

IEC AMALA INSTITUTE OF MEDICAL SCIENCES

Registration No. EC/NEW/INST/2024/KI/0455 (DHR, Government of India)
Registration No. ECR/653/Inst/KI/2014/RR-22) (CDSCO, Government of India)
Amala Institute of Medical Sciences, Thrissur-680 555
(Affiliated to Kerala University of Health Sciences and Accredited A+)
E-mail: ethics.committee@amalaaims.org

Decision of the Ethics Committee

Ref. No: 14 /EC/25/AIMS -16

Date: 10/06/2025

(Confidential)

Protocol Title	The Waste Management Practice and Work – Related Health Problems among Haritha Karma Sena in Central Kerala: A Cross Sectional Study.
Study Period	"1 st July 2025 – 31 st December 2026"
Principal Investigator	Dr. Sisira V Post Graduate Student Department of Community Medicine Amala Institute of Medical Sciences, Thrissur
Guide	Dr. Sruthi M V Associate Professor Department of Community Medicine Amala Institute of Medical Sciences, Thrissur
Co -Guide	Dr. Sachin Chandramohan Assistant Professor Department of Community Medicine Amala Institute of Medical Sciences, Thrissur
Name and Address of the Institution	Amala Institute of Medical Sciences, Amala Nagar, Thrissur - 680555
Date of Ethical Committee Meeting	09/06/2025
Members Present	8 Members Dr. Sojan K George (Member Secretary, Clinician) Rev. Fr. Deljo Puthoor C M I, (Theologist) Adv. Jino Jose (Legal Expert) Dr. V K Prathiba (Basic Medical Scientist – Pharmacology) Dr. C. B. Bindu (Basic Medical Scientist –Physiologist)



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	Dr. V K Lathika (Clinician)
	Adv. Sebi J Pully (Legal Expert)
	C P Verghese (Lay Person)
Quorum	Fulfilled
Decision of the Ethics Committee	Approved

PS: Principal Investigator or Guide is to report to the Ethics Committee

1. Cases, if any, of
 - i. Adverse event(s)
 - ii. Amendment(s) to protocol and alteration(s) in procedure, site or Investigator
 - iii. Premature termination of study and reasons and
2. Six monthly review and final outcome of research

Dr. Sojan George K
Member Secretary
Ethics Committee
MBBS, MD, DNB (GASTRO)
Professor and HOD
Medical Gastroenterology
Reg. No. 35440
Amala Institute of Medical Sciences Thrissur

To, Dr. Sisira V, Post Graduate Student, Department of Community Medicine
(Through the Head of Community Medicine Department) Amala Institute of Medical Sciences,
Thrissur- 680 555



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Decision of the Ethics Committee

Ref. No: 14 /EC/25/AIMS -19

Date: 10/06/2025

(Confidential)

Protocol Title	A Study on Heat Strain and Its Impact on Work Productivity of Selected Informal Sector Workers in Thrissur District.
Study Period	"1 st July 2025 – 31 st December 2026"
Principal Investigator	Dr. Aminu Thaha Post Graduate Student Department of Community Medicine Amala Institute of Medical Sciences, Thrissur
Guide	Dr. C R Saju Professor and Head Department of Community Medicine Amala Institute of Medical Sciences, Thrissur
Co -Guide	Dr. Steffi Francis Assistant Professor Department of Community Medicine Amala Institute of Medical Sciences, Thrissur
Name and Address of the Institution	Amala Institute of Medical Sciences, Amala Nagar, Thrissur - 680555
Date of Ethical Committee Meeting	09/06/2025
Members Present	8 Members Dr. Sojan K George (Member Secretary, Clinician) Rev. Fr. Deljo Puthoor C M I, (Theologist) Adv. Jino Jose (Legal Expert) Dr. V K Prathiba (Basic Medical Scientist – Pharmacology) Dr. C. B. Bindu (Basic Medical Scientist – Physiologist) Dr. V K Lathika (Clinician) Adv. Sebi J Pallely (Legal Expert) C P Verghese (Law Person)



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Quorum	Fulfilled
Decision of the Ethics Committee	Approved

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 - iii. Premature termination of study and reasons and
2. Six monthly review and final outcome of research

George K
Member Secretary
Dr. GEORGE K
MBBS, MD, DNB (GASTRO)
Ethics Committee
Professor
Department of Gastroenterology
Reg. No. 33440
Kerala University of Health Sciences, Thrissur

To, Dr. Aminu Thaha, Post Graduate Student, Department of Community Medicine
(Through the Head of Community Medicine Department) Amala Institute of Medical Sciences,
Thrissur- 680 555



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Decision of the Ethics Committee

Ref. No: 14 /EC/25/AIMS -15

Date: 10/06/2025

(Confidential)

Protocol Title	Sleep Quality, Level of Burnout and its Associated Factors among Ambulance Drivers in Central Kerala: A Cross Sectional Study.
Study Period	"1 st July 2025 – 31 st December 2026"
Principal Investigator	Dr. Adrika V B Post Graduate Student Department of Community Medicine Amala Institute of Medical Sciences, Thrissur
Guide	Dr. Jose Vincent Associate Professor Department of Community Medicine Amala Institute of Medical Sciences, Thrissur
Name and Address of the Institution	Amala Institute of Medical Sciences, Amala Nagar, Thrissur - 680555
Date of Ethical Committee Meeting	09/06/2025
Members Present	8 Members Dr. Sojan K George (Member Secretary, Clinician) Rev. Fr. Deljo Puthoor CMI, (Theologian) Adv. Jino Jose (Legal Expert) Dr. V K Prathiba (Basic Medical Scientist - Pharmacology) Dr. C. B. Bindu (Basic Medical Scientist - Physiologist) Dr. V K Lathika (Clinician) Adv. Sebi J Pullely (Legal Expert) C P Verghese (Lay Person)



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Quorum

Fulfilled

Decision of the Ethics Committee

Approved

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2. Six monthly review and final outcome of research

Dr. Sojan George K
Dr. SOJAN GEORGE K
Member Secretary (GASTRO)
Ethics Committee HOD
Medical Gastroenterology

To, Dr. Adrika V B, Post Graduate Student, Department of Community Medicine
(Through the Head of Community Medicine Department) Amala Institute of Medical Sciences,
Thrissur- 680 555

