

28/06/2025

CAMP - FEEDBACK

1-പതിമൂന്നി, മേൽക്കിടപ്പിലെ ടോക്കോ
നല്ല അറിവായതെന്നും,

2-മനോജ് കുമാർ.

3- നസീർ. വളരെ നല്ല അറിവായും.

4- വിജയൻ. വളരെ നല്ല അറിവായും

5- രവികൃഷ്ണൻ. നല്ല അറിവായും.

6- സരസ്വതികുമാർ. വളരെ നല്ല അറിവായും

7- റാജ നല്ല അറിവായും പ്രായം

8- Sunayankabeer വളരെ നല്ല അറിവായും രാജ്യ

9- സരസ്വതികുമാർ. വളരെ നല്ല അറിവായും

10- പത്മിനി. വളരെ നല്ല അറിവായും

11- ദാമോദരിനി. വളരെ നല്ല അറിവായും





ARCAH Camp conducted by MBBS students
at Velur Panchayat



AMALA INSTITUTE OF MEDICAL SCIENCES (AIMS), THRISSUR

Department of Community Medicine

| | |
|-----------------------------|---|
| Event Title | ARCH Camp at Velur |
| Date | February 17, 2025 |
| No. of Participants | 25 |
| Venue | Velur |
| Organized by | Department of Community Medicine, Amala Institute of Medical Sciences, Thrissur |
| Supported by | - |
| Key person in charge | Dr. Sachin Chandramohan, Assistant Professor, Department of Community Medicine, Amala Institute of Medical Sciences, Thrissur |
| Theme | Health Education |

Report on Community Medicine awareness programme:

A health education programme under the ARCH (Amala Reach Community Health) initiative was conducted at Velur on **February 17, 2025**, by the **Department of Community Medicine, Amala Institute of Medical Sciences, Thrissur**. The session was led by **Dr. Sachin Chandramohan**, Assistant Professor, Department of Community Medicine, AIMS, Thrissur. A total of **25 participants** attended the programme. The camp focused on spreading awareness about essential health topics relevant to the community, including hygiene, nutrition, lifestyle diseases, and preventive health care practices. Interactive sessions and discussions encouraged active participation and engagement from the attendees. The programme aimed to empower the local population with knowledge and practices for better health and well-being and was well-received by the participants.

Report Submitted by: Soumia N R, Department Secretary, AIMS Thrissur Soumia NR

Dr. C. R.Saju, Professor & HOD, Department of Community Medicine, AIMS Thrissur

Date: June 25, 2025



Dr. C. R. Saju





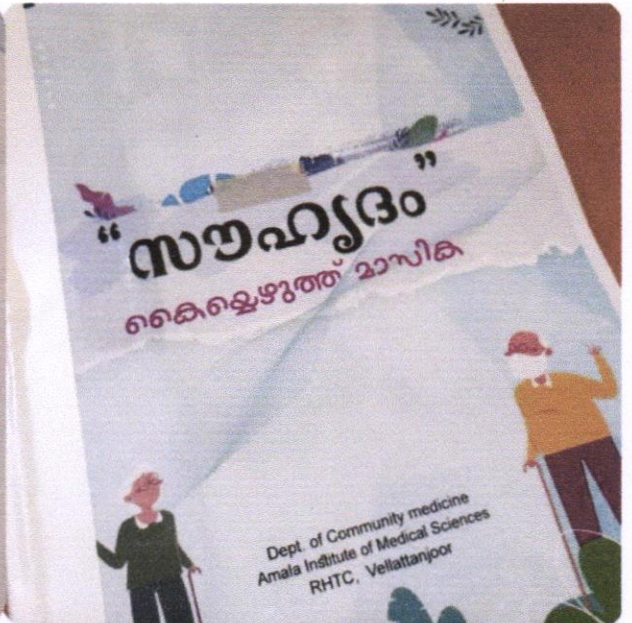
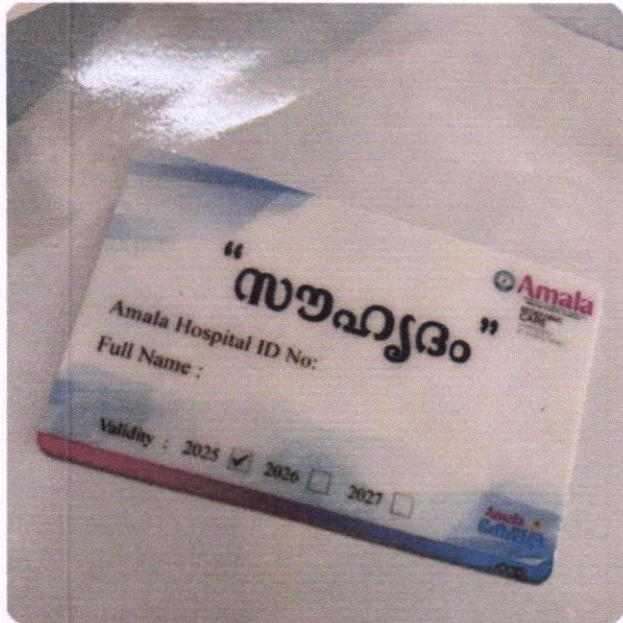
Mega Medical Camp for the Elderly

