate Cancer.	Approved with modifications
45.	Dr. Renjana Rajeev (Pathology)	A Study on Prevalence of Giant Cell Tumor of Bone Among Osteoclast Rich Tumors of Bone and Soft Tissue and Diagnostic Utility of H3F3A Immunohistochemistry in Identifying Giant Call Tumor of Bone.	Approved with modifications
46.	Dr. Aiswarya Degal (Medicine)	A Study On Incidence, Predictors, and Outcomes of Worsening Renal Function among Patients Hospitalized with Acute Decompensated Heart Failure.	Approved with modifications
47.	Dr. Akhilesh Thampuran (Medicine)	Microalbuminuria as a Predictor for Cardiac Remodeling in Patients with Primary Hypertension.	Approved with modifications
48.	Dr. K T Mohammed Rizwan (Emergency Medicine)	Diagnostic Accuracy of Point of Care Ultra Sound in Detecting Small Bowel Obstruction in Patients Presenting to Emergency Department in a Tertiary Care Hospital.	Approved with modifications
49.	Dr. Anjali Krishnan (ENT)	A Comparative Study on Otoacoustic Emission Findings in Normal Babies and Neonatal Hyper bilirubinemia Babies in Tertiary Care Centre.	Approved with modifications
50.	Dr. Varsha K Rajeev (Surgery)	One Year Patency of Arterio – Venous Fistula Using Different Arteriotomy Techniques.	Approved with modifications
51.	Dr. Sai Thirtha Laxman (Surgery)	A Study on Diagnostic Accuracy of FNAC, Ultrasonography and TSH Levels For Detecting Thyroid Malignancies in Multinodular Goiter among Patients Admitted in a Tertiary Care Hospital in Thrissur District, Kerala.	Approved with modifications
52.	Dr. Nila K S (Surgery)	A Study on Arterial Lactate and Base Deficit Values in Predicting Outcome of Patients Presenting with Blunt Abdominal Trauma in Emergency Department in a Tertiary Care Hospital in Kerala.	Approved with modifications

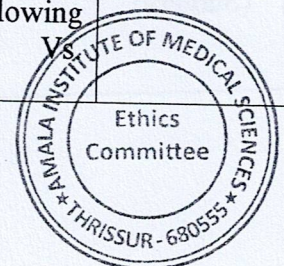


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53.	Dr. Vinaya Mariyam Mathew (Emergency Medicine)	Ultrasound Based Assessment Of Diaphragmatic Function To Predict Non Invasive Ventilation Failure In Acute COPD Exacerbation.	Approved with modifications
54.	Dr. Ann Reeba John (Surgery)	A Comparative Study on Postoperative Outcomes with and without Prophylactic Antibiotics in Thyroidectomy in a Tertiary Care Center.	Approved with modifications
55.	Dr. Sriraj Jalapathy (Orthopedics)	Comparison of Functional and Radiological Outcomes between Dual Plating and Hybrid External Fixation in Bicondylar Tibial Plateau Fractures: A Cohort Study.	Approved with modifications
56.	Dr. Juleo Jose (Orthopedics)	Study on Improvement in Bone Mineral Density (BMD) Using Dual- Energy X-ray Absorptiometry in Osteoporotic Patients Receiving Sequential Teriparatide and Zoledronic Acid.	Approved with modifications
57.	Dr. Sudheesh C (Medicine)	C- Reactive Protein/ Albumin Ratio as a Marker for Predicting the Severity of Acute Pancreatitis in a Tertiary Hospital in Kerala.	Approved with modifications
58.	Dr. Mathew S Valiyaveetil (ENT)	The Impact of Adenotonsillectomy on Growth, and Quality of Life in Children.	Approved with modifications
59.	Dr. Brahatheshwer Sekar (Medicine)	An Observational Study on the Association Between the Type and Timing of Anti-Hypertensive and the Control of Morning Surge Hypertension	Approved with modifications
60.	Joyce R Reji MBBS Student	A Cross Sectional Study on Knowledge, Attitude and Perceptions of Medical Students about Polycystic Ovarian Syndrome”	Approved with modifications
61.	Joyce R Reji MBBS Student	A Cross Sectional Study on the Quality of Life and its Associated Factors in Adults with Epilepsy From a Tertiary Care Centre in India	Approved with modifications
62.	Dr. Nithin Paul E (Pathology)	Refining Prognosis: A Novel Comparative Analysis between Combined Residual Cancer Burden – Tumor Infiltrating Lymphocyte (RCB –TIL) Score and Residual Proliferative Cancer Burden (RPCB) Score in Predicting Breast Cancer Outcomes Post –Neoadjuvant Chemotherapy.	Approved with modifications
63.	Dr. Derlin Thomas (Anesthesia)	Indian Anesthesiologist’s Perspective on the Use of Artificial Intelligence in Ultrasound – Guided Regional Anesthesia in Terms of Medical Ethics and Medical Education: A Survey Study.	Approved with modifications
64.	Dr. Derlin Thomas (Anesthesia)	A Prospective Observational Study to Compare the Sympathetic Vasomotor Response of the Radial Artery Using Resistive Index and Pulsatility Index Following Endotracheal Intubation in Hypertensive Vs Normotensive Patients.	Approved with modifications



