

Council Meeting II

23 July 2024

venue: Forensic Demo Room

Attendees

Rev Fr Julious Arakkal

Rev Fr Antony Mannummel

Dr Betsy Thomas

Dr Deepthi Ramakrishna

Dr Sajan George

Dr Maridas

Dr Sreeja

Prof Vinod kumar

Dr Jobin Jose

Chaitra P Raj

Esther Nina Thomas

Sophy Susan Thomas

Ron Benny

Anna George

Nastin

Adnan

Ain

Jacob M Mathew

Nadim

Rosemary Joseph

Elvis T J

Ashwarya

Malavika

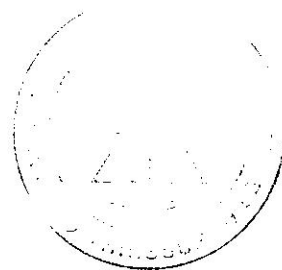
Ananthu

Matthew Punnose

Aswin

Anugaha

Riya Tessa



34

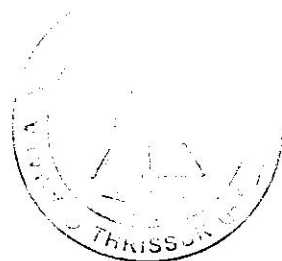
AGENDA

- 1 Dhridha Plans for the year
- 2 Farewell 2025 expenditure Presentation
- 3 Concordium The school proposal
- 4 Sports proposals for the year
- 5 Sub-committee plans for the year
- 6 Annual Dance kono Proposal
- 7 Zero hour

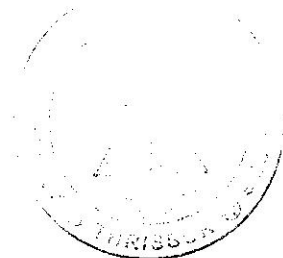
The first Dhridha Council meeting commenced at 4:30 pm on 23rd July 2024 in the forensic demo room with a silent prayer. The welcome address was given by Chairperson Chaitra P Raj. The minutes of previous meeting was presented by Vice Chairperson Ron Benny. Discussion progressed as per agenda.

- 1 Introduction of physical education trainer
Anny Maam newly appointed as the physical education trainer was introduced to the council by Dr. Betsy Maam.
- 2 Dhridha plans for the year
The council plans for the upcoming year was presented in a monthly basis by chairperson Chaitra.
- 3 Farewell 2025 expenditure presentation
Riya, Anantha, Ashwin, Athul and Ashwanya presented the expenditure report for the farewell organised for the 2025 batch, highlighting the budget allocation and cost breakdown.

Expected cost	Rs 51,500
Total Expense	Rs 63,000
Total Amount Collected	Rs 62,974



- 1) Concordium: The reboot proposal
 An and Adnan proposed a revitalised approach towards concordium, a conference for medical undergraduates which will be a mix of workshop and plenary sessions. The discussion on collaborating with EM Kerala was carried out with Dr. Jobin Jose.
- 2) Sports Proposal for the year
 Various proposals for sports activities throughout the year were presented by sports secretary Jobab. The proposal featured events such as DOUBLE DRIBBLE & Amala sports league (name yet to be revealed).
- 3) Sulaimani plans for the year
 Plans for club sulaimani activities and events were outlined by coordinators Nasrin and Elvis detailing it month by month along with a budget estimate.
- 4) Amala Dance Team Proposal
 Sidharth presented a proposal for a college dance team aimed at participating in regional competitions, with the aid of professional instructors. The benefits of a professional choreographer/training for KUHS Arts were also outlined.
- 5) zero hour
 The concept of a 'zero hour' was introduced to foster student lead discussions on concerns faced by students. Concerns regarding the mess concession terms and condition were raised by Anna. The Director acknowledged the concerns for a further review.



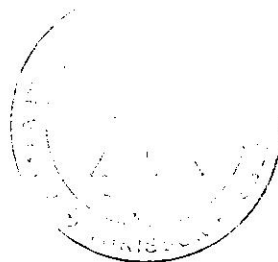
96

Prof Vinod Kumar put forward a proposal for the revival of Amala Marathon and measures to make the campus more bicycle friendly.