On 24/05/2025, the Rural Health Training Centre (RHTC), Vellatanjoor, under the Department of Community Medicine, organized a mega medical camp exclusively for the elderly members of the "Souhradam" geriatric support group. This special initiative was a part of our ongoing commitment to promote healthy ageing and improve access to essential healthcare services for the elderly population in our adopted rural areas. Services were provided entirely free of cost and included general health screening with free blood pressure monitoring, free medicines, and random blood sugar testing (GRBS) for all attendees. The presence of multiple specialty departments – ENT, Orthopaedics, Ophthalmology, and Dermatology – added immense value to the event, ensuring that the most common age-related ailments were addressed under one roof.

One of the most touching and inspirational moments of the camp was the book launch of the "Souhradam Stories" – a collection of real-life experiences and fictional narratives penned by the members of the Souhradam group themselves. This publication marks a remarkable step in recognizing the intellectual and creative contributions of our elderly population. The event received overwhelming appreciation from the beneficiaries, their families, and the local community. A total of 85 elderly individuals benefitted from the camp, and the feedback was unanimously positive

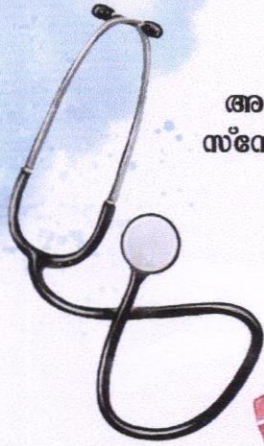
The success of the camp was made possible through meticulous planning, teamwork, and the spirit of service shared by all participants. It reinforced the importance of community-based geriatric care and the potential of programs like Souhradam in enhancing the quality of life of our elderly citizens.







അമ്മ അ. എച്ച്. ടി. സി, സൗഹൃദം,
സന്തോഷത്തോടെ ചാരിറ്റബിൾ ട്രസ്റ്റും
സംയുക്തമായി നടത്തുന്ന



മെഗാ മെഡിക്കൽ ക്യാമ്പ്

DATE
24-05-2025
TIME
10 AM - 12 PM

VENUE :- RHTC VELLATANJOOR
(OPP. FATHIMA MATHA CHURCH, VELLATANJOOR)

FREE MEDICINES
FREE BP
FREE SUGAR
Checkup

NABL ACCREDITED
ലാബ് സൗകര്യം
ഉണ്ടായിരിക്കുന്നതാണ്

കമ്മ്യൂണിറ്റി മെഡിസിൻ, ഇ. എൻ. ടി, ഡെർമറ്റോളജി,
ഓർത്തോപീഡിക്, പെന്താൽമോളജി, പീഡിയാട്രിക്സ്
എന്നീ വിഭാഗങ്ങളുടെ സേവനം ഉണ്ടായിരിക്കുന്നതാണ്.