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65.	Dr. Gokul Gopakumar (Paediatrics)	Anti Microbial Resistance Patterns in Uropathogens in Children in a Tertiary Care Center in Central Kerala.	Approved with modifications
66.	Dr. Rose Mary Joseph (Emergency Medicine)	Breaking Bad News: Awareness and Practice of the Spike Protocol among Emergency Medicine Physicians in India.	Approved with modifications
67.	Dr. Patricia Rejimon (Junior Resident)	To Evaluate the Diagnostic Accuracy of the BREAST Vs. PREDICA Scores in Predicting Acute Heart Failure.	Approved with modifications
68.	Deepthi Shaji (MBBS Student)	Epidemiological Characteristics and Clinico Laboratory Manifestations of Hepatitis A and E Associated Acute Hepatitis among Patients in a Tertiary Care Hospital: A Cross Sectional Study.	Approved with modifications
69.	Blessy Eldho (MBBS Student)	A Study on the Incidence and Clinico – Laboratory Profile of Patients with Leptospirosis in a Tertiary Care Hospital.	Approved with modifications

Meeting came to an end at 5.30 pm on same day

(Dr. Sojan K George)

Member Secretary, IEC

Dr. SOJAN GEORGE K
MBBS, MD, DM, DNB (GASTRO)
Professor and HOD
Medical Gastroenterology
Reg. No. 33440

Amala Institute of Medical Sciences, Thrissur



Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
PRINCIPAL
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E-mail: ethics.committee@amalaims.org

Ref.No: 24 /EC/25/AIMS

Date: 10/11/2025

Ethics Committee Meeting Minutes

A sitting of Ethics Committee was held on 27/09/2025 at 2 pm in the College Council Hall, Amala Institute of Medical Sciences, Thrissur – 680 555.

Following members were present:

- Dr. Sojan K George (Member Secretary, Clinician)
- Rev. Fr. Deljo Puthoor C M I (Theologist)
- Adv. Jino Jose (Legal Expert)
- Dr. V K Prathibha (Basic Medical Scientist – Pharmacology)
- Dr. V K Lathika (Clinician)
- Adv. Sebi J Pullely (Legal Expert)
- Dr. T.K Pius (Lay Person)
- Dr. Asha Raj S (Social Scientist)
- Dr. Milu Maria Anto (Social Scientist)

The following decision taking Ethics Committee meeting:

1. Meeting began with a silent prayer, after the quorum was fulfilled.
2. In the absence of the Chairman, Fr. Deljo Puthoor C M I took over as Chairman.
3. The Ethics Committee welcomed Dr. Asha Raj S and Dr. Milu Maria Anto, who have become new members of the Ethics Committee.
4. It has been decided to provide a send-off to members leaving the Ethics Committee after a long period of service.
5. Dr. Prathibha has been entrusted with the necessary matters for the Ethics Committee to obtain NABH accreditation.



