

**AMALA INSTITUTE OF MEDICAL SCIENCES**  
**ANNUAL REPORT OF NATIONAL SERVICE SCHEME (NSS)**  
**Academic Year: 2024–2025**

**Introduction**

The National Service Scheme (NSS) unit of Amala Institute of Medical Sciences functioned effectively during the academic year 2024–2025, focusing on community service, health promotion, environmental sustainability, and disaster preparedness. The activities were planned and executed in alignment with the objectives of NSS and the institutional vision of social responsibility and holistic student development.

**NSS Programme Officer**

Dr. Jose Vincent  
Associate Professor

**Strength of the Unit**

Total Number of Volunteers: 100

**Funding:** Self-financing by the NSS unit

**Activities Conducted During 2024–2025**

1. Environmental Sustainability Initiatives

Under the NSS, a plantation drive was conducted during the year.

**Number of trees planted:** 20

**Present status:** All 20 trees are healthy and well-maintained

This initiative contributed to environmental conservation and enhanced ecological awareness among volunteers.

2. Health Promotion and Community Outreach

**Number of camps conducted:** 2

**Number of volunteers present:** 50



The camps witnessed active participation from volunteers and helped meet critical blood requirements, reinforcing the importance of voluntary blood donation

### 3. Cancer Detection Programmes

**Number of programmes conducted: 2**

These programmes focused on early detection, awareness of cancer symptoms, and the importance of timely medical intervention.

### 4. Health Awareness Classes

**Number of sessions conducted: 2**

Health education sessions were organized to promote healthy lifestyle practices and disease prevention among students and the community.

### 5. Disaster Management / Prevention Training Camps

**Number of camps conducted: 5**

These training programmes equipped volunteers with basic disaster preparedness skills, first aid knowledge, and emergency response techniques.

### 6. Yuva Fitness Camp

In addition to the above activities, a Yuva Fitness Camp was organized to promote physical fitness and mental well-being among youth.

The camp encouraged healthy habits, teamwork, and discipline among participants.

### Conclusion

The NSS unit had a productive and impactful year during 2024-2025, with meaningful participation from volunteers in social, health, environmental, and disaster management activities. The unit remains committed to upholding the ideals of NSS and continuing its service to society in the coming years.

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Verified by Dr. Jose Vincent, Associate Professor, NSS Coordinator



DR. JOSE VINCENT



**PHOTOS OF NSS PROGRAM**