Director Fr. Julious Arakkal addressed the meeting and the meeting was concluded by vote of thanks by Esther Nina Thomas (General secretary)

Betsy
8/8/24

Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
PRINCIPAL
AMALA INSTITUTE OF MEDICAL SCIENCES
AMALA NAGAR, THRISSUR-680 555



he
make

Council Meeting III
Date: 8/8/2024
venue: Forensic Demo Hall

ng
thanks

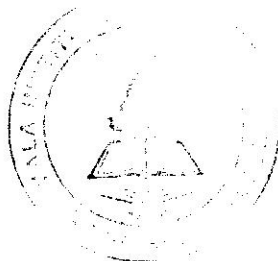
Attendees

Rev Fr. Antony Mannumel
Dr. Betsy Thomas
Dr. Deepthi Ramakrishnan
Dr. Vinod Kumar
Dr. Sreeja
Charithra P Raj
Esther Nina ~~Smith~~ Thomas
Sophy Susan Thomas
Ron Benny
Nadim
Akash S
Devika Manoj
Nastin
Adnan
Joel Thankachan
Laet Fraz

Agenda

- 1) Onam 2024 - Plans and budget

The meeting commenced at 4:30 PM on 8th August 2024 in forensic demo room with a silent prayer. The welcome address was given by chairperson Charithra P Raj. The minutes of previous meeting was presented by Vice Chair Person Ron Benny.



98

Onam 2024 budget and plans
 Onam celebration 2024 is decided to be conducted on
 September 11th. The budget and plans for the celebra-
 tion were discussed by Joel Thankachan & Last group of
 2023 batch

The proposed budget is estimated at ₹ 2,60,850/-
 A sum of ₹ 2,26,425 is expected to be collected from students
 House surgeons, PGTs and doctors.

ONAM SCHEDULE

- Intra batch Procession
- Cultural programmes
- Onam games
- Sackhyas
- Mega Thiruvathira
- Games for staff and students

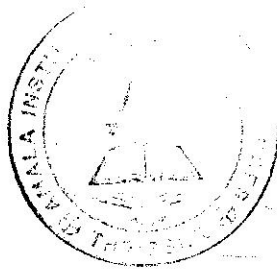
The celebration starts at 8 am and ends by 6:30 in
 the evening.

The meeting was concluded by vote of thank by
 Esther Nina Thomas, General Secretary

Riley
 21/9/24

Dr. BETSY THOMAS
 MD, FRCOG, DNB, MCOG
 PRINCIPAL

AMALA INSTITUTE OF MEDICAL SCIENCES
 AMALA NAGAR, THRISSUR-680 555



104

Council Meeting V
24th January 2025
Forensic Science Demo Hall

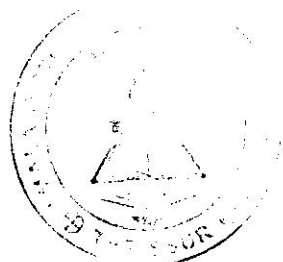
Attendees

Rev Fr Anthony Mammuel
Dr Bethy Thomas
Adejan Group
Hilf Usaid Limas
Dr Maraja
Charles I Raj
Letha Nina Thomas
Nasim
Divya
Ron
Sophy
Alex
Akash
Nadim
Vishnu
Mona grace
Mehrin
Don
Savio
Anusha

Agenda

Freshers Proposal
zero hour

The council meeting commenced at 11 PM on 24th January 2025 in the forensic demo hall with a silent prayer.



7/30/2025, 10:54 AM

The welcome address was given by General secretary Esther Nina Thomas. The minutes were presented by vice chairperson Ron Benny.

Discussion progressed as per agenda.

The representatives of 2024 batch were formally introduced to the council.

The newly appointed finance representative Do Neeraja was introduced to the council by Do Sojan.

The proposal for freshers day program was presented by Don and Mehna. This included a discussion about the promotional activities as well as the agenda for the program. The estimated budget for the program was ~~₹8,600~~ ₹21,600.

Sojan Sir noted that the money accounts of stalls that have been conducted during the previous programs must be submitted.

Zero Hour

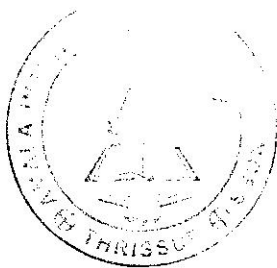
Request for curfew extension for girls until 9.30 PM was raised by chairperson Charita. The request was turned down after a thorough discussion. Meeting was concluded with the vote of thanks by General Secretary Esther Nina Thomas.