മിതമായ നിരക്കിലും പൂർണ്ണ ഉത്തരവാദിത്വത്തോടുകൂടി
എല്ലാവിധ ലാബ് ടെസ്റ്റുകളും ഇവിടെ ചെയ്യുന്നു.
ഈ രാവസരം നിങ്ങൾ കൃത്യമായി വിനയോതികൂ.

FOR FURTHER DETAILS CONTACT : 8714 616 067





RHTC വെള്ളാറ്റുണ്ടൂർ

മെഡിക്കൽ ക്യാമ്പ്

മെയ് 24
10.30 am

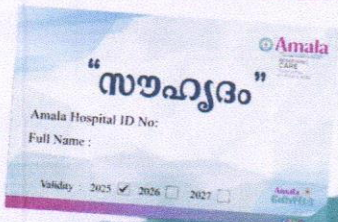
ഉദ്ഘാടനം



ഡി. ആർ ഷോബി
(വേലൂർ പഞ്ചായത്ത് പ്രസിഡന്റ്)

അധ്യക്ഷൻ

റവ. ഫാ. ജൂലിയസ് അറക്കൽ സി. എം. ഐ.



പ്രിവിലേജ് കാർഡ്
വിതരണം ഉദ്ഘാടനം

റവ. ഫാ. ആന്റണി മണ്ണുമേൽ സി. എം. ഐ.



കയ്യെടുത്തുമാസിക
പ്രകാശനം

ജോയ് സി. എഫ്

മെമ്പർ വാർഡ് 13, വേലൂർ പഞ്ചായത്ത്

മെഡിക്കൽ ക്യാമ്പ് റെജിസ്ട്രേഷൻ 9.30am ന് ആരംഭിക്കുന്നതായിരിക്കും

DEPARTMENT OF COMMUNITY MEDICINE

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Autosketch തിരിച്ച അടവ് എടുക്കുക

1) ക്ലിപ്തമായി വരികൾ നൽകിയിട്ടുള്ളവയെ
 ഉപയോഗിച്ച് ചുവടുകൾ ഉടൻ തന്നെ
 അടയ്ക്കുക. Medical Staff നൽകിയിട്ടുള്ളവയെ ഉപയോഗിച്ച്
 ചുവടുകൾ നൽകുക.

— അടവ്
 1) നാൾ 79
 C. A. Reman 68

2) ക്ലിപ്തമായി നൽകിയിട്ടുള്ളവയെ
 ഉപയോഗിച്ച് ചുവടുകൾ നൽകുക.
 ക്ലിപ്തമായി നൽകിയിട്ടുള്ളവയെ ഉപയോഗിച്ച്
 ചുവടുകൾ നൽകുക. Medical Staff നൽകിയിട്ടുള്ളവയെ
 ഉപയോഗിച്ച് ചുവടുകൾ നൽകുക.

by അടവ് എടുക്കുക
 79 68



Betsy

Dr. BETSY THOMAS
 MD, FRCOG, DNB, MICOG
 PRINCIPAL
 AMALA INSTITUTE OF MEDICAL SCIENCES
 AMALA NAGAR, THRISSUR-680 555

AMALA INSTITUTE OF MEDICAL SCIENCES (AIMS), THRISSUR

Department of Community Medicine

| | |
|-----------------------------|--|
| Event Title | ARCH Medical Camp at Thayyur |
| Date | January 16, 2025 |
| No. of Participants | 30 |
| Venue | Thayyur |
| Organized by | Department of Community Medicine, Amala Institute of Medical Sciences, Thrissur |
| Supported by | - |
| Key person in charge | Dr. Sisira, Junior Resident, Dept. of Community Medicine, AIMS, Thrissur Dr Pretty Paulson, Junior Resident , Dept. of Community Medicine, AIMS, Thrissur |
| Theme | Health Education |

Report on Community Medicine awareness programme:

As part of the ongoing community outreach initiatives under the ARCH (Arogya Community Health) program, a medical camp was organized at Thayyur on **January 16, 2025**. The event aimed to provide basic health services and promote health education among the local population.

