



Obstetrics & Gynecology Nursing Department in Collaboration with Women Cell, Amala Medical College Organizes

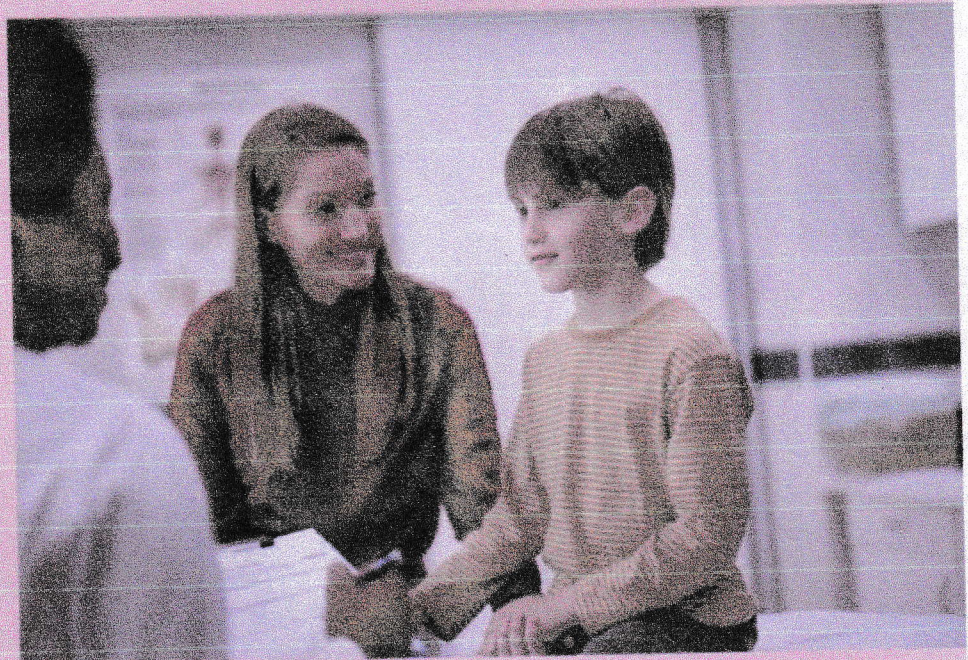
EMERGING WOMEN ADULTHOOD HEALTHCARE

Expert Speaker



Dr. Licia Chacko

Senior Resident
Obstetrics & Gynecology
Amala Institute of Medical Sciences



January 28, 2026

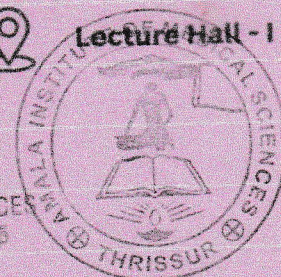


11.00 am



Lecture Hall - I

Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
PRINCIPAL
AMALA INSTITUTE OF MEDICAL SCIENCES
AMALA NAGAR, THRISSUR-680 555



WOMEN CELL CALENDER OF ACTIVITIES 2026

Institution Name-Amala Institute of Medical Sciences

Academic year- 2026-2027

Women cell Chairperson-Dr. Betsy Thomas

Faculty Coordinator-Dr. Licia Chacko, Dr. Anila Joseph

SLNO	MONTH	Planned Activity/Event	Type of Event	Remarks
1	January	Young Adulthood Awareness class	Seminar	Nursing college 28-1-26 (11 AM)
2	February	Women cell meeting	Meeting	
3	March	Women's day Celebration	Commemoration	
4	April	Physiotherapy in daily life	Activity (Demonstration)	
5	May	Menstrual cup distribution Mother's Day celebration	Free 100 cups for 1 st 100 Registration	
6	June	PCOD Diet habits	Seminar- Department of Gynecology and Department of Nutrition	Nursing College

Betsy

Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
PRINCIPAL
AMALA INSTITUTE OF MEDICAL SCIENCES
AMALA NAGAR, THRISSUR-680 555