Relia

28/5/25

Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
PRINCIPAL

AMALA INSTITUTE OF MEDICAL SCIENCES
AMALA NAGAR, THRISSUR-680 555



100

Council Meeting VII
28th March 2025
Venue : MEU Hall

Attendees:

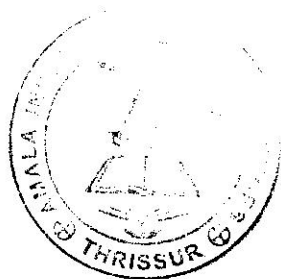
Rev. Fr. Antony Mannumel
Dr. Betsy Thomas
Dr. Sojan George
Dr. Neeaja
Mrs. Ancy
Chaitra P Raj
Sophy Susan Thomas
Ron Benny
Anna George
Aadarsh
Florence
Sona
S. Abdulla Sinan
Mohammed Nadim
Alex Sunny

AGENDA:

Arts Budget Presentation
Dram - Bvsgo '24 Expenditure
Christmas - Genesis '24 Expenditure
Fresher's - marbasani '25 Expenditure

The council meeting commenced at 4:30 p.m on 28th March 2025 in the Medical Education Unit (MEU) hall with a silent prayer

The welcome address was delivered by Chairperson Chaitra P. Raj. The minutes of the previous meeting was



7/30/2025, 10:54 AM

presented by Vice Chairperson Anna George.
Discussion progressed as per agenda.

The details of Tarang Arts fest were presented by Arts Secretary Sophy Susan Thomas. The discussion included a novel idea of introducing a bazaar for the Arts Fest as well as details of the scheduling of events and venues were discussed.

The estimated budget for Arts fest was ₹ 95,000, and was presented by Chairperson Chaithra.

Onam (Bhagya '24) Expenditure was presented by Chairperson Chaithra.

Total expenditure: ₹ 2,58,496

Christmas (*Genesis '24) Expenditure was presented by Sinan and Sona.

Total expenditure: ₹ 37,491

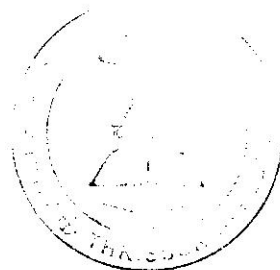
Fresher's day (Anubandham '25) Expenditure was presented by Adash.

Total Expenditure: ₹ 21,598.

Meeting was concluded by Vice Chairperson Ron Bennu with the vote of thanks.

CHRISTMAS (Genesis '24) EXPENDITURE

- Refreshments - ₹ 8137
- Light and sound - ₹ 19,300
- Stall - ₹ 290
- Decoration - ₹ 6,324



108

Pizzas ₹ 740
 Total = ₹ 37,491

Amount collected from stalls - ₹ 2,470

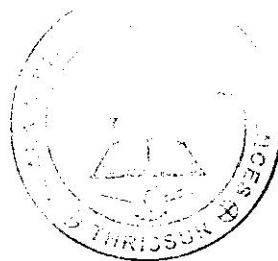
FRESHER'S DAY EXPENDITURE

Light and sound - ₹ 14,000
 Decoration - ₹ 4,565
 Banner - ₹ 685
 Refreshments - ₹ 1,625
 Games - ₹ 723
 Total = ₹ 21,598

Amount collected from stalls - ₹ 1,000

Betsy
 26/5/25

Dr. BETSY THOMAS
 MD, FRCOG, DNB, MICOG
 PRINCIPAL
 AMALA INSTITUTE OF MEDICAL SCIENCES
 AMALA NAGAR, THRISSUR-680 555



COUNCIL HANDOVER - 2024 - 2025

THRIVAS (2021-2024)

EXPENDITURES

1. Ananchappu - Farewell 2024
Expenses - Rs 63,000
2. Euphoria - Amala Grand Carnival
Expenses - Rs 46,986
3. Attam - Dham 2024
Expenses - Rs 2,58,496
4. KUHS Arts
Expenses - Rs 1,00,000
5. Concordium - The Reboot
Expenses - Rs 6,45,023
6. Genesis - Christmas 2024
Expenses - Rs 37,491
7. Barkhat - Freshers' Day 2025
Expenses - Rs 21,598
8. Tarang - Arts 2025
Expenses - Rs 97,850
9. Club Entamani
Expenses - Rs 8,704

Report prepared by Esther Nina Thomas,
of Dividha Council 2024-2025

R. Betsy
28/5/25

Dr. BETSY THOMAS
MD, FRCOG, DNB, MICOG
PRINCIPAL

AMALA INSTITUTE OF MEDICAL SCIENCES
AMALANAGAR, THRISSUR-680 555

Esther Nina Thomas
Esther Nina Thomas
General Secretary

7/30/2025, 10:54 AM