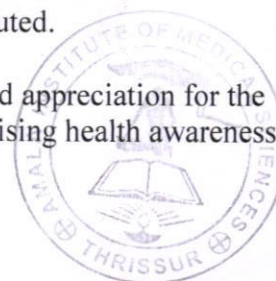
The camp witnessed the participation of **30 individuals**, including residents of Thayyur and nearby areas. It was conducted by **Dr. Sisira** and **Dr. Pretty Paulson**, Junior Residents from the **Department of Community Medicine, Amala Institute of Medical Sciences (AIMS), Thrissur**.

The activities during the camp included:

- General health check-ups
- Screening for common ailments
- Personalized health counseling
- Health education sessions focusing on hygiene, lifestyle diseases, and preventive care

The health education component emphasized the importance of regular check-ups, balanced nutrition, physical activity, and early detection of illnesses. Pamphlets and other IEC (Information, Education, and Communication) materials were also distributed.

The camp was well-received by the community, and participants expressed appreciation for the accessible healthcare and informative session. The event contributed to raising health awareness and strengthening community engagement in preventive health practices.



Report Submitted by: Soumia N R, Department Secretary, AIMS Thrissur Soumia NR

Dr. C. R.Saju, Professor & HOD, Department of Community Medicine, AIMS Thrissur

Date: June 23, 2025

Dr. C. R. Saju





GPS Map Camera



Google

Thayyur, Kerala, India
M539+68m, Thayyur, Kerala 680601, India
Lat 10.653091° Long 76.168219°
16/01/25 10:11 AM GMT +05:30



GPS Map Camera



Google

Thayyur, Kerala, India
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The inaugural function was graced by several prominent dignitaries who lent their support and encouragement. Among them were Fr. Davis Chiramel, the founder of ACTS and the Kidney Federation of India, known for his pioneering work in organ donation awareness; Fr. Antony Mannummel CMI, Associate Director of Amala Medical College; Mr. Santhosh, Assistant Commissioner of Thrissur; Dr. Betsy Thomas, Principal of Amala Medical College; Dr. Saju C. R., Head of the Department of Community Medicine; Mr. Shoby T. R., President of Velloor Panchayat; Mr. Anil and Mrs. Vimala, Ward Members; Mr. Joy, Standing Committee Chairperson; and Dr. Stephy Francis, Program Coordinator of NANMA 2024. Their collective presence underscored the importance of multi-stakeholder involvement in healthcare outreach.

At the heart of NANMA 2024 was a comprehensive and well-organized free medical camp that provided critical healthcare services to hundreds of villagers. Residents of all ages, especially the elderly and the economically disadvantaged, accessed services ranging from basic health screenings to specialty consultations. The Department of Community Medicine offered preventive health education and chronic disease counselling, while other departments including Dermatology, ENT, and Ophthalmology provided diagnostic and treatment services for skin disorders, ear and throat conditions, and vision problems, respectively. Blood pressure and blood sugar screenings enabled the early detection of hypertension and diabetes. Patients who required more advanced care were referred to the Amala Institute of Medical Sciences for continued treatment.

In addition to healthcare, NANMA 2024 incorporated a diverse array of welfare initiatives that addressed broader social determinants of health and well-being. The students of the 2021 MBBS batch played a central role in organizing and delivering these services. Financial assistance was extended to struggling families, while housing support and rehabilitation efforts helped those in need of secure shelter. Medical assistance was provided to patients with chronic or long-standing health conditions. Employment support was offered through job linkage services, and schoolchildren from economically vulnerable backgrounds were given educational kits and stationery. Essential food kits were also distributed, ensuring basic nutritional support for families facing food insecurity.

One of the most commendable aspects of NANMA 2024 was the dynamic and wholehearted participation of the 2021 MBBS batch. Under the leadership of Dr. Stephy Francis, these young



medical students handled the planning, logistics, community mobilization, and service delivery with professionalism and passion. Their work extended far beyond clinical knowledge—they engaged in community surveys, coordinated logistics, guided patients, and learned to communicate with empathy and cultural sensitivity. The experience provided them with invaluable real-world exposure, allowing them to develop a deeper understanding of healthcare in rural and underserved settings.