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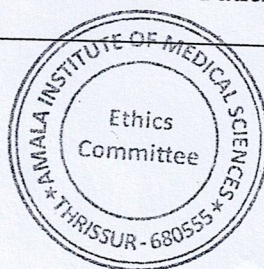
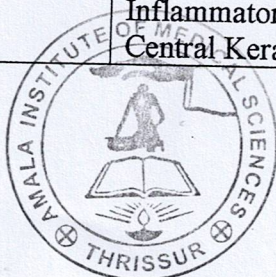


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- In this meeting 3 protocols were submitted for minor corrections like title change and guide change of the approved study which were amendment approved by the committee members.
- Following research papers and protocols approved by Institutional Research Committee were unanimously approved.

Sl. No	Name & Department	Title	Decision
1.	Dr. Vishnu Priya Murali (AIMRD)	Study on the Assessment of Atherosclerotic Cardiovascular Disease Risk in Multiple Myeloma Patients.	Approved
2.	Dr. Renji Francis N (Microbiology)	Study on the Prevalence and Clinical Profile in Nosocomial Candidemia.	Approved
3.	Dr. Sarannya P Sasikumar (OBG)	A Study on the Factors Affecting Survival Rates of Endometrial Cancer From a Tertiary Care Centre.	Approved with modifications
4.	Dr. Midhun P Gopalakrishnan (Urology)	Prospective, Multicentric Study to Analysis the Outcome of Intravesical Bacillus Calmette – Guerin Regimen and Gemcitabine – Docetaxel Regimen in the Treatment of High – Risk Non –Muscle Invasive Bladder Cancer.	Approved with modifications
5.	Dr. Hariitha Prasanth (Dermatology)	A Comparative Study to Assess the Fungal Gut Microbiome Alteration in Patients with Chronic Spontaneous Urticaria and Controls.	Approved
6.	Dr. Anna Alphonsa Ambooken (Dermatology)	A Study on Association of Serum Thymic Stromal Lymphopoietin (TSLP) Levels in Patients with Alopecia Areata In Indian Population.	Approved
7.	Aksa Manoj (MBBS Students)	Exploring Caregiver Strain in Stroke Survivors: A Study From Central Kerala.	Approved
8.	Dr. Kuriakose F Vadakkekudiyil (ENT)	Study on Bacteriological Profile and Clinical Outcomes of Patients with Malignant Otitis Externa in a Tertiary Care Centre.	Approved with modifications
9.	Dr. Gemsy Maria (JR, Gastroenterology)	A Cross Sectional Study on the Prevalence of TPMT and NUDT 15 Mutations among Inflammatory Bowel Disease Patients in Central Kerala.	Approved



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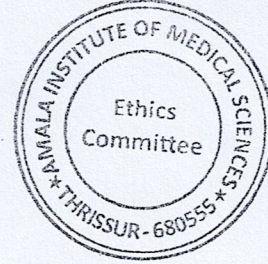


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10.	Dr. Regina Jacob (Dermatology)	A Study to Assess the Relationship between Skin Barrier Function and Pruritus in Psoriasis Patients Using Transepidermal Water Loss and Stratum Corneum Hydration Measurements.	Approved
11.	Sophy Susan (MBBS Student)	A Study on Obsessive Compulsive Disorder among College Students in Thrissur District in Kerala.	Approved with modifications
12.	Dr. Prameela Menon (OBG)	Effectiveness of Podcast versus Pamphlet for Reinforcement of learning in Medical Education: A Study among Phase 3 Part 2 Undergraduate Students.	Approved

Meeting came to an end at 4. pm on same day

Dr. SOJAN GEORGE
MBBS, MD, DM, DNB (GASTRO)
Professor and HOD
Medical Gastroenterology
RM No. 33440
Member Secretary, IEC
Amala Institute of Medical Sciences, Thrissur



Betsy

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Ref.No: 30 /EC/25/AIMS

Date: 10/12/2025

Ethics Committee Meeting Minutes

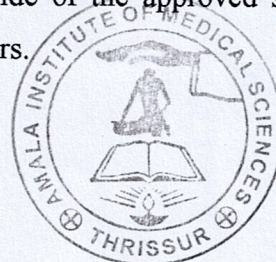
A sitting of Ethics Committee was held on 15/11/2025 at 2 pm in the College Council Hall, Amala Institute of Medical Sciences, Thrissur – 680 555.

