

## NATIONAL SERVICE SCHEME

### AMALA INSTITUTE OF MEDICAL SCIENCES, THRISSUR

#### Monthly Report

Period: 16/05/2025 to 15/06/2025

NSS/SFU/TSR/KUHS/13

#### Event Overview

During this reporting period, the NSS unit at Amala Institute of Medical Sciences actively engaged in capacity-building and awareness programmes for volunteers. Two significant events were conducted in collaboration with the Students' Council and the Department of Community Medicine. These activities aimed to build awareness about the dangers of tobacco use and to foster an understanding of the importance of research in health among student volunteers.

#### Summary of Activities

Activity Conducted	No. of Participants	No. of Hours	Achievements (including Beneficiaries)
Anti-Tobacco Pledge and Awareness Session (May 28, 2025)	60	1 hour	Increased awareness about the ill effects of tobacco use; empowered volunteers to act as peer educators.
Orientation: Research in Health (May 28, 2025)	55	1 hours	Introduced volunteers to public health research; motivated involvement in community-based health studies.

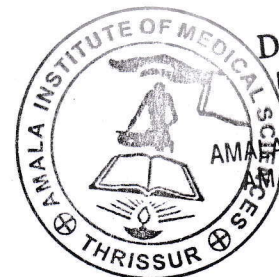
#### Regular Activities

##### 1. Anti-Tobacco Pledge and Awareness Session

Date: 28/05/2025

Venue: Lecture Hall, AIMS

Details: This programme marked World No Tobacco Day and was held in association with the Students' Council and the Department of Community Medicine. Volunteers took a pledge against tobacco use and attended an awareness talk focused on the health and societal impact of tobacco, especially in the youth population.



*Betsy*  
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PRINCIPAL  
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Volunteers Involved: 60

2. Orientation Programme: Research in Health

Date: 28





Thrissur, Kerala, India

H569+3jw, Amalanagar, Thrissur, Kerala  
680555, India

Lat 10.560278° Long 76.169165°

28/05/2025 02:24 PM GMT +05:30





/05/2025

Venue: Lecture Hall, AIMS

Details: This session aimed to introduce NSS volunteers to the basics of research in health. It covered the importance of research in community health, how to identify health issues, and how volunteers can contribute to simple studies. The programme was conducted in collaboration with the Students' Council and Department of Community Medicine.

Volunteers Involved: 55

### Observance of Important Days

- World No Tobacco Day observed on May 28, 2025 with an awareness programme and pledge.

### Programme Officer's Remarks

The activities conducted during this month reflect the NSS unit's continuing commitment to health promotion and skill development among volunteers. Collaborations with academic departments and the Students' Council have further enriched the educational value of the programmes. These initiatives are aligned with the core vision of NSS—developing the personality of students through community service.

Dr. Jose Vincent  
Programme Officer



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*Venkat  
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17/12/2025*