NANMA 2024 was not just a day-long event—it was a mission brought to life. It symbolized the transformative power of merging academic knowledge with human compassion. The initiative illustrated how a medical institution, by working collaboratively with its students, faculty, and local governance structures, can bring about real and lasting change at the grassroots level. It also showcased how student-led efforts, when guided by a clear vision and committed mentorship, can bridge the gap between theoretical learning and meaningful social impact.

In conclusion, NANMA 2024 stands as a model for socially responsive medical education. It reaffirmed Amala Institute of Medical Sciences' vision of healthcare as both a science and a service. By integrating medical services, social welfare activities, and student leadership, the program has set a benchmark for future collaborations between academic institutions and rural communities. It left a lasting impression not only on the beneficiaries but also on everyone involved—transforming lives, shaping perspectives, and strengthening the spirit of service.



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AMALA INSTITUTE OF MEDICAL SCIENCES (AIMS), THRISSUR

Department of Community Medicine

| | |
|-----------------------------|--|
| Event Title | General Free Medical Camp at Kaiparambu |
| Date | January 26, 2025 |
| No. of Participants | 299 |
| Venue | Kaiparambu |
| Organized by | Department of Community Medicine, Amala Institute of Medical Sciences, Thrissur |
| Supported by | - |
| Key person in charge | Dr Franco Johny, Junior Resident, Dept. of Community Medicine, AIMS, Thrissur Dr Anna, Junior Resident, Dept. of Community Medicine, AIMS, Thrissur |
| Theme | Health Education |

Report on Community Medicine awareness programme:

A General Free Medical Camp was successfully conducted at Kaiparambu on January 26, 2025, aimed at providing accessible healthcare services to the local community. The camp was organized with the collaborative efforts of various departments, with active participation from the Department of Community Medicine, Amala Institute of Medical Sciences, Thrissur.

The medical services were rendered under the guidance of **Dr. Franco Johny** and **Dr. Anna**, Junior Residents, Department of Community Medicine, AIMS, Thrissur. A total of **299 patients** from the surrounding locality availed free consultations and health checkups during the camp.

Multiple specialties participated in the camp, addressing a wide range of medical conditions including general illnesses, chronic diseases, and lifestyle-related health concerns. In addition to clinical services, **a health education session was also conducted** as part of the camp to raise awareness on preventive health practices and healthy lifestyle habits.

The event received an overwhelming response from the community and contributed significantly to promoting health awareness and improving access to healthcare services for underserved populations.

Organized by:
Department of Community Medicine,
Amala Institute of Medical Sciences (AIMS), Thrissur

Doctors Involved:



- Dr. Franco Johny, Junior Resident, Dept. of Community Medicine, AIMS
- Dr. Anna, Junior Resident, Dept. of Community Medicine, AIMS

Highlights:

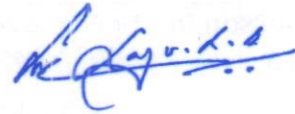
- Multispecialty consultation
- Free medicines
- Health education and awareness session
- Community participation and outreach