Following members were present:

- Dr.Rev.Fr. Anil George Konkoth CMI (Chairman)
- Dr. Sojan K George (Member Secretary, Clinician)
- Adv. Jino Jose (Legal Expert)
- Dr. V K Prathibha (Basic Medical Scientist – Pharmacology)
- Dr. V K Lathika (Clinician)
- Adv. Sebi J Pulely (Legal Expert)
- Dr. T.K Pius (Lay Person)
- Dr. Milu Maria Anto (Social Scientist)
- Dr. C. B. Bindu (Basic Medical Scientist –Physiologist)
- C.P. Verghese (Lay Person)

The following decision taking Ethics Committee meeting:

1. Meeting began with a silent prayer, after the quorum was fulfilled.
2. Dr. Milu Maria was unable to attend the meeting, so the meeting was held online.
3. Rajee Raghunath Sir, who is resigning from the Ethics Committee due to official commitments after a long period of service, has been given a sendoff.
4. Dr. Prathibha led a discussion on the things to consider when going for NABH accreditation for ethics committee.
5. In this meeting 7 protocols were submitted for minor corrections like title change, study period extension and addition of co guide of the approved study which were amendment approved by the committee members.



IEC AMALA INSTITUTE OF MEDICAL SCIENCES



Registration No. EC/NEW/INST/2024/KL/0455 (DHR, Government of India)

Registration No. ECR/653/Inst/KL/2014/RR-22 (CDSCO, Government of India)

Amala Institute of Medical Sciences, Thrissur-680 555

(Affiliated to Kerala University of Health Sciences and Accredited A+)

E-mail: ethics.committee@amalaims.org

Ref.No: 30 /EC/25/AIMS

Date: 10/12/2025

Ethics Committee Meeting Minutes

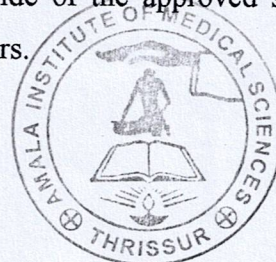
A sitting of Ethics Committee was held on 15/11/2025 at 2 pm in the College Council Hall, Amala Institute of Medical Sciences, Thrissur – 680 555.

Following members were present:

- Dr.Rev.Fr. Anil George Konkoth CMI (Chairman)
- Dr. Sojan K George (Member Secretary, Clinician)
- Adv. Jino Jose (Legal Expert)
- Dr. V K Prathibha (Basic Medical Scientist – Pharmacology)
- Dr. V K Lathika (Clinician)
- Adv. Sebi J Pulely (Legal Expert)
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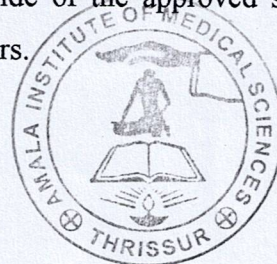
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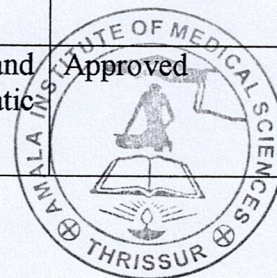
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6. Following research papers and protocols approved by Institutional Research Committee were unanimously approved.