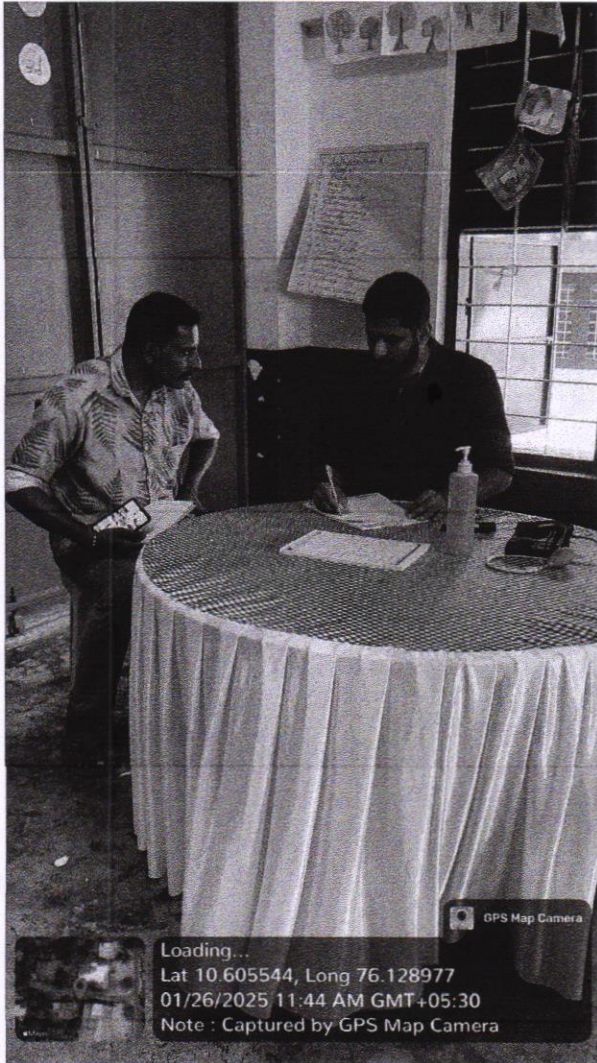
The camp concluded successfully with positive feedback from the beneficiaries and a call for more such initiatives in the future.

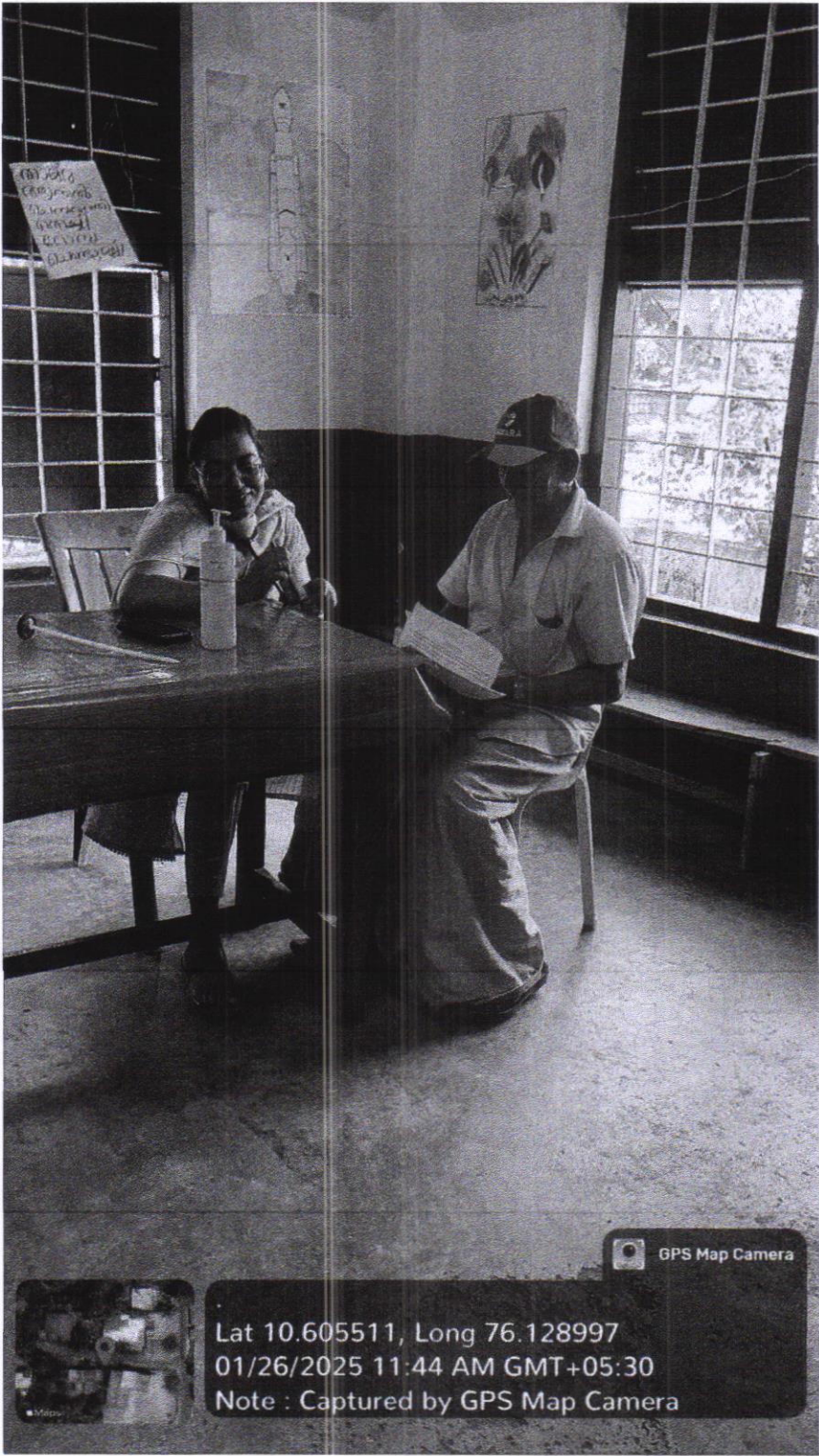
Report Submitted by: Soumia N R, Department Secretary, AIMS Thrissur Soumia N R

Dr. C. R.Saju, Professor & HOD, Department of Community Medicine, AIMS Thrissur

Date: June 23, 2025



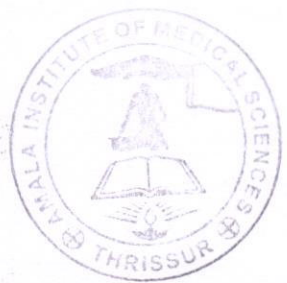


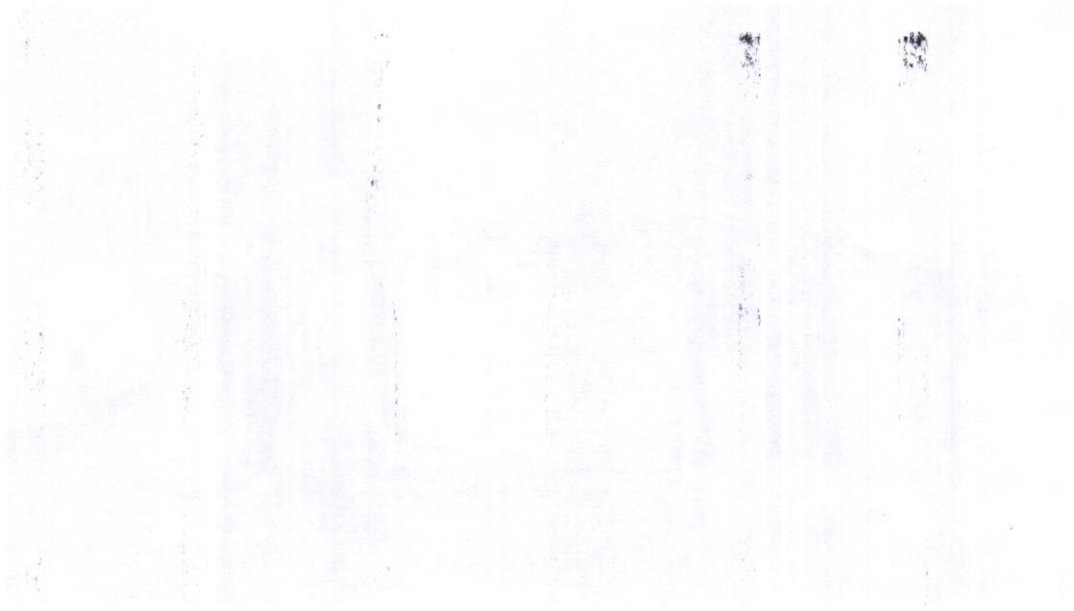


GPS Map Camera

Lat 10.605511, Long 76.128997
01/26/2025 11:44 AM GMT+05:30
Note : Captured by GPS Map Camera