Sl. No	Name & Department	Title	Decision
1.	Dr Ashwin Oommen Philips (Department of Med. Oncology)	Early-Stage High-Risk Hormone-Positive Breast Cancer: Clinicopathological Characteristics and Outcomes from a Multicentric Cancer Registry in India.	Approved
2.	Dr Ashwin Oommen Philips (Department of Med. Oncology)	Real-World Data on the Prevalence, Clinicopathological Characteristics, and Clinical Outcomes of ER-low Breast Cancer: An Ambispective Study from an Indian Multicenter Registry and Collaborative Centers	Approved
3.	Dr Ashwin Oommen Philips (Department of Med. Oncology)	A Prospective, Randomized, Multicenter, Comparative, Double-Blind, Parallel Group Study to Evaluate the Efficacy, Safety, Pharmacokinetics, and Immunogenicity of Test Brentuximab Vedotin (ZRC-3318) with Reference Brentuximab Vedotin (Adcetris®), in Combination with Chemotherapy, in Patients with Previously Untreated Stage III or IV Classical Hodgkin Lymphoma	Approved with modifications
4.	Dr. Mini Kariappa (Department of Anatomy)	Prosection Vs Video-assisted lectures as Teaching Learning Methods for Teaching Anatomy	Approved with modifications
5.	Dr. Pretty Paulson (Department of Community Medicine)	Tracing the Bite and the Shield : A Five Year Longitudinal Study of Animal Exposure and Prophylaxis Trends in a Tertiary Care Hospital	Approved with modifications
6.	Dr. Lubina P R (Department of Antimicrobial Stewardship)	Assessment of Knowledge, Attitude, and Practice About Antibiotic Allergy Testing Among Doctors	Approved with modifications
7.	Dr. Tabitha Merium (Department of Infectious Diseases)	Effectiveness of Antibiotic Lock Therapy for Catheter Salvage in Catheter Related Blood Stream Infections in Oncology and Hematology Patients.	Approved with modifications
8.	Dr. Pajesh J P (Department of Obstetrics and Gynecology)	Validation of the QUIPP App for Predicting Delivery within 7 Days in Women with Threatened Preterm Labour	Approved with modifications
9.	Dr. Advait (Department of Med. Oncology)	A Retrospective Study to Evaluate the Efficacy and Tolerability of CAPIRI Regimen in Metastatic Colorectal Cancer.	Approved



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10.	Dr. Nithin Paul (Department of Pathology)	The Liquid Gold: Evaluating a Menstrual Cup and Novel Relative Centrifugal Force and Double Sieve (RCF-DS) Liquid Based Cytology for Non-Invasive Endometrial Pathology Diagnosis.	Approved with modifications
11.	Dr. Nasrin S (Department of Pathology)	GATA 1- A Novel Biomarker For Differentiation of Essential Thrombocythemia and Other Myeloproliferative Neoplasm	Approved with modifications
12.	Dr. Robert Poulose Ambookan & Dr Ajith T A	Developing artificial intelligence-based models to predict coronary artery disease using Carotid Intima-Media Thickness, carotid plaque and clinical data: A retrospective diagnostic study.	Approved
13.	Fiona Maria George (MBBS Student)	Clinical Profile, Pathological Features, and Treatment Outcomes in Advanced Hepatocellular Carcinoma from a Tertiary Care Center.	Defer: The Principal Investigator did not attend this meeting. It has been postponed to the next meeting.
14.	Shibin Antony (MBBS Student)	Non-Metastatic Hepatocellular Carcinoma- Retrospective Analysis of Treatment Modalities and Outcomes of Non-Metastatic Hepatocellular Carcinoma in a Tertiary Care Centre (2020-2024).	Approved
15.	Swapna Sudhir 2 nd Year MBBS	Study on the Association of Genetic Abnormalities and Outcomes of Multiple Myeloma Patients Presented in a Tertiary Care Centre.	Approved
16.	Sarah Mary Paul (Department of Dermatology)	Impact of Pre-Procedural Counselling on Patient Knowledge and Anxiety Regarding Skin Biopsy.	Approved with modifications
17.	Aalia Najumuddin (MBBS Student)	A Case Control Study on Doppler Indices and Perinatal Outcomes among Mothers with and without MSAF.	Approved
18.	Dr. Meecha Cizly James (Dermatology)	Amala Model of Psychodermatology Clinic: Our Experience	Approved

Meeting came to an end at 5. pm on same day

Dr. SOJAN GEORGE K
MBBS, MD, DM, DNB (GASTRO)
Professor and HOD (Dr. Sojan K George)
Medical Gastroenterology
Reg. No. 33440 Member Secretary, IEC
Amala Institute of Medical Sciences, Thrissur

Betsy
Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
PRINCIPAL