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AMALA INSTITUTE OF MEDICAL SCIENCES (AIMS), THRISSUR

| | |
|------------------|--------------------------------|
| Event Name | Orthopaedic Medical Camp |
| Date | 06.07.2025 |
| Day | Sunday |
| Time | 10:00 AM |
| Venue | St.Thomas LP School, Arthat |
| Organized by | Department of Orthopaedics |
| Target Group | Older people |
| Resource Persons | Dr. Syam Mohan, Dr. Julio Jose |

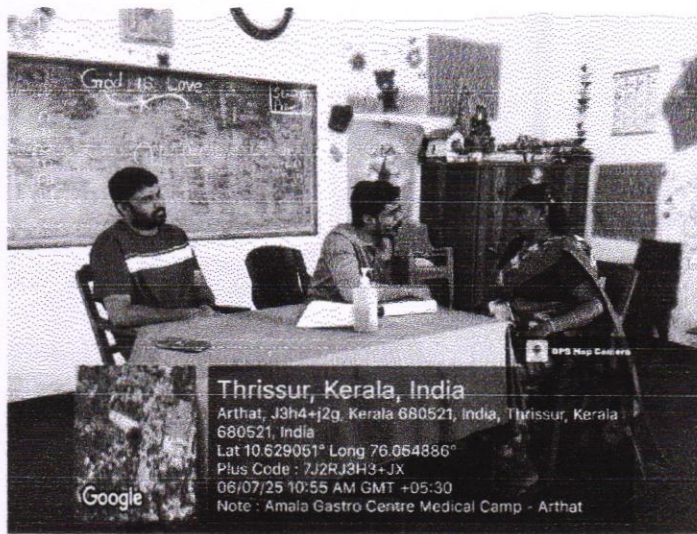
Report on Orthopaedic Medical Camp – Amala Gramma Project 2025

An Orthopaedic Medical Camp was organized on **06 July 2025 (Sunday)** at **St. Thomas LP School, Arthat**, under the community extension programme of the institution. The camp was planned with the objective of providing specialized orthopaedic consultation, early detection of musculoskeletal conditions, and spreading awareness about preventive measures and management of orthopaedic disorders among the rural population. Adequate arrangements were made at the venue to ensure smooth registration and patient flow, with special attention to patient convenience.

The medical team deputed for the camp included **Dr. Syam Mohan** (Medical Officer), **Dr. Julio Jose** (Junior Resident), and **Renjitha** (Staff Nurse). The team worked in coordination to provide outpatient consultations, basic diagnostic evaluation, and guidance on further treatment options. Necessary advice regarding physiotherapy, lifestyle modification, and referral for advanced management was also given to patients as per requirement. The staff ensured proper organization and patient assistance throughout the programme.

The camp was conducted successfully with good community participation. A significant number of individuals benefited from the services provided, reflecting the importance of such outreach initiatives. The camp not only addressed the immediate healthcare needs of the patients but also helped in raising awareness about musculoskeletal health. In addition to such special camps, **regular orthopaedic outpatient consultation is being conducted twice a month at RHTC Vellattanjoor**, ensuring continued medical support to the community. Overall, the programme served as an effective step in strengthening the institution's commitment towards community health and extending medical services to underserved populations.





Thrissur, Kerala, India

Arthat, J3h4+j2g, Kerala 680521, India, Thrissur, Kerala
680521, India
Lat 10.629051° Long 76.064886°
Plus Code : 7J2RJ3H3-JX
06/07/25 10:55 AM GMT +05:30
Note : Amala Gastro Centre Medical Camp - Arthat



Vellattanjoor, Kerala, India

M545+j4p, Vengilassery Rd, Vellattanjoor, Kerala 680601,
India
Lat 10.656706° Long 76.167126°
26/04/2025 12:40 PM GMT +05:30



Vellattanjoor, Kerala, India

M545+j4p, Vengilassery Rd, Vellattanjoor, Kerala 680601,
India
Lat 10.656706° Long 76.167126°
26/04/2025 12:40 PM GMT +05:30